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By Lexi Marshall

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EQUAL HOUSING LENDER

PHOTO: BY VANESSA MIRANDA

TALK OF THE TOWN

KNOW SOMEONE who should be featured in AvidLifestyle? Tell me about them at *heather@avidlifestyle.com*

GOOD CHEER

AS WE HEAD INTO THE SEASON of gatherings, gratitude, and good cheer, AvidLifestyle is celebrating connection—both to one another and to the stories that shape our community.

This issue marks a new chapter for us, one that we think will better serve how you actually live, dress, entertain and unwind. We've combined our home and fashion coverage into one cohesive section—Stylish Living—because, honestly, your sense of style doesn't stop at the closet door. From home and design trends to festive fashion and decor in Style Files, it's all part of how you express yourself. We've also merged Arts & Culture and Influencers into Society & Culture, creating a space to spotlight the people, creativity and events that make Colorado sparkle this season and beyond.

In Under the Blue Sky (page 44), Lexi Marshall reminds us that Colorado's story began long before any of us arrived—a profoundly moving look at the living traditions of our state's Indigenous nations. In Dreaming as Creative Medicine (page 20), psychotherapist Katie Mason shows how tapping into our dreams can awaken creativity. Get ready for the holidays with Edible Gifts (page 16) with handmade comfort and Colorado flavor.

As the holidays approach, don't miss Holiday Can't-Miss Cultural Events (page 58) and our in-every-issue On the Agenda section for ways to immerse yourself in the best of the season, while keeping friends and family entertained. Writer Jay McKinney takes us Beyond the Slopes (page 52) for winter fun close to home.

Here's to slowing down, savoring the details and celebrating this beautiful place we call home.

Heather Shoning

WRITERS WANTED

AvidLifestyle is a lifestyle magazine serving Denver's south suburbs. And we're excited to add new, experienced writers to our growing list of contributors. Do you have magazine writing experience? Do you know Denver's south suburbs? Can you dig deep for the unique story about the people, places and events that make our community special? If so, we want you! Please email *heather@avidlifestyle.com* with basic info about yourself and at least three published clips (links are fine).

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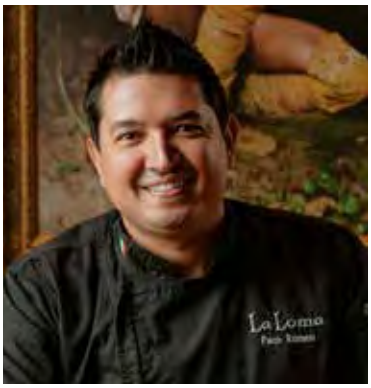

LA LOMA, the beloved Denver institution known for its family recipes and signature Hatch green chile, has opened a new location in the Denver Tech Center. Owned by Renée Brinkerhoff and her son, William Brinkerhoff Jr., the Greenwood Village restaurant joins the brand's downtown Denver and Parker spots.

Founded in 1973 in Denver's Highland neighborhood, La Loma has been family-run since the Brinkerhoffs partnered with the original owners, the Mendoza family, in 1981. The new DTC location seats 255 guests and features a bar, terrace and private event space for up to 100.

Culinary Director Paco Romeo oversees a menu packed with favorites—mini chile rellenos, fajitas, enchiladas and the Texas Platter—alongside house-made flour tortillas and award-winning green chile. Sweet finishes like churros and fried ice cream round out the meal.

Guests can sip margaritas made with La Loma's barrel-aged Herradura tequila or choose from an extensive tequila, beer and cocktail list. Open daily for lunch and dinner, La Loma DTC also offers weekday happy hour from 3–6 p.m.

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TASTE OF VENEZUELA

A husband and wife team bring South American fare to Greenwood Village

CATIRA IS a Venezuelan kitchen and cocktail bar in Greenwood Village blending the warmth of Caribbean hospitality with the energy of a casual house party. Founded by husband-and-wife team Manuel and Clare, the restaurant brings a taste of Venezuela to the Denver Tech Center with dishes that celebrate fresh, bold flavor—think juicy meats, creamy garlic sauce, ripe avocado and plenty of cheese. Traditional arepas like the Clásica—including shredded beef, white cheese, sweet plantains and black bean mash—are a hit here. The space is stylish yet unpretentious, filled with colorful art, vintage touches and upbeat Latin rhythms that set the tone for connection. Guests come to linger over tropical cocktails and share plates that feel both comforting and adventurous. Catira isn't just a meal—it's a lively, welcoming experience that feels like being invited into someone's home for the night.

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Edible GIFTS

Handmade comfort with local flavor from the heart of Colorado

By Kristen West

THE HOLIDAY SEASON in Colorado is the perfect time to celebrate local flavors through thoughtful, edible giving. From rich hot cocoa for cozy cabin nights to handcrafted charcuterie and classic confections, Denver-area residents have a wealth of unique, palatable options. Whether shopping for a hostess, a chocolate enthusiast or someone who loves to picnic in the mountains, these businesses deliver a taste of Colorado worth sharing.

ENSTROM CANDIES

Few Colorado treats are as iconic as Enstrom's almond toffee. Family-run since 1960 in Grand Junction, the company still crafts each batch by hand using the original recipe that made it famous. The toffee is buttery and rich, coated in smooth milk chocolate and finished with a dusting of finely ground almonds. Over time, Enstrom has expanded to include fine chocolates, truffles and nut mixes, each packaged elegantly in boxes sized for everything from business occasions to care packages sent out of state. The toffee has become a holiday tradition, often found on dessert tables or tucked into stockings as a gift. Visit the Cherry Creek shop at 201 University Blvd. #118 or order online at *enstrom.com*.

YUMMY LOTUS

Sweet heat defines Yummy Lotus, a brand specializing in artisanal pepper jams. Each jar blends fruit and spice to enhance cheese boards, roasted dishes or even a morning slice of toast. Available flavors, such as mango habanero, raspberry habanero and jalapeno chipotle, offer a versatile balance of sweet and spicy for holiday entertaining or gifting. Jams are locally made, vegan and gluten-free, and their vibrant packaging makes them a colorful addition to any holiday basket. Visit *yummylotus.com* or call 303-503-7690.

WANDER HOT COCOA

For those who spend winter days on Colorado's slopes or trails, Wander Hot Cocoa offers comfort in a cup. Created by a couple unimpressed with standard, subpar hot cocoa during ski outings, the recipe uses simple, flavorful ingredients with just-add-water ease. Lightweight packaging makes it easy to tuck into a backpack or basket, while the taste is rich enough for adults yet sweet enough for kids. The blends evoke a nostalgic warmth, turning cold evenings into cozy moments. Find Wander at *wanderhotcocoa.com* or at select retailers listed online.

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clean ingredients and bold peppers. Free from additives and preservatives, the sauces showcase profiles ranging from smoky to sweet or savory. Versatile enough for tacos, marinades or Bloody Marys, they bring a lively kick to winter meals. Colorful branding and curated sets make them an easy choice for anyone who appreciates heat with flavor and wants a little extra punch under the tree. Visit *cooperssmallbatch.com* or call 720-864-0138.

ORNERY OLIVE

Ornery Olive puts a savory spin on holiday fare with artistic charcuterie boards, snack boxes and custom spreads. Founder Lindsay DiDonna built her business on the idea that food should feel both beautiful and approachable, with options sized for couples or gatherings of a dozen or more. Larger charcuterie tables can transform a counter into a focal point, while smaller boxes, shaped like sushi trays, are ideal for picnics, ski trips or quick drop-offs. Visit *orneryolive.com* or call 720-256-1625.

ALICE + KATE BAKERY

In Castle Pines, Alice + Kate Bakery offers small-batch macarons, artisan chocolates, caramel confections and pastries that look as charming as they taste. The bakery is known for carefully assembled boxes and custom orders, with daily offerings intentionally limited for freshness. Seasonal specialties such as peppermint macarons or hand-painted truffles make their holiday lineup especially giftable. Check them out at 572 E. Castle Pines Parkway, Suite A5, call 303-873-4443 or visit *aliceandkatebakery.com*.

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Dreaming as *Creative* Medicine

PSYCHOTHERAPIST KATIE MASON helps clients tap into their dreams to awaken creativity

By Harper Thomas

FOR MANY, dreams fade with the morning light—fragmented images slipping away before coffee. But for licensed psychotherapist and dream specialist Katie Mason, dreams are anything but disposable. "I went to graduate school specifically to study dreams," she says. "They're not random. They're an access point for uncovering parts of ourselves we didn't know existed."

Mason has spent more than 15 years helping people navigate both the practical and poetic dimensions of dreaming. Her Denver-based practice bridges clinical work—such as supporting clients with PTSD and recurring nightmares—and what she calls "spiritual and creative exploration." For Mason, the two are deeply connected.

"Dreams can be a portal for healing," she explains. "But they're also an incredible source of creativity. I help clients express their dreams through poetry, performance or art. When you take a dream image and bring it into creative form, it becomes a dialogue with your unconscious. You're moving energy, not just interpreting it."

That creative process can lead to profound insights. Mason describes one dream of her own that became a turning point: a surreal encounter with a cockroach the size of a dog cuddling her in bed. At first, it felt like a nightmare. But through research and reflection, she discovered something else. "Cockroaches are some of the most resilient creatures on the planet," she says. "I realized I wasn't weak because of my trauma—I was resilient. That was the 'aha.' I am a cockroach. I am crazy tough."

Mason often uses a Jungian concept called active imagination, guiding clients to converse with images from their dreams until they experience an emotional click—a moment of intuitive recognition that words can't quite capture. She believes this embodied, creative approach is more effective than traditional dream interpretation, which can stay stuck in the intellect.

Her sessions might involve spoken word exercises, writing "bad poetry" to free up creative flow, or translating a dream image into movement or color. The goal isn't to get the interpretation "right"—it's to stay in relationship with the dream and let it express something true.

"Our culture is obsessed with quick answers and productivity," Mason says. "Dreaming asks us to slow down, to think metaphorically and imaginatively again. It's about developing a poetic relationship with life, not just a literal one."

Even for those who don't consider themselves creative, Mason says dreams offer a way back to imagination and vitality. She believes there's a direct link between creative energy, physical wellbeing and the ability to dream vividly—and that modern life too often severs that connection.

To begin, Mason recommends a simple practice: Track your dreams. "Write them down or record a voice memo as soon as you wake up," she advises. "Give each dream a title and a date. Don't worry about understanding it—just build the relationship." From there, she suggests choosing one image and exploring it through creative means: writing a poem, drawing it or even dancing it out.

Ultimately, Mason sees dreamwork as a form of creative medicine for modern life. "We're starting to lose access to dreams," she says. "We're tired, medicated on screens all the time. But dreaming is ancient—it's our original language. When we dream, we remember that we're not just here to be productive. We're here to be human—and to be curious."

Learn more about dream therapy and exploration at *katiemason.com*

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ST. NICK'S CHRISTMAS STORE

A Colorado Christmas tradition

By Kristen West

FOR NEARLY FIVE DECADES, the St. Nick's Christmas Store in Littleton has been a go-to destination for holiday cheer. This family-owned wonderland brims with twinkling lights, themed trees and festive decor, drawing visitors from across the state year after year.

The shop's story began with Ira and Sue Sealy, who opened their first boutique stores more than 50 years ago. What started as an accidental beginning—sparked by an over-order of ornaments from Germany—grew into a beloved Colorado tradition with a permanent location in Littleton.

Today, the store remains a true family business. Sue Sealy co-owns St. Nick's with her son, Shawn Sealy, alongside his wife and their two sons. Together, they oversee a business that swells from a dozen staff in the off-season to nearly 80

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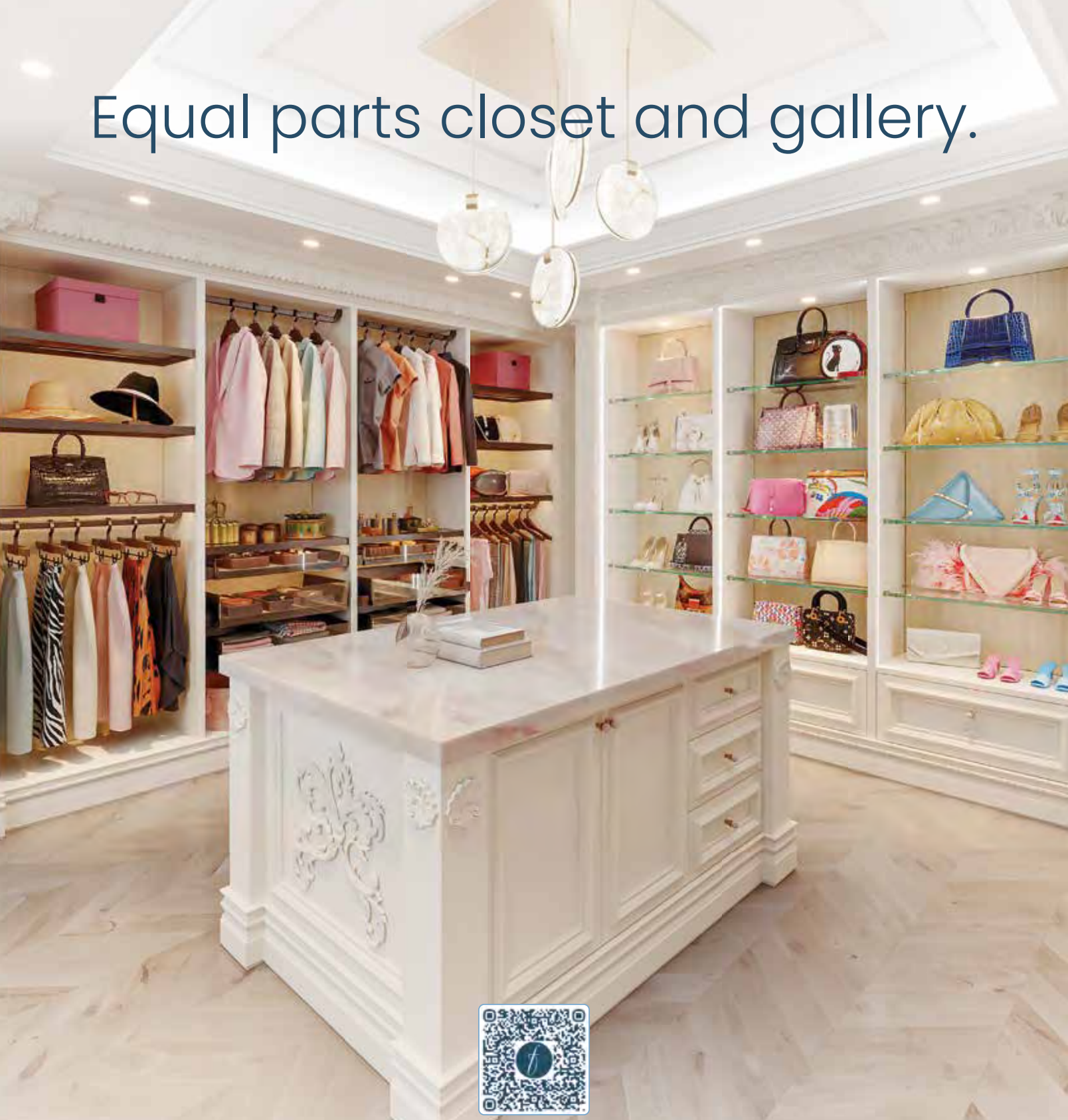

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during peak holiday months. “We count our blessings that we get to work together because we all adore each other very much,” Shawn Sealy says. While Ira Sealy is mostly retired today, he remains part of the family legacy and still stops by the store to lend a hand.

Walking into St. Nick’s is an enchanted experience. The store features more than 90 decorated trees, each showcasing a unique theme inspired by everything from traditional red and green to Hollywood movies and TikTok trends. “Lots of people come in weekly just to feel good,” Sue Sealy says. “People of all ages come here for a little boost, a little cheer.”

Preparation is year-round. From January through March, the team shops markets and curates new lines of ornaments, wreaths and decor. In spring, they reopen with new themes and paint to keep each season fresh. “It’s truly a special place to be,” Shawn Sealy says. “We put our heart and soul into everything we do, and we have these amazing, creative people

who work with us who also adore our customers.”

To differentiate themselves from big-box retailers, St. Nick’s emphasizes earnest customer service, craftsmanship, and unique touches. Ornaments can be personalized for free by in-house artists with backgrounds in calligraphy, theater and design. The shop also partners with Colorado artisans such as Cindy DeWolfe and Julie Leidel, who create exclusive collections celebrating local landscapes, architecture and even smaller state universities often overlooked by national brands.

A hallmark is the full-service repair workshop for artificial Christmas trees. Whether it’s a string of lights gone dim or a branch bent by a curious cat, the

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team stands by its products even years after purchase. “Christmas is an emotional time, and we try to make it easy when people come in and shop or if they have something go wrong,” Shawn Sealy says. “We pride ourselves on that customer experience. We also work hard to make products that hold up for a long time.”

Generations have grown up with St. Nick’s, turning the store into more than a place to buy decorations. Grandparents bring grandchildren, who return as adults with kids of their own. “You’re not only part of our community, but we’re also part of yours,” Shawn Sealy says.

This November, the shop celebrates its 49th annual open house, marking nearly half a century of spreading cheer in Colorado. For locals and visitors alike, stepping into St. Nick’s is more than holiday shopping—it’s stepping into Christmas itself.

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TAILORED TRANQUILITY

A Centennial bath remodel balances the warmth of wood-look tile with the serenity of a soft, neutral palette

By Heather Shoning

FOR KELLIE MURDOCK, CEO of Inspired By Design, Inc., crafting a bathroom that feels both peaceful and invigorating starts with tone and texture. "I love bathrooms that are either bright and wake me up or spa-like and serene," she says. "This homeowner wanted both." To achieve that delicate balance, Murdock layered warm, wood-look tile floors with crisp white surfaces and subtle tonal variations throughout the space. The result is a bathroom that feels clean yet grounded—a tailored sanctuary that pairs natural warmth with modern refinement.

"The texture in the wood tile really helped it not be a boring space," she explains. "There's a lot of movement in the tile, and it keeps things natural but also artistic and a little fun." It adds to the warmth of the space by concealing in-floor heating.

The design also honors function as much as form. A former tub deck and undersized shower gave way to a freestanding tub, an expanded shower and shelf space that spans both areas. Murdock even re-engineered the wall to accommodate a recessed niche with recycled-glass tile that mimics pebbles behind the soaking tub—small details that elevate both beauty and usability.

"I design a lot by how people say they want it to feel," she says. "This client wanted it warm and clean. For me, that's a very tailored look—the sharp edges and clean lines make it feel more awake while still being calm."

The finished bathroom captures Murdock's philosophy perfectly: soft but strong, natural but refined. Every detail—from the gently grained tile to the smooth recycled-glass pebbles—contributes to an inviting sense of warmth that makes this serene Centennial retreat both practical and poetic.

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Carved from olive wood—a symbol of peace, endurance and connection—these hoops embody balance between nature and art. These delicate earrings feature wood rondelles hand wrapped with 14k gold-filled wire, creating a striking contrast between the wood's warm, organic grain and the luminous metal that cradles it. The result is a design that feels both ancient and modern, wild and refined. Offered in your choice of gold or sterling silver, these earrings are a reminder that elegance doesn't shout—it breathes.$113.00, *jewelrybybloom.com*

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Dark walnut wood grounds the look with warmth and texture, and handcrafted leather arm pads soften the silhouette for next-level comfort. No two chairs are alike—each one wears its own subtle leather grain and tone like a fingerprint of good taste. Pull it up, lean back and let this piece make a statement without saying a word.

Paulo Bent Ply Leather Chair, $1,499–2,998 (set of two), West Elm in Cherry Creek North or *westelm.com*

Bob Serotta

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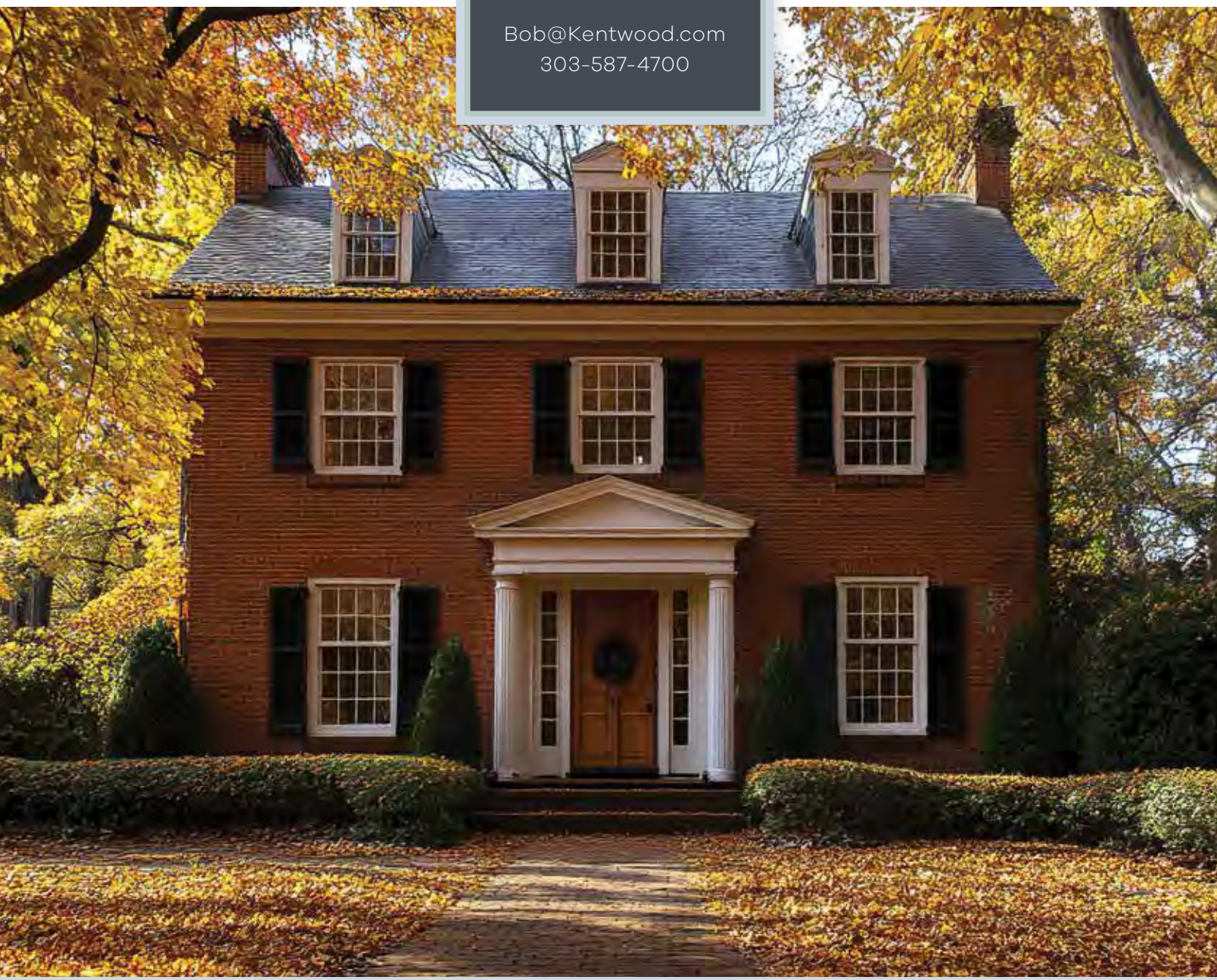
303-587-4700



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THE ART OF THE TREE

STEP INSIDE Collector's Specialty Woods and you're entering more than a showroom—it's a living museum of natural art. Every slab, root and crosscut tells a story of trees spared from the dump, of generations of craftsmanship, and of the quiet reverence founder Kent Mace and his family hold for wood in its purest form.

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One of its most striking works began as a Denver maple too magnificent to discard. Mace salvaged the tree, cleaned and sculpted its massive burl, and paired it with a custom-cut glass top—creating a showstopping table that now anchors a luxury Denver condominium building. The piece reveals CS Woods' specialty—elevating nature's imperfections into lasting art.

Whether it's a dramatic dining table, a sculptural console or a custom bar top that becomes the heart of a mountain home, every CS Woods creation carries the soul of the Rockies—Rocky Mountain dry, as Mace calls it—and the touch of a family devoted to preserving the beauty and integrity of wood, one masterpiece at a time.

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AT YOUR FINGERTIPS

WHEN THE AIR TURNS CRISP and the light softens, your nails deserve a seasonal shift too. Autumn's palette isn't just about pumpkins and plaids—it's about warmth that soothes. Think creamy caramels, burnished coppers, deep terracottas and soft chestnut browns. These tones echo fallen leaves, candlelight and that first sip of chai, bringing calm sophistication to your look.

For a modern twist, pair muted neutrals—like mushroom taupe or chocolatey brown—with a high-gloss finish or a single matte accent nail. Or, for a surprise, weave in slate blue—its cool undertone makes the warm autumn hues pop with effortless sophistication.

Whether you're curled up in a sweater or headed to a fall dinner party, these serene shades read effortlessly chic and seasonally right. Embrace a touch of shimmer—like sunlight glinting through amber leaves—to keep your fall manicure softly luminous without losing its serenity. The perfect warm manicure doesn't compete with fall's colors; it harmonizes with them.

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TURN HEADS

THE ROBERTA isn't for the faint of heart—it's for the woman who walks into a room and immediately sets the tone. With its high neckline and sculpted, body-skimming silhouette, it commands attention without ever raising its voice. The sheer overlay adds an irresistible layer of intrigue—softly veiling, subtly revealing, creating that perfect push-pull between power and allure. It's built for nights that matter—holiday parties, rooftop cocktails, late dinners that turn into something more.

This is the dress that belongs at the center of the party. It's the one people notice before the champagne is even poured. It's as striking under soft candlelight as it is beneath strobe and skyline. The rich, dark hue keeps it grounded and modern, letting your confidence—and maybe your jewelry—do the talking.

Style it with metallic heels, statement earrings and a killer coat for a night out that feels cinematic. Or throw on a red lip and go minimal—because the Roberta doesn't need much. It's the definition of effortless drama: bold, timeless, and it's unapologetically you.

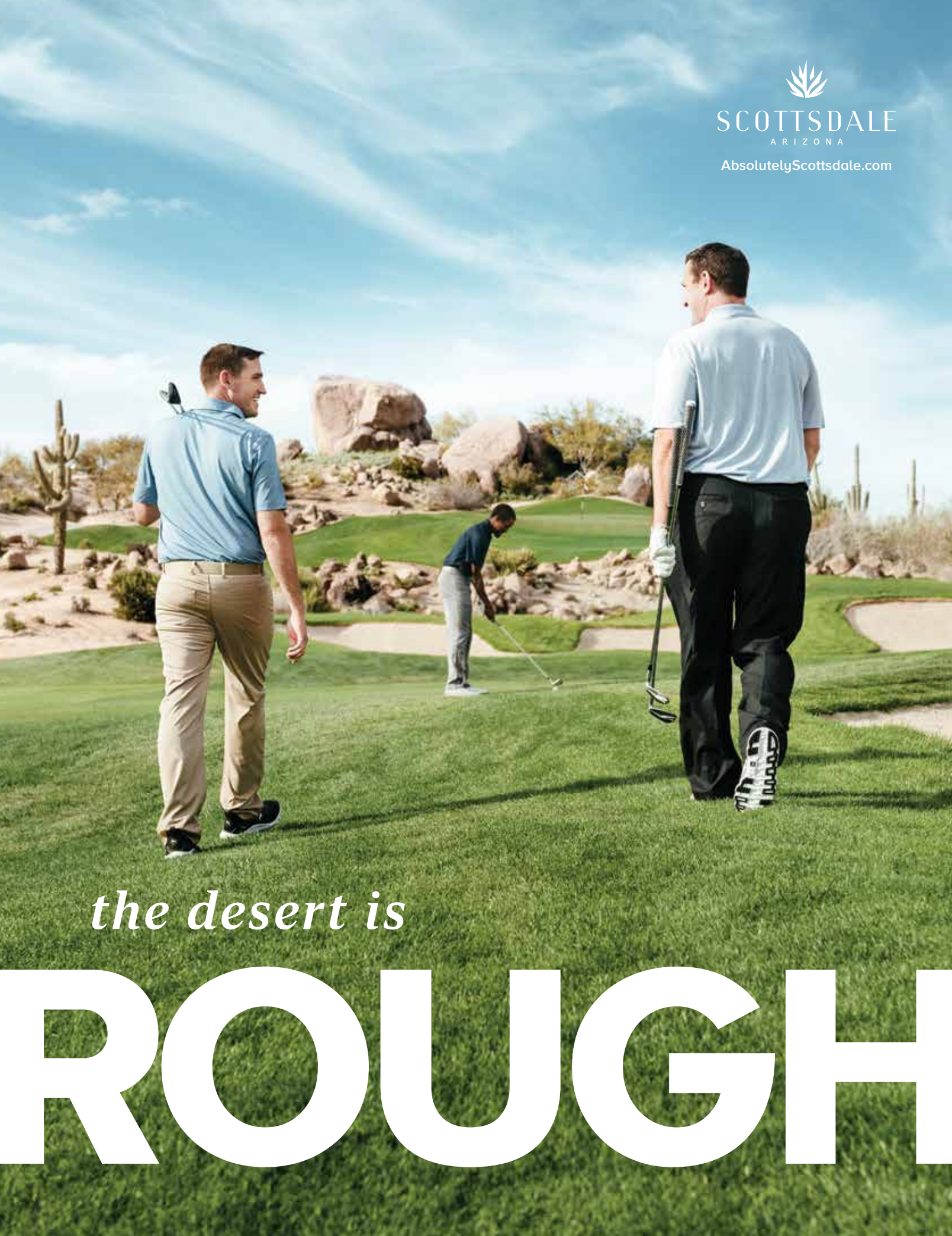
Roberta Dress, $358, Garbarini in Cherry Creek North or *garbarinishop.com*

THE MODERN HEIRLOOM

EFFORTLESSLY CHIC and undeniably timeless, the Oscar clutch is a stylist's dream—striking the perfect balance between natural beauty and sophisticated design. Handcrafted from sustainably harvested acacia wood, each piece is a testament to minimalist elegance and artisanal craftsmanship.

Whether you're attending a sunlit garden party or stepping onto the red carpet, this clutch complements any look with quiet confidence. Carry it in hand for a sculptural statement or wear it on the shoulder with its refined chain strap. Inside, a midnight-black calfskin suede lining and an engraved 18k gold-tone logo plaque complete the piece with an unmistakable note of luxury.

Oscar Natural Clutch, $1679, *houseofrocio.com*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WILD SIDE

CRAFTED FROM sturdy black metal and resin, these antler-inspired candle holders evoke the grandeur of untamed forests, offering a sculptural centerpiece that commands presence. Each piece bears a rustic finish, whispering tales of rugged wilderness, snow-dusted branches and moonlit clearings.

Designed to cradle taper or pillar candles, they invite you to ignite warmth, cast dancing shadows and turn any gathering into a ritual. Because each holder is handcrafted from natural materials, no two share the same silhouette or tone—each curve, ridge and imperfection is a fingerprint of nature itself.

Antler Candle Holder, $69–149, Pottery Barn at Park Meadows or *potterybarn.com*

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Under the *Blue Sky*

Colorado's complicated NATIVE HISTORY and living traditions

By Lexi Marshall

ON A CLEAR MORNING in Colorado, the silhouette of Mount Blue Sky crowns the horizon. Until recently, it bore the name of Governor John Evans, who presided during one of the state's darkest chapters—the Sand Creek Massacre of 1864. After decades of advocacy, the peak was renamed in 2023 to honor the Arapaho, who call themselves the Blue Sky People, and the Cheyenne, whose Blue Sky Ceremony is central to cultural renewal.

The new name is more than symbolic. It represents a reckoning with the past and an acknowledgment that Colorado is, and always has been, Native land.

A LAND OF NATIONS

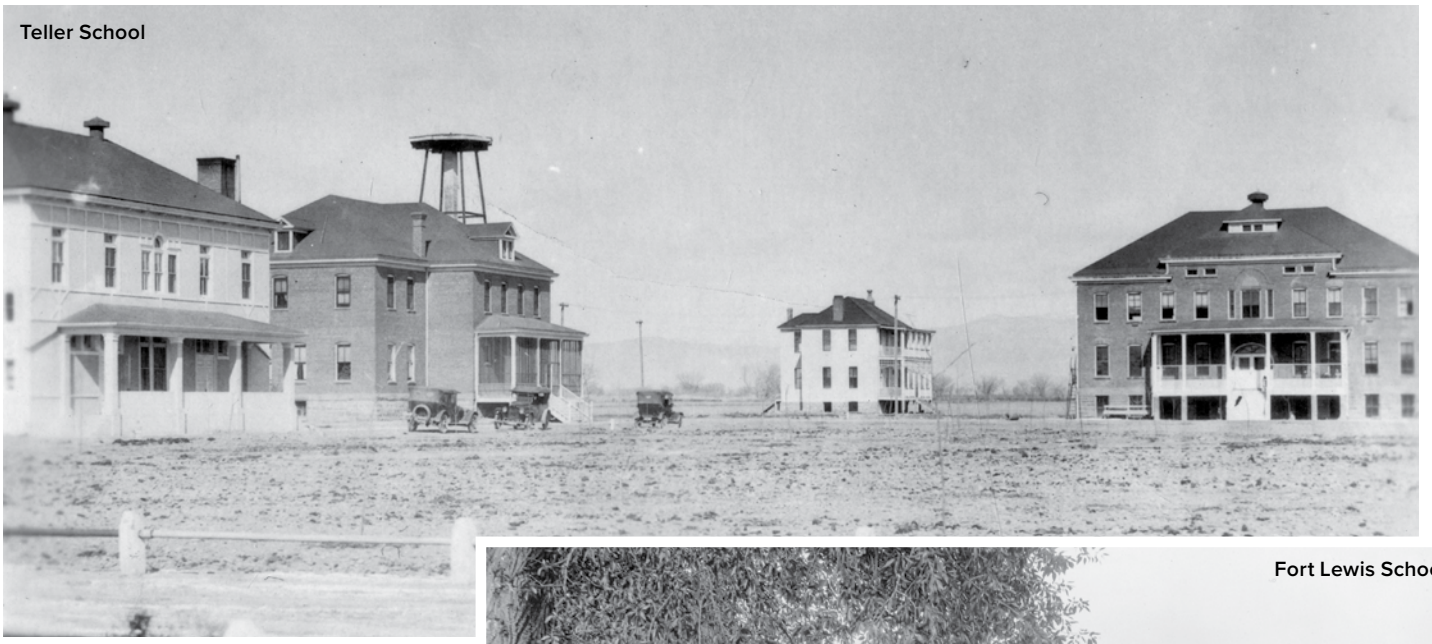
Long before gold seekers and settlers arrived, Colorado was home to thriving Indigenous nations. The Ute people followed the seasons through mountain valleys in pursuit of elk and deer. The Cheyenne and Arapaho roamed the eastern plains as skilled horse nations. Apache and Comanche lived in the southeast, while Pueblo peoples farmed river valleys in the southwest.

These were organized nations with governance, economies and spiritual traditions deeply rooted in the land. U.S. expansion shattered that world. Treaties were often signed under duress, frequently broken, and ultimately ignored. Violence and forced displacement followed, culminating in tragedies like the Sand Creek Massacre, where more than 200 Cheyenne and Arapaho people were killed. The wound still shapes memory and identity today.

THE SCALE OF LOSS

The legacy of dispossession is staggering. A report by the Truth, Restoration, and Education Commission, part of the grassroots coalition People of the Sacred Land, estimated that Colorado was built on land worth more than $1 trillion at current market value. But the cost is more than economic. Families were separated, cultural practices suppressed, and children sent to federal boarding schools, where speaking their languages and practicing their traditions was forbidden.

Phillip Gover III, senior director of Tribal and Indigenous Engagement at History Colorado, who is of Pawnee and Choctaw descent, clearly describes the intent. "The boarding schools fundamentally attacked the pillars of who Native people were," he says. "They targeted language, culture and traditions—the very things that held tribes together as societies. By removing children from their families, cutting their hair, punishing them for speaking their


Teller School

Fort Lewis School

languages and reshaping their daily lives, the schools disrupted the social bonds that created tribal identity."

These schools were modeled after the Carlisle Indian Industrial School in Pennsylvania, where founder Richard Pratt coined the phrase "Kill the Indian, save the man." Pratt delivered that infamous speech in Denver, not far from where the state's own boarding schools were being constructed.

COMPLEX HISTORIES, SCARCE RECORDS

In the 19th and 20th centuries, more than 523 federal Indian boarding schools operated across the United States, according to the Native American Boarding School Healing Coalition. Colorado was home to at least seven of these institutions, including the Teller Indian School in Grand Junction, the Southern Ute Boarding School in Ignacio, a Bureau of Indian Affairs-run school in Towaoc and the original Fort Lewis Indian School in Hesperus—the latter three in far south and southwest Colorado.

At Teller, Gover notes, children as young as 6 years old arrived from tribal nations as far south as the U.S.-Mexico border. "The Grand Junction Indian School had connections to about forty different tribes," he says. "We're trying to capture that experience and follow those stories, even though the records can be hard to find."

Many records were destroyed, lost or never kept in detail. Researchers at History Colorado now rely on fragments—student rosters, letters, federal reports—and on oral history passed down in families. The gaps themselves tell a story of systemic erasure.

RESTORING VOICES

For Gover, confronting this history requires more than documenting events—it requires returning agency to Native communities. At History Colorado, he helps lead efforts to ensure tribes guide how stories are told. Exhibits like "Written on the Land: Ute Voices, Ute History" and "The Sand Creek Massacre: The Betrayal that Changed Cheyenne and Arapaho People Forever" put descendant testimony and tribal storytelling at the center.

"To me, it's a matter of telling the story from the perspective of the people who lived it," Gover explains. "Too often, history has been told as something that happened to Indian people, rather than told by them. When tribes get to voice what's important, it's often very different than what outsiders assume."

The Sand Creek exhibit begins not with the violence of 1864 but with modern Cheyenne and Arapaho youth running a memorial relay from the site of the massacre to Denver. The opening scene reframes the narrative: Native communities are not relics of the past but living nations, carrying traditions forward.

URBAN PRESENCE, LIVING TRADITIONS

That presence is visible across Colorado. While the Southern Ute and Ute Mountain Ute maintain reservations in the southwest, most of the state's Native population lives in cities along the Front Range. Specifically, the 2020 Census Bureau reports that 74,129 American Indian/Alaska Native people live in Colorado as a whole, with many concentrated in the Denver metro and Colorado Springs areas.

Since the relocation policies of the 1950s, the Denver Indian Center has been a cultural anchor. Its offerings range from powwows, drum groups and youth programs to fatherhood circles and sobriety support. It provides practical resources while keeping cultural traditions alive. Spirit of the Sun, a Denver-based nonprofit led by Indigenous women, centers community care and cultural renewal through food distribution, youth mentorship, Indigenous agriculture and traditional foodways programs. Similarly, the Four Winds American Indian Council serves as a vital gathering place and advocacy hub. In addition to offering survival services and funeral support for families, the organization hosts cultural reconnection events, teaches self-defense, and mobilizes around issues of housing justice, criminal defense, and grassroots policy change.

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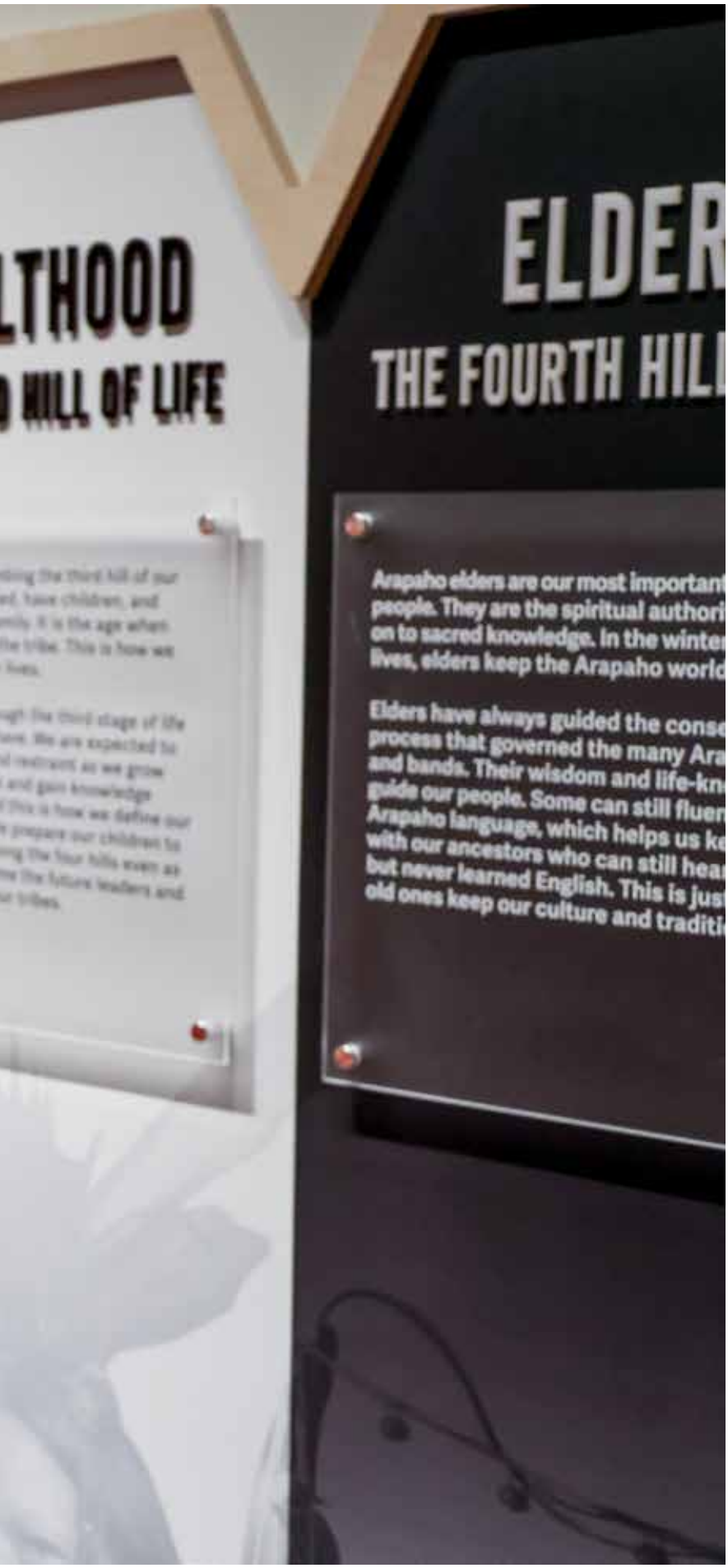
"It's important for people to see that Native traditions are not frozen in time," Gover says. "They're evolving, adapting and thriving, just like the communities themselves."

Art rooted in ancestral stories also testifies to a culture that is vibrant, not vanished. Last October, the Denver Art Museum hosted its Native Arts Triennial Symposium, a two-day gathering of artists, scholars and cultural leaders. The symposium examined topics such as relationships shaped by the Native American Graves Protection and Repatriation Act, community engagement, amplifying Native North American voices in global artistic dialogues and reshaping curatorial practices to expand Indigenous representation in museum collections.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MEMORY IN MUSEUMS AND MOUNTAINS

Names inscribe history on the land, and the renaming of Mount Blue Sky is part of a broader movement to make Indigenous histories visible. It joins exhibitions, educational programs and grassroots advocacy efforts calling for restoration, not just recognition.

Advocates with People of the Sacred Land emphasize that restoration entails concrete action: returning or co-managing public lands, honoring treaty rights to hunt and gather, compensating tribes for lost resources, and incorporating accurate Native history into schools.

Gover agrees that acknowledgment, while meaningful, must be paired with accountability. "It's not enough to put a plaque on the wall or rename a mountain," he says. "Those are steps in the right direction, but the deeper question is: What would justice actually look like for Native people in Colorado?"

Rick Williams, president of People of the Sacred Land, who is of Oglala Lakota and Cheyenne descent, was interviewed by Denver District 11 Councilperson Stacie Gilmore on a podcast published last August. In their conversation, Williams emphasized the importance of teaching accurate Native history in Colorado. "We've got forty-eight tribes in Colorado that have some historical relationship here, and most people don't know that … We've got to start teaching Colorado history in a way that includes the Native perspective, because right now students aren't getting the full story," he says.

> "It's not enough to put a plaque on the wall or rename a mountain. Those are steps in the right direction, but the deeper question is: What would justice actually look like for Native people in Colorado?"
>
> *— Phillip Gover III, History Colorado*

TOWARD RESTORATION

As senior director, Gover sees his role as helping to open doors. "Fundamentally, our job is to connect with communities so they can shape how their histories are told," he explains. "That means recognizing that what matters in Denver may not be what matters in Grand Junction or Cortez. The mountains themselves create different pockets of culture and history."

For Coloradans who want to learn more, Gover encourages starting local. "The early story of any place in the United States is Native history," he says. "Colorado can feel like it has little Native influence, but if you go down the Platte River, you'll find archaeological sites stretching all the way to Nebraska. People have inhabited this area for thousands of years. Understanding that—and learning who the tribes in your area are—is where the work begins."

WHAT ENDURES

Colorado's rivers, canyons and mountains are marked by both beauty and grief—by ancestral footprints and by loss. Yet, Native heritage endures. It is carried in songs, in ceremonies, in classrooms and in communities determined to reclaim their stories.

"The boarding school era tried to erase Native joy, Native wholeness," Gover says. "But people resisted. They carried their languages, their songs, their traditions forward. That's why we still have them today."

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Beyond the Slopes

Winter activities close to home

By Jay McKinney

FROM STEAMBOAT SPRINGS to Wolf Creek, Colorado is home to some of the best skiing and snowboarding destinations in the country. It's a winter pastime that many Coloradans live for, but some people would rather skip the crowded lift lines and I-70 traffic jams. Hibernation is one option, but there are alternative activities to do outside during winter.

Cross-country skiing and snowshoeing are fun activities that are free to do once the equipment is purchased. The south metro area has many open spaces providing the perfect escape to glide through freshly fallen snow on a pair of cross-country skis.

In Jefferson County, Meyer Ranch Park is a short drive from Morrison, offering an alpine adventure. The upper trails of the park are more accessible with snowshoes, while cross-country skis are well-suited for the expansive meadow. Other popular parks for winter recreation in Jefferson County include White Ranch Park, Elk Meadow Park, Flying J Ranch Park and Alderfer/Three Sisters Park.

Adjacent to Douglas County, there are also some fantastic open spaces to explore during the winter. Dawson Butte, Sandstone Ranch and Spruce Mountain

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open spaces are popular destinations located near Castle Rock. Due to their proximity to the foothills, these areas generally receive more snowfall, and the forested regions retain it for a longer period.

Ranger supervisor for Douglas County open spaces, Kirk Inderbitzen, is an avid skier and cyclist who embraces winter with both his alpine touring skis and fat bike. Fat biking requires a bike with 4- to 5-inch tires (preferably with studs) and quality gear to stay warm. Any trail system that allows biking can be ridden year-round thanks to these fat tire bikes that maneuver through snow and ice.

Some of Inderbitzen's personal favorite areas for fat biking include Bluffs Regional Park near Lone Tree and the Ridgeline Open Space west of Castle Rock. As far as snowshoeing goes, he says the winter scenery in Castlewood Canyon and Roxborough state parks is incredible.

"Nature is beautiful any time of year, but during the winter everything gets a little quieter and the crowds disappear," Inderbitzen says. "The opportunity to discover something new when the county is snow-laden is wonderful."

With any outdoor activity, preparation is critical, and every precaution should be taken during the frigid months of winter. Before heading out to remote wilderness areas, make sure to pack additional layers of clothing, food, water, sun protection and a fully charged cell phone.

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Cherry Creek

Winter Wanderland in Cherry Creek

For outdoor recreation that isn't in remote wilderness areas, the ice skating rink at the Belmar shopping district in Lakewood is a fun option for a date night. Lace up the skates and then grab a bite to eat at one of Belmar's fantastic restaurants for a memorable evening.

Looking to get some Christmas shopping done before December 23? Head to Winter Wanderland in Cherry Creek North to explore the holiday market, which runs from November 20 to Christmas Eve, featuring a wide range of gift options from more than 50 local artisans. On December 6, 13 and 20, the streets come alive for the Saturday Night Lights. Set under the dazzling display of Christmas lights, visitors can dance on a light-up dance floor with a live DJ, walk through a tunnel of lights and secure a free photo booth portrait worthy of a Christmas card.

If you're looking to get out of the Front Range, consider visiting one of the two Ice Castle locations in Cripple Creek or Silverthorne. The one-acre icy dreamlands feature tunnels, slides, and towers that are entirely sculpted out of ice. It's beautiful during the day, but the castles come alive at night when LED lights within the frozen walls illuminate the scene. The Ice Castles typically open in late December and stay open until early March.

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Holiday *Can't-Miss* Cultural Events

Activities and merrymaking happenings all around town

By Amanda Lacey

IT'S THAT TIME OF YEAR–there's snow on the ground, the air is filled with cheer and you're looking to gather the family and out-of-town guests. Lucky for you, we've compiled metro-area and local venues offering several activities for one-stop holiday cheer. Head to The Springs for The Broadmoor's family-friendly traditions that span Thanksgiving through New Year's Eve. Denver's Botanic Gardens sprouts some of the most fantastic light displays in the city at each of its locations. Downtown, The Brown Palace Hotel and Spa hosts classic events that have been popular for decades. And, popular in the metro area, Cherry Creek North's Winter Wonderland is one of Denver's must-see holiday destinations featuring a million dazzling lights wrapping more than 600 trees, blocks of holiday shopping and festivities for all ages. And don't forget our On The Agenda section on page 62 for even more holiday events around town.

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November 9

37TH ANNUAL CHAMPAGNE CASCADE

The 37th Annual Champagne Cascade–one of The Brown Palace Hotel & Spa's most iconic and time-honored traditions–takes place on Sunday, November 10. Beneath the stained-glass ceiling of the Atrium Lobby, a dazzling pyramid of 5,201 glasses becomes the stage for one of the season's most spectacular holiday celebrations. With each tier filled, champagne flows from top to bottom in a breathtaking display of elegance and festivity. Guests may choose from VIP or General Admission experiences, each offering exclusive keepsakes and access to witness the cascade from different vantage points within the hotel. A portion of event proceeds will benefit Mount St. Vincent, supporting vital programs for children and families in need. Don't miss this iconic event filled with holiday cheer, sparkling champagne and heartwarming entertainment. Tickets are required. **DENVER**, *brownpalace.com*

November 20-December 24

CHERRY CREEK HOLIDAY MARKET

Holiday shopping should always be this fun! Time to head to Fillmore Plaza for the 6th annual Holiday Market and spend the day shopping under dazzling lights, listening to live music and getting into the seasonal spirit as you discover one-of-a-kind pieces from dozens of local makers, designers and creators. Taking place daily on Fillmore St. between 1st and 2nd Avenue, shoppers will find a wide array of premium options and unique gifts. This free outdoor event also features a highly decorated holiday atmosphere and a full bar of festive drinks inside Mistletoe Lounge to kick back and enjoy with family and friends. It's a holiday tradition that has something for everyone. **CHERRY CREEK**, *cherrycreeknorth.com*

November 20-January 4

GIVING MACHINES

Picture this: Vending machines that don't dispense snacks or drinks, but instead, opportunities to donate to local charities. This holiday season, as lights twinkle and carols fill the air, the Giving Machines invite you to #LightTheWorld in a truly meaningful way. In 2017, the Giving Machine was born in response to a heartfelt question, "What if giving to someone in need was as easy as buying a snack from a vending machine?" The purpose of Light the World Giving Machines is to give anyone, no matter their age or means, the chance to actively participate in a giving experience. Find these vending machines near the entrance to the Cherry Creek Holiday Market, where you'll quickly realize donating to charity is as easy as buying a candy bar. **CHERRY CREEK**, *cherrycreeknorth.com*

November 21-December 23

DENVER CHRISTKINDLMARKET

The Denver Christkindlmarket is an authentic, German-style holiday market, which is host to local and European craft and food vendors, and tons of magical entertainment for everyone to enjoy. In addition to Christkind, you'll have a

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chance to see St. Nikolaus and Krampus. This must-see (and must-taste) holiday experience is free and open to the public. Market and vendor map, and entertainment calendar available online. **DENVER**, *christkindlmarketdenver.com*

December 21-January 1
12 DAYS OF CHRISTMAS
Get ready to celebrate a unique holiday activity each day at the Broadmoor. From baking demonstrations to whiskey tastings, fireside storytime to candle workshops, there's something for everyone to enjoy. Sample programming available online. **COLORADO SPRINGS**, *broadmoor.com*

November 29, December 14 and 20
BREAKFAST WITH SANTA
There's no place like The Broadmoor during the holidays. This holiday season, let The Broadmoor be your home for warmth, luxury and celebration. Starting in November, rediscover the magic of the season as the resort transforms into a holiday wonderland, adorned with millions of twinkling lights and captivating festive decor. And what's better than enjoying Breakfast with Santa? Kids and adults alike will find joy in this holiday experience. Available to overnight hotel guests and golf club members only, so be sure to reserve your room in advance. **COLORADO SPRINGS**, *broadmoor.com*

December 19, 20 and 24
CLASSIC HOLIDAY SHOW
The Broadmoor's Annual Holiday Show is a treasured tradition that brings the spirit of the season to life with music, laughter and a touch of holiday magic. This enchanting evening begins with a festive three-course dinner, followed by a lively variety show featuring beloved seasonal classics, dazzling performances and a few surprises. Enjoy the talents of Ken Miller and The Broadmoor Pops as they deliver a heartwarming celebration you won't want to miss. Savor an elegant meal, enjoy top-tier entertainment and create memories that will last all season long. Package includes: Accommodations for one night, dinner show tickets for each person on the package to the Classic Broadmoor Holiday Show and suites available at discounted rates. Doors will open at 6 p.m., dinner is served at 7 p.m. and entertainment begins at 8 p.m. **COLORADO SPRINGS**, *broadmoor.com*

November 21-January 11
BLOSSOMS OF LIGHT
Celebrate 40 years of Blossoms of Light®, Denver's most beloved holiday tradition. This dazzling event transforms the winter gardens into an illuminated wonderland filled with vibrant displays, immersive installations and the warm glow of cherished memories–old and new. Wander along the mile-long path that showcases plant collections during the winter months. Continuously evolving over the decades, Blossoms of Light inspires awe and delight in our visitors of all ages. Tickets will not be available at the door and must be purchased online for a specific time and date to visit. **DENVER BOTANIC GARDENS (YORK STREET)**, *botanicgardens.org*

November 21-January 11
TRAIL OF LIGHTS
Trail of Lights at Chatfield Farms takes you along a winding path glistening with lights that illuminate the Colorado countryside. Tucked into the foothills under the dark sky, the glow of lights can be seen for miles. Just under a mile of walking trail, the illumination of cottonwoods, boxelders and pine trees line the pathway past the Green Farm Barn and through the Crossroads Garden, Deer Creek Discovery Children's Play Area and 1880s Hildebrand Ranch homestead. There is the option of an alternative path for those who want to take a shorter stroll. Tickets will not be available at the door and must be purchased online for a specific time and date to visit. **DENVER BOTANIC GARDENS (CHATFIELD FARMS)**, *botanicgardens.org*

November 22
CASTLE ROCK STARLIGHTING
Step into a Norman Rockwell scene at Starlighting, an annual traditional community ceremony that includes lighting the star on top of Castle Rock followed by a fireworks display. Festivities include caroling, dancing, visiting with Santa Claus, kids activities, nonprofit booths, food vendors, hot chocolate and the iconic chili supper at the Firehouse. **CASTLE ROCK**, *castlerock.org*

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NOVEMBER

Through November 9

THE 48TH DENVER FILM FESTIVAL

Denver's longest-running celebration of cinema—filled with diverse and thought-provoking films from all over the world—returns for its 48th year. Join thousands of film lovers and watch the year's best films, meet filmmakers, celebrities and industry guests. Explore and choose the pass that's best for you and get the most out of your experience. Festival passes provide access to the most sought-after red-carpet events, special presentations, VIP events, parties, hospitality lounges, priority seating and more. See schedule and screening locations online. **DENVER**, *denverfilm.org*

November 1

DESERT ISLAND DISCS

Join the CJRO small band at Lakewood Cultural Center for an afternoon celebrating three legendary artists who helped define the sound of modern jazz. Desert Island Discs pays tribute to the timeless music of Nancy Wilson, Cannonball Adderley and Bill Evans—each a master in their own right. From swinging grooves to haunting ballads, this program is a lush journey through some of the most beloved recordings in jazz history. Whether you're a lifelong fan or new to their music, this concert is a must-hear celebration of artistry, influence and the enduring brilliance of jazz. **LAKEWOOD**, *coloradojazz.org*

November 7

ELECTRIC AVENUE: THE '80S MOVIE SOUNDTRACK NIGHT

Imagine a world where ghosts, aliens, mannequins, heavy-weight boxers, fighter jets, time travel, dancin' dirty, geothermal nuclear war, golfers, gophers and in-school suspensions all share the stage. Electric Avenue is delighted to bring you an evening of magical movie-music-moments with '80s Movie Soundtrack Night! Show starts at 7:30 p.m., Pace Center, **PARKER**, *parkerarts.org*

November 7–16

DENVER ARTS WEEK

Denver Arts Week celebrates the Mile High City's arts and culture scene with hundreds of events around the city. Denver Arts Week will kick off with expanded First Friday Art Walks across the city's creative neighborhoods, followed by free night at the museums on Saturday, Nov. 8, when many of Denver's top cultural institutions will be open for free. **DENVER**, *denverartsweek.com*

November 8–16

DENVER FASHION WEEK

Calling all fashionistas! Colorado's all-inclusive and largest fashion event is back for another season. Grab a friend, don your most fabulous outfit and prepare to be immersed in a whirlwind of high fashion. This isn't just another event; it's a chance to rub shoulders with Denver's trendsetters and fashion enthusiasts, all in one electrifying atmosphere. The event will showcase up-and-coming fashion trends enhanced by the work of talented hairstylists, makeup artists and models in categories including maximalism, high altitude, society fashion and more. Tickets are live now, so head to the website to reserve your seats. **DENVER**, *denverfashionweek.com*

WARM UP AFTER A DAY AT CHERRY CREEK STATE PARK WITH A DELICIOUS MEAL AT NEARBY LA LOMA.

PHOTO: LIZ HYATT

November 19

TASTY TAMALES

Thinking about a fun activity to do with friends or family this month? Gather together and head to Uncorked Kitchen to make some tamales. Popular around the holidays (and who are we kidding, they're great any time of year), tamales are the grab-and-go meal when you're craving something satisfying and delicious. The chef has upped the ante a bit and have created an entire meal around these fun deliciously stuffed treats, plus some perfectly paired sides. Book your spot online now. **CENTENNIAL**, *uncorkedkitchen.com*

November 11

VETERANS DAY CELEBRATION

Honor veterans at the Highlands Ranch Veterans Day Celebration. The event takes place at 6:30 p.m. inside Douglas County Libraries at Highlands Ranch, which sits adjacent to the Highlands Ranch Veterans Monument. Guests are encouraged to arrive early and visit the Highlands Ranch Veterans Monument, located outside of the library, prior to the event. A focal point of the monument is a special tribute memorial to three very special hometown heroes whose names are etched in stone: Staff Sergeant Christopher Falkel, Sergeant Jon Stiles and Corporal Max Donahue. **HIGHLANDS RANCH**, *highlandsranch.org*

November 11

FREE PARK ENTRY

Colorado Parks and Wildlife celebrates veterans, active-duty military and the National Guard on this day with free park entry at Cheery Creek State Park—and all state parks. Enjoy the 4,200-acre park featuring an 880-acre reservoir and natural prairie for outdoor recreation, including boating, fishing, swimming, hiking and biking.

November 18

CLASSICAL CONCERT AT THE MANSION

Prepare for an evening of elegance and musical magic at the Highlands Ranch Mansion, featuring stunning performances by members of the Colorado Symphony. One of the rarest combinations in chamber music is the Octet, with 8 musicians all working together in harmony. Any bigger, and it would be called an orchestra, with the bassoon and French horn being given rare opportunities with clarinet and strings in the chamber music realm. Come and hear two completely different takes on this rare collaboration through the lenses of composers Isang Yun and the incomparable Franz Schubert. Arrive early for the option to explore the mansion's historic rooms and beautiful grounds on a self-guided tour. **HIGHLANDS RANCH,** *hrcaonline.org*

November 20–25

NUTCRACKER OF PARKER

Kick off the season and bring your family to the annual holiday tradition, the "Nutcracker of Parker." This magical ballet features the famous score of Pyotr Ilyich Tchaikovsky alongside the best of the best pointe dancers and community actors, blending a cast of both professionals and

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local dancers from the community. Presented by Colorado School of Dance, this is Parker's longest running, mainstage professional Nutcracker Ballet since 2003. This classic tale takes place on Thanksgiving Eve, in 1892, at the Stahlbaum's kick off the Christmas season with a holiday party to light their new Christmas Tree. **PACE CENTER**, *parkerarts.org*

November 21

NORMA TELL & SAZÓN SIX

SaZón Six performs a tasteful repertoire of jazz, Latin beats, and American standards. Norma Tell sings in English, Spanish and Portuguese, thus highlighting the international flavor of SaZón. Daniel Trujillo joins the band as a guest artist adding his exciting sounds on vibraphone to the SaZón sound. Don't want to miss this special upcoming night at Rendezvous Bar & Grill at Heather Gardens. Show is 6-9 p.m. with no cover charge, **AURORA**, *heathergardens.org*

November 21 & 22

L'ESPRIT DE NOËL HOLIDAY HOME TOUR

2025 marks the 49th year for Central City Opera Guild's Holiday Home Tour, "L'Esprit de Noël." For decades, this home tour has raised funds to help support programs of Central City Opera, including education and community engagement programs serving more than 80,000 people each year. This year, the home tour will feature five beautiful homes in Denver's historic Hilltop neighborhood. Prepare for designs from the featured local florist and table designers. This is the event to put you in the holiday spirit and provide you with new ideas for your very own home, with the season of family, friends and merriment upon us. **DENVER**, *lespritdenoel.org*

November 21 & 22

COREY DAMEN JENKINS AT HOWARD LORTON FURNITURE

Design lovers, this is for you. If you're looking to connect with one of today's leading voices in design, Corey Damen Jenkins will be at Howard Lorton Furniture. The 21st brings an evening for designers and ASID members, where Jenkins will cover his inspiring journey as a designer. And the 22nd is open to the clients and community, to meet Jenkins, celebrate his work and take home a signed copy of his new book. **DENVER**, *howardlorton.com*

November 21 & 22

NUTCRACKER HIGHLIGHTS

Step into the magic of the holiday season with "Nutcracker Highlights" performed by the International Youth Ballet. This special, one-hour version of the classic ballet is perfect for young audiences and first-time ballet-goers, offering all the wonder and beauty of this timeless story in a family-friendly performance that will captivate young and old alike. As a special treat, little ones in attendance will also receive a delightful Nutcracker gift to take home. Don't miss this unforgettable holiday event at the Southridge Rec Center. **HIGHLANDS RANCH**, *hrcaonline.org*

PHOTO: COURTESY DENVER CENTER/ADAMS VISCOM

November 21

A CHRISTMAS CAROL

Essential to the holiday season in Denver, "A Christmas Carol" is a joyous and opulent musical adaptation for the whole family that traces money-hoarding curmudgeon Ebenezer Scrooge's triumphant overnight journey to redemption. Based on Charles Dickens' classic novel, the DCPA Theatre Company's production is "a splendidly festive tradition" (BroadwayWorld) that illuminates the meaning of the holiday season in a way that has resonated for generations. **DENVER**, *denvercenter.org*

November 23

DENVER CONCERT BAND PRESENTS HEROES AND HOLIDAYS

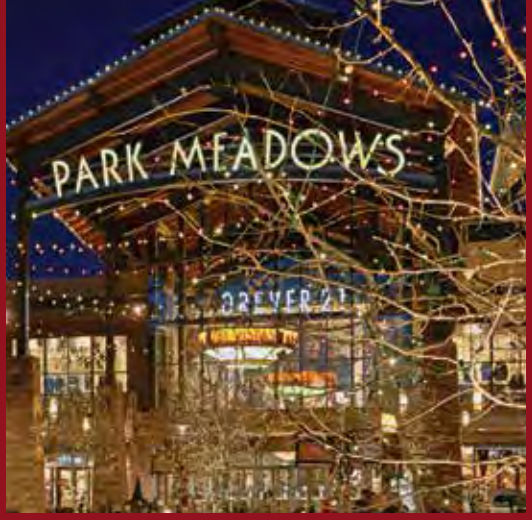
The Denver Concert Band invites you to a musical celebration with a dual theme: Heroes and Holidays. The performance begins with powerful works honoring heroes of all kinds, both legendary and fictional portraying bravery, sacrifice and imagination. Expect bold fanfares, dramatic soundscapes and heart-pounding rhythms that bring these iconic figures to life. The second half of the performance kicks off for the holiday season with a festive program with a collection of holiday music that may stray a bit from tradition. Expect jazzy sleigh rides, humorous holiday tales and playful twists on familiar tunes. The concert wraps up with a joyful surprise from the North Pole. **LONE TREE ARTS CENTER**, *lonetreeartscenter.org*

November 29–December 1

SMALL BUSINESS WEEKEND

We all know that the best gifts come in small packages—and the best shopping is often with small businesses. Support your favorite local shops and find deals all weekend long from one easy location. There's something special about shopping small, supporting local business owners and keeping the love right here in our community. Out of the 260 retail and service businesses in Cherry Creek North, 70 percent are small retail businesses. **CHERRY CREEK**, *cherrycreeknorth.com*

SAVORY DINING



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