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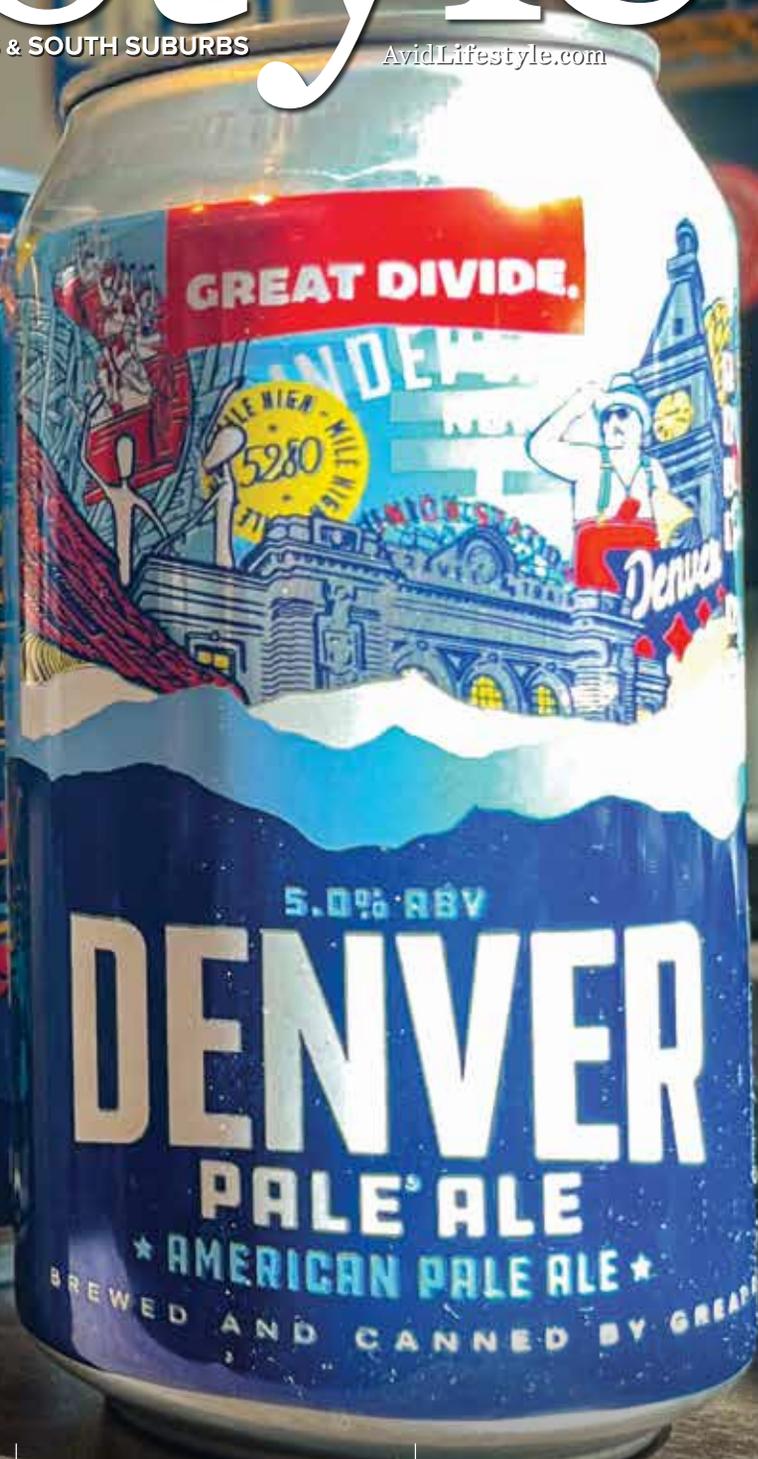
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Ride the Divide

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FEATURED

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Ride the Divide

Two live-work-play hubs in DTC—Landmark and Bellevue Promenade—are giving new meaning to the moniker, drawing visitors to and from both sides of I-25.

By Mark Samuelson

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Built on Brews

Almost fifty years later, Colorado's craft beer culture—once a specialty industry—is everywhere. Yet, Coloradans didn't just embrace a national drinking trend—they sparked the movement.

By Rebecca Toy

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PHOTO: COURTESY GREAT DIVIDE BREWING COMPANY

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TALK OF THE TOWN

KNOW SOMEONE who should be featured in AvidLifestyle? Tell me about them at heather@avidlifestyle.com



BIG BUSINESS

STARTING A NEW YEAR IS REFRESHING. The stress of the holidays rolls off your shoulders, and you can settle into dreaming about new ventures. That's how I experience it, anyway. In this issue, we feature some big businesses and big business centers such as Belleview Promenade and Landmark (Ride the Divide, page 28), but the truth of it is all businesses start small. From a seed, a nugget of an idea. So, while those big shopping and dining areas flourish, places like Original Pancake House, which grew from the owner's great aunt's hot cake shop in 1953, fill the spaces and build the local economy.

Another excellent example of people turning half-baked ideas into a significant industry is Colorado's craft brewing craze. Writer Rebecca Toy takes us on the journey of how what started with a couple of (possibly bored!) professors at the University of Colorado whipping up a craft brew in 1979, churned out a whole new industry that still dominates the beer market and generates more than \$2.4 billion in economic impact in our state alone (Built on Brews, page 32).

Not to trample Dry January plans, but Aspen Peak Cellars in Bailey has a creative way of keeping a non-tourist-area wine business hopping through the winter—snowshoe and fondue events. Creative, right? Read more about this year-round destination in Wine in the Wilderness on page 16.

Plus, we've got interior designers and cabinet companies making your boring home spaces beautiful, health screenings you should consider for starting the year off at the top of your game and so much more. Take AvidLifestyle with you or curl up with a warm beverage and read this issue from cover to cover—there's so much to pique your interest.

Happy New Year, and best to you and yours in 2025!

Heather Shoning



AvidLifestyle is a luxury lifestyle magazine serving Denver's south suburbs. And we're excited to add new, experienced writers to our growing list of contributors. Do you have magazine writing experience? Do you know Denver's south suburbs? Can you dig deep for the unique story about the people, places and events that make our community special? If so, we want you! Please email heather@avidlifestyle.com with basic info about yourself and at least three published clips (links are fine).





photo: Maria Ponomaryova

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SPORTY PICKLEBALL

By Amanda Lacey

Photography Courtesy Sporty Pickle

Dynamic Dinner





SPORTYPICKLE IS bringing something to the table, and it's far from your average sports bar and grill. This family-friendly hub offers something for everyone, whether you need to unwind after a busy day or want to scratch your competitive itch.

Coined as a “dynamic sports bar and entertainment venue that offers a unique blend of sports viewing, interactive gaming and socializing,” SportyPickle is a place where you can watch your favorite teams play on the big screens, enjoy delicious food and drinks, and participate in activities like pickleball, darts, cornhole and more. It doesn't stop there! If the environment isn't already lively enough, Fridays and Saturdays offer something special—karaoke night and cosmic pickle, transforming the courts into a glowing wonderland.

If you haven't heard, pickleball is the fastest-growing sport in the country. It's rapidly become a fan-favorite of all ages and skill levels, combining elements of tennis, badminton and table tennis. SportyPickle offers three reservable pickleball courts in one- or two-hour increments. Paddles are free to rent, and sleeves of balls are available for purchase. If you're a seasoned pro, feel free to bring your own equipment. Hungry but in the heat of a pickleball battle? Raise a flag, and your server will come to you, offering court-side service for spectators and players.

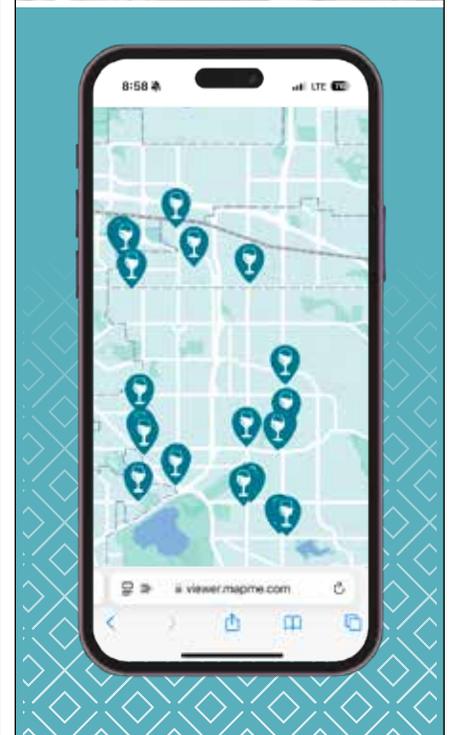
And don't worry, there's no lack of pickle here—pickle foods, pickle drinks, pickle shots. The extensive food menu is sure to satisfy foodies of all types, offering everything from pickle popper starters to gourmet sliders, pizzas and salads. Don't

think twice about the Korean BBQ tacos featuring tender carnitas, cotija cheese and Korean pepper sauce with a kick of Sriracha aioli on corn tortillas. Also featured (and appropriately titled) are the Dinken' Good Wings, with sauces ranging from classic buffalo to Carolina tangy with smoky notes and a hint of heat.

The menu also features hand-crafted cocktails and more than twenty beers on tap. Martini lovers might opt for the Dirty Pickle cocktail made with Breckenridge vodka, dry vermouth and pickle brine, making for a unique twist on the classic favorite. Smoothies, coffee and non-alcoholic cocktail options are also available.

The ambiance is full of energy, with an inviting bar. Comfy viewing areas featuring high-top tables, bar seating and sofas surround the pickleball courts. Reservations are required to play pickleball. Can't get enough pickleball? Unlock the ultimate experience with the VIP (Very Important Pickler) membership, where you'll receive a discount on court reservations, plus other perks. Suppose you want to experience a little bit of everything. Three Pickle Packages are also available, including a private game room with dedicated food and beverage service, dart lanes and pickleball courts. Whether you're looking for a night of fun, to host a private event or have your next birthday party, SportyPickle is the place to be.

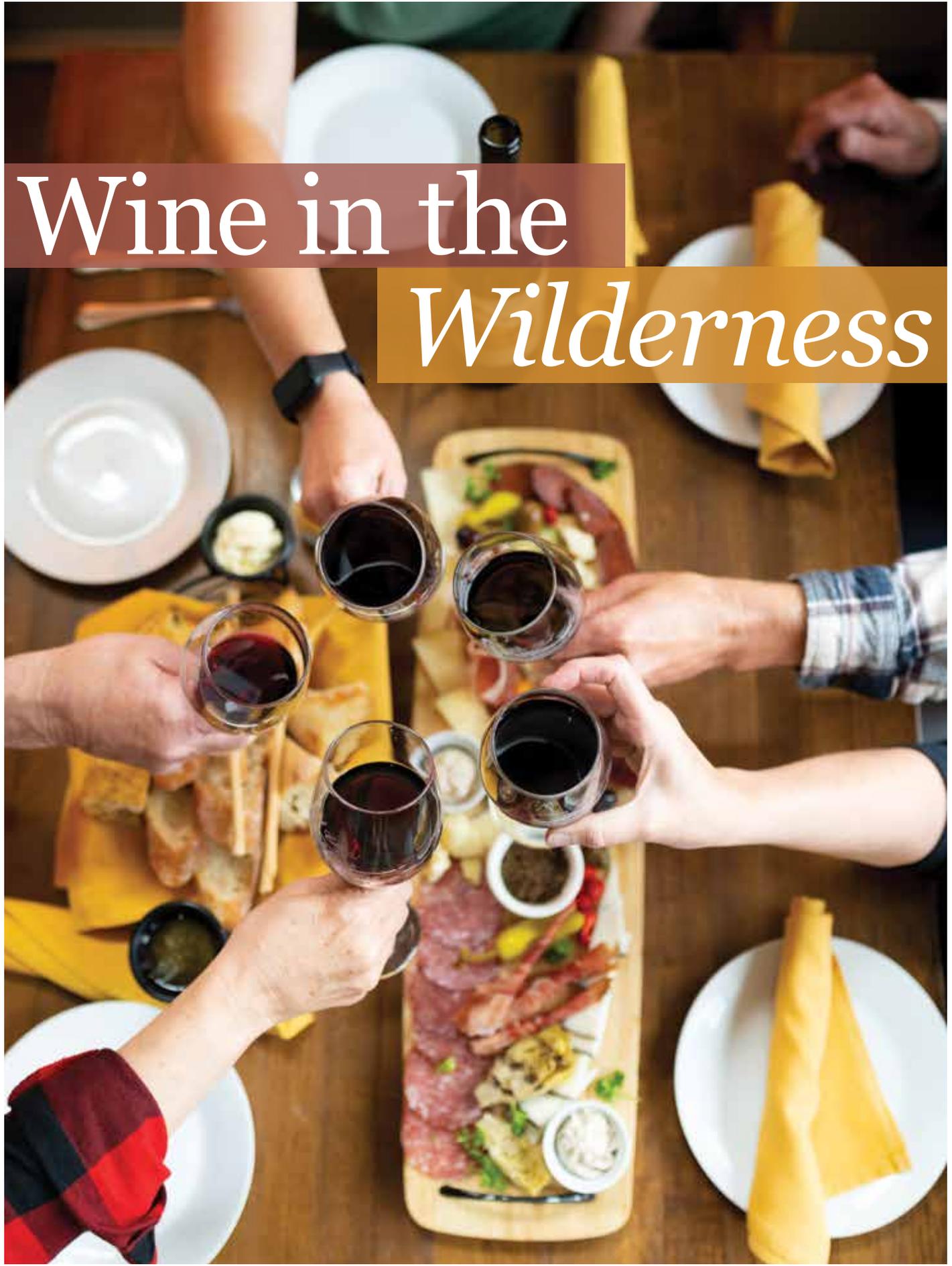
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Wine in the *Wilderness*

ASPEN PEAK CELLARS in Bailey is a year-round destination

By Jay McKinney

Photography by Rosy Heart Photo

ASK SOMEONE to close their eyes and picture a winery and they'll likely see rolling hills with rows of grape vines stretching to the horizon. Yes, many wineries are located at vineyards where the grapes are grown, but Aspen Peak Cellars Winery & Bistro in Bailey is not one of them. This mountain town hot spot offers picturesque mountain views instead of a vineyard, and it's worth a visit regardless of the season. From a wide selection of wines, intimate dining experiences and live music every weekend, connoisseurs and casual consumers will fall in love with the place.

It's a family-owned winery that was founded by husband-and-wife duo Marcel and Julie Flukiger who are both trained chefs. Throughout their careers in restaurants, the couple certainly enjoyed wine, but the beginnings of Aspen Peak Cellars can be traced to 2005 when Marcel bought Julie a winemaking kit for Christmas. They fell in love with the art of winemaking, entered some amateur competitions—and won awards—and decided to turn the hobby into their first business venture.

The Flukigers overcame some major hurdles en route to creating the business they operate today, but Aspen Peak Cellars is a pitstop for mountain travelers on Highway 285 and a destination in and of itself. The winery has an expansive patio area along the North Fork South Platte River and even created its own beach with sand made from a special bottle-crushing machine. An influx of customers flocked to the winery to see the glass beach for themselves last summer after some positive social media exposure.

As the seasons change, the patio typically closes in October and the winery shifts its attention to winter events. Customers can still wine and dine in the dining room or heated covered porch, but the primary event that drives business during winter is the snowshoe and fondue outings it hosts.

"If we didn't have the snowshoe and fondue event that we've done for thirteen years, we probably would be very seasonal as a destination up here," Marcel Flukiger says. "We don't have any skiing or anything in the area, but some nice lodging places have remodeled a lot of their rooms in the last few years, so we do have some great getaways in the wintertime."

In a mountain town that lacks skiing tourism, Flukiger estimates that the snowshoe and fondue events draw upwards of 1,200 people to





Bailey each winter. The outings are held Friday through Sunday and run from the first weekend in January until St. Patrick's Day weekend in March.

The events start at the winery at 10:30 a.m. where there is a quick orientation, and everyone gets outfitted with snowshoes and poles before driving to the trailhead near the base of Kenosha Pass. Guides lead the snowshoers through the winter wilderness for roughly 1.5 hours and just as their legs start to get tired, it's time to return to the winery for the real fun. There's a food and wine pairing challenge where the Flukigers quiz guests on which wines pair best with each appetizer served, and afterward, each guest gets to choose a glass of wine to go with the meal. By 3:30 p.m. the event is typically wrapping up.

"Everybody gets a glass of wine and the cheese fondue is being served with live music—it makes for a fun day in the mountains and not being too far away from the Front Range," Flukiger says. During the snowshoe season, the winery adds live music on Fridays in addition to their weekly live music held every Saturday and Sunday throughout the year.

While the snowshoe and fondue event has become a staple of Aspen Peak Cellars' winter business, the winery offers other events throughout the year such as monthly barrel room tastings and seasonal wine club dinners. Other wine clubs often ship bottles out, but the Flukigers prefer connecting with their loyal members by



inviting them to the winery to pick up bottles. To show their appreciation, the restaurant then prepares a nice dinner for the members to enjoy with live music.

Regardless of membership status, after a weekend visit to Aspen Peak Cellars, wine lovers may picture snowshoeing through the mountains and

sipping a glass of merlot the next time they're asked to envision what a winery looks like. 

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Edward was sculpted by artist Carolyn Braaksma. She created the chair entirely out of concrete and bronze, and is different than anything Kristen Thomas had ever seen before. Eron Johnson Antiques was kind enough to loan Edward is on loan to the Galerie for a short period of time.

If you would like to see Edward or shop the KTHOM Galerie, private appointments are available. Visit studio-thomas.com for more information and an appointment.



PHOTO: COURTESY STUDIO THOMAS

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SPLASH OF COLOR

PAINT COLORS ARE making a shift away from cool neutrals, included beloved gray, to warmer brown- and cream-based colors. Benjamin Moore's Tissue Pink is a subtle yet impactful all-around color—especially against white trim, which highlights the contrast. And it pairs well with an accent wall in the brand's 2025 color of the year: Cinnamon Slate. The earthy-with-a-hint-of-purple is a beautiful backdrop for nearly any furnishings.

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Love Your Laundry Room

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By Heather Shoning



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PHOTO: COURTESY CLOSET FACTORY

A WELL-DESIGNED laundry room that's both beautiful and functional transforms a routine chore into an enjoyable experience. Aesthetic touches create a welcoming space, while smart organization and efficient layouts enhance productivity. A well-designed laundry room can make a sometimes-dreaded task more efficient and pleasant.

THOUGHTFUL STORAGE AND LAYOUT

An efficient laundry room starts with a smart layout tailored to the natural flow of laundry tasks—sorting, washing, drying, folding and storing. Built-in cabinets or wall-mounted shelves keep detergents and cleaning supplies

tucked away, leaving the space clean and uncluttered. “There are many new [air] drying solutions available in the market that can be folded into a drawers or pushed into a cabinet,” says designer and project manager Tamar Chang with Thurston Kitchen + Bath – Denver. “Just like any other space in a home, understanding the client’s storage needs is crucial as some will use the space as storage and an open shelf will work better for them.”

SMART SPACE

Modern washers and dryers have become design features in their own right. Sleek finishes, such as stainless steel, matte black or soft pastels, let

appliances double as decor. For smaller spaces, stackable units free up room for countertops or additional storage, blending style with efficiency. “We do sets of laundry often for ski lodges and families with a lot of children. It takes up a lot of space! Laundry units are typically very deep—three feet deep for some—so it’s important to have enough space for the doors to open and be able to move the clothes in and out without being trapped,” says Angela Otten, owner and lead designer of Inspire Kitchen Design Studio. “It’s also very important to rough in the ventilation exactly where the vent comes out of the dryer, so the ducting doesn’t have to turn to get into the wall. That can add another foot at times.” >>>



Designed by
Inspire Kitchen
Design Studio

PHOTO: COURTESY INSPIRE KITCHEN DESIGN STUDIO

Take your appliances to the next-level of convenience with smart ones, allowing you to control your washer and dryer remotely. Adding a charging station with USB ports or outlets further enhances the room's functionality, making it a multi-purpose hub.

FUNCTIONAL AND ELEGANT WORK SURFACES

A countertop on top of front-loading appliances creates a dedicated folding station, while a deep sink adds versatility for handwashing or soaking delicate items. Elevate the look with a stylish faucet and durable materials for countertops, ensuring the space is both practical and polished. "If a sink takes up the whole counter space, you need to think about what you need that space for. Is it for folding laundry?" Chang says. "If so, a slide out thin drawer under the machines might provide that needed work surface, or a custom wood top could cover the sink offering additional counter space."

FLOORS AND WALLS THAT MAKE A STATEMENT

Durable, water-resistant flooring options—such as ceramic tile, vinyl or sealed

concrete—stand up to wear while adding flair. Patterned or geometric tiles can turn the floor into a visual centerpiece. Walls offer another design opportunity—bold tile backsplashes or cheerful paint colors can transform the room's atmosphere. Additionally, using as much wall space as possible maximizes storage. "Functionally, floor-to-ceiling custom cabinetry takes advantage of the vertical inches that are available while also giving the cabinetry a built-in look and feel," says Doug Lestikow, CEO and owner of Closet Factory.

EXPANDING THE ROOM'S PURPOSE

For added versatility, consider combining the laundry room with a mudroom or pet-washing station. A built-in bench with storage serves as a practical solution for stashing laundry essentials or outdoor gear, maximizing the room's utility. "Our client had a long list of wants and needs—she has kids, so she wanted storage for coats, backpacks, gloves and more," says design Kimberly Foutz with Caruso Kitchen Designs. "The tall cabinet in this room is for the rechargeable vacuum and cleaning supplies along with some overflow. It's not just a laundry room—it's a mudroom and pantry as well."

DESIGNING FOR VISIBILITY AND LIFESTYLE

Whether you want to keep the laundry room hidden or make it a design highlight, thoughtful choices can adapt the space to your needs. Sliding barn doors or pocket doors offer concealment, and different levels of seen and unseen can apply within the room, too. "Not all storage items are meant to be on display," Lestikow says. "But some things are. A nice stack of pretty towels, for example, could be a design element on display behind clear glass window doors whereas detergents, paper towels and other cleaning supplies are better stored behind solid doors."

By blending practicality with stylish design, the laundry room becomes a space that works hard while looking effortlessly chic—proof that even the most functional areas of your home deserve thoughtful attention. "Doing laundry is not fun in most people's minds. Why not add some fun to the room?" Otten says. "Make it a bit more enjoyable to do this mundane task. We love color in the laundry—it's a place that can be unique. A new laundry room feels clean. That's the purpose of the room, so make the room feel orderly, fresh and comfortable!" >>>

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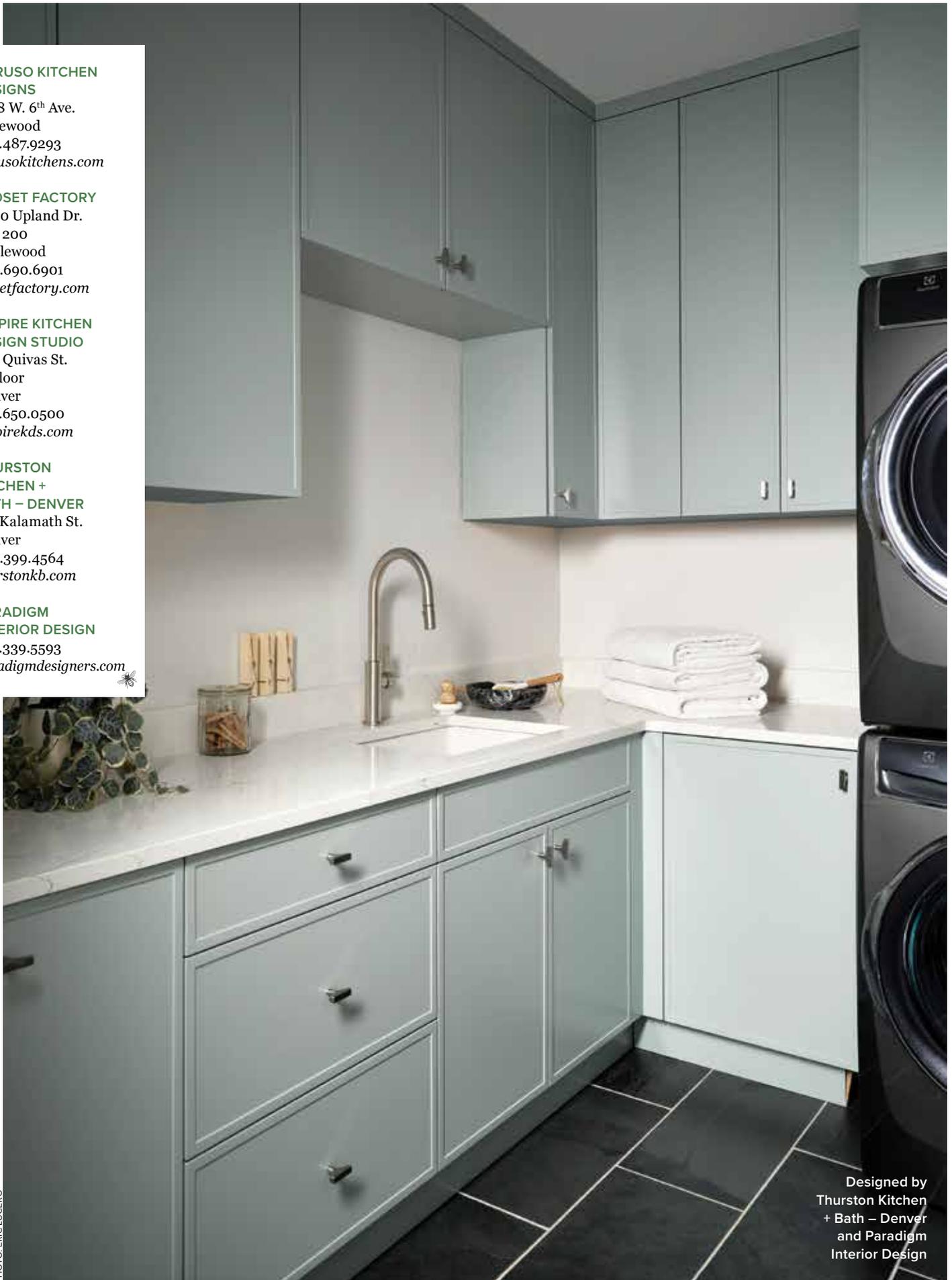
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RIDE THE Diviide

TWO LIVE-WORK-PLAY HUBS IN DTC ARE GIVING NEW MEANING TO THE MONIKER, DRAWING VISITORS TO AND FROM BOTH SIDES OF I-25

By Mark Samuelson



The Landmark

PHOTOS: SHUTTERSTOCK.COM / JACOB BOOMSMA



Bellevue Promenade

IT'S NO SURPRISE that the Denver Tech Center, with its access to the freeway and light rail, has long since morphed from just an office park into what developers like to call a “transit-oriented development” or “live-work-play hub.”

DTC is now an archetype for that scene—miles from Denver’s urban core, but where people choose to hang their hats nine-to-five as well

as after hours. Two focal points showcase that trend—one east of the freeway, one west.

Bellevue Promenade, with Ocean Prime and eight other culinary outlets, lies a half mile from The Landmark, where Jing, Hapa Sushi and other venues are headliners. The freeway draws a wall between the two, and neither is really walkable to the light rail stations that opened

in 2006. But that isn’t keeping them both from doing well—very well indeed.

“I can’t believe people want me to open a store in Cherry Creek,” says Sara Ernst, who wouldn’t think of such after witnessing the popularity of The Original Pancake House at Bellevue Promenade, with plenty of parking.

In 1953, Ernst’s great aunt Erma Hueneke opened a pancake parlor in Portland, Oregon, in a store beneath a flat where she lived. “She figured that if they could turn fifty dollars a day, they would make it,” Ernst recalls. “The second day, she made one hundred and fifty dollars.”

Now, The Original Pancake House has 150 locations, including two that Ernst started here—first in Cherry Hills. When that one saw business growing 25 percent a year, broker David Fried showed her a second site four miles east in DTC.

“David, it’s too close,” Ernst told him then. Fried prevailed, and at the Tech Center, where in 2000,

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The Original Pancake House became an original anchor of Belleview Promenade, Ernst quickly matched her other sales.

“It blew my socks off,” she recalls now. She adds that the DTC store does 40 percent more business on weekdays than the other location. “It’s just gravy—whipped cream on the waffle,” she quips.

Waffles are a long way from the seafood, steak and cocktails that are other staples of the dining scene around Belleview Promenade—not just Ocean Prime, but Eddie V’s Prime Seafood and Shanahan’s Steakhouse within a block.

Restaurant operators and their brokers now say both centers were initially envisioned for shopping, but the business of pleasing palates has exceeded all imagining. Broker Jon Weisiger with CBRE says the effect has been redoubled now by changes in consumer behavior.

“We see suburban markets now in a way we didn’t see ten years ago,” Weisiger adds. “Retail is one of the best-kept secrets.” Metro-wide retail vacancies are just 4.75 percent, based on CBRE’s newly released third-quarter report. While at Trammell Crow Company, Weisiger was involved in some of Starbucks’ earliest leases here, and its Promenade store is a popular anchor. Recent Starbucks expansions, he says, usually go where a drive-thru window is possible. But drive-up is nowhere to be seen in a coffee house across the freeway at The Landmark—packed with neighbors and businesspeople.

Lindsay Keiffer and her husband were sipping coffees in San Antonio when they imagined opening a shop here. They studied up on coffee, then opened their first Monk & Mongoose Coffee Co in Lone Tree. It was already a success when they heard about a location opening in The Landmark and signed a lease.

“It’s never-ending groupings there from open to close,” says Corey McCartney with East West Urban Management, managers of The Landmark’s retail. It’s a sister company to developer East West Partners, which, a dozen years ago, finished The Landmark’s two condo towers and its complement of commercial after its original developer failed during the Great Recession.

Drivers headed down the freeway see The Landmark’s Monk & Mongoose sign as they pass, and McCartney marvels at how popular the brand has become. “It doesn’t scream coffee, but it’s so unique people remember it,” he says.

Keiffer says monkeys and mongooses are known for craving coffee beans. She adds that her company’s small size offers a culture that nurtures its employees, which then passes on to customers, who notice a vibe distinctly warmer than the big beaneries can deliver.

The Landmark’s eateries, including Slattery’s Pub & Grill, Pizza Republica and Bad Daddy’s Burger Bar, profit from their walkability to The Landmark’s luxurious condos. But McCartney



PHOTOS: BY MARK SAMUELSON



says most customers arrive from elsewhere, drawn to a place where it’s easy to park before catching a movie or a show at Comedy Works.

“The towers are a great base, but the bulk of customers come from outside,” he says, noting they come from as far south as Pueblo, from where one couple regularly drives 100 miles for dinner at Yanni’s Greek Restaurant, followed by a movie.

Meanwhile, the dining synergy—a different place for every night of the week—draws specialty vendors to spaces that were once hard to lease, with many concepts centered on healthy lifestyles.

That’s also true at Belleview Promenade, where a few doors from Ocean Prime, you can find MyFitFoods jammed with shoppers ordering take-home meals heavy on protein and veggies, skirting the glutens that are problems for some eaters now.

“It’s high protein and a good amount of carbs to keep you fueled for workouts,” says Arut

Pogosjan, a professional fighter who has a championship bout in Las Vegas next month. “I’m 36 years old, but joining this has transformed my diet, where I’m cutting weight like I did when I was 26.” A cashier nearby notes that bulk orders often exceed \$1,000.

Healthy fare is the polar opposite of the cookies and cakes a few doors east at Bird Bakery or in a dozen places at either venue where alcohol is the draw. The Landmark has Scissors & Scotch, a barbershop with a full bar.

Even breakfast competitors like Snooze (north of Promenade) and Urban Egg (west across I-25 in Belleview Station) serve drinks now, but The Original Pancake House won’t be offering booze, ever. “The franchise doesn’t allow liquor,” Ernst says.

Whether you choose east or west of I-25—or both!—for your shopping and dining excursions, you’ll find top-notch choices from morning until the wee hours to satisfy every craving.



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BUILT ON

Colorado's craft beer culture comes from lenient laws and creative collaboration, shaping the industry—and the state's culture—for nearly fifty years

By Rebecca Toy

BREWS



PHOTO: COURTESY DENVER BEER COMPANY

IN 1979, two professors at the University of Colorado started Boulder Brewing Company, Colorado's first craft brewery. The landscape of beer was already changing. Breweries were floundering, dropping that year to less than 100 in operation nationwide. Yet when President Jimmy Carter signed a bill legalizing home brewing in October of 1978, basement and garage brewers emerged. In less than five years, other home hobbyists were coming together to launch breweries, and beer drinkers started to eschew commercial brands in favor of experimentation. A niche market was about to go national.

Almost fifty years later, this once specialty industry is everywhere in Colorado. Yet, Coloradans didn't just embrace a national drinking trend—they sparked the movement. The Front Range's passionate home brew community took advantage of state laws that made direct distribution possible, experimented with styles, unleashed innovation and never stopped pushing for a place in your pint.

"Craft brewing is in our DNA," explains Shawnee Adelson, executive director of the Colorado Brewers Guild. "It's our history, a part of the culture of Colorado."

HOME BREWERS START A MOVEMENT

The movement's start in Colorado was serendipitous: experimenters came together in an inspiring landscape at a pivotal time. The state was changing, with the Rocky Mountains drawing those looking to reset their lives in the tumultuous 1960s and 1970s. Sam Bock, author and public communication director of History Colorado, describes the great migration to the state: "This was the start of the 'New West,' the transition from an extractive economy to an amenities economy. Americans decided they didn't have to live where their job was but could first live where they wanted and then find a job. The outdoor lifestyle lured people here."

Charlie Papazian followed the westward call. According to Jonathan Shikes' book, "Denver Beer: A History of Mile High Brewing," the charismatic nuclear engineering-graduate-turned-kindergarten-teacher developed a homebrewing following with his "almost evangelical enthusiasm." These dreamers and experimenters took to the foothills for Beer and Steer camping parties. The event's vibe was casual, with 300 homebrewing friends and students sharing ideas, music and brews. Papazian's students would spread out over the next decade, starting breweries and training others. Beer and Steer became today's Great American Beer Festival (GABF).

Papazian wrote "The Complete Joy of Home Brewing" manual and created the American Homebrewers Association, the Brewers Association and the Institute for Brewing Studies. By the end of the 1970s, Colorado hobby brewers were thriving. >>>



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PHOTO: COURTESY DENVER BEER COMPANY

FROM HOBBY TO BREWERY

What do astrophysicists at the University of Colorado do in their spare time? Start a brewery in a buddy's goat shed. Or at least that's what David Hummer and Rudolph Ware did in Boulder in 1979. It was unheard of then; the total number of breweries in the U.S. had fallen from more than 800 in 1941 to less than 100 in 1979. Many believed the number would drop into the single digits. Despite these odds, they opened Boulder Brewing Company, joining only two other small business brewers in the country.

The word was out. As amateur brewers refined the craft and shared tips at the annual GABF, the idea of turning pro was within reach. John Hickenlooper and partners opened Wynkoop Brewing (Denver) in 1988, and more than a dozen other breweries started within three years, including Odell Brewing Company (Fort Collins) and New Belgium Brewing Company (Fort Collins). Other modern leaders—Left Hand Brewing (Longmont) and Great Divide Brewing Company (Denver)—soon followed.

Colorado lent legal strength to the new brewers. A three-tier system legally separated producers, distributors and retailers, allowing brewers more autonomy in their sales as distributors. But Colorado's system was unique: wholesalers, distributors and bars couldn't own each other or have more than one liquor store. Independent liquor stores meant faster sales for small business brewers. "Laws can truly hinder

craft beer," says Adelson. One of the goals of the Colorado Brewers Guild is advocacy with lawmakers, and in her role, she sees many other states flounder. "The laws Colorado has in place allowed craft beer to flourish."

Yet, every market has a limit. Growth stalled in 1997, and the number of businesses leveled off for another decade. "It's one thing to brew really good batches at home," says historian Bock, a self-described beer nerd. "But it's another to scale up and make it consistent batch after batch. Master that, and you still have to run a business." One casualty, Boulder Beer Company, closed its pub in 2020. Its Buffalo Gold ale is still brewed and served at Boulder Social.

CANNING THE CRAFT

Colorado is the birthplace of canned craft beer. Until the turn of the 21st century, canned beer symbolized light and cheap lagers, the domain of the commercial breweries that the new producers were largely spurning. Even though aluminum is more affordable to produce, lighter to ship, protects the beer from light and is fully recyclable, bottles reigned.

In 2002, Oskar Blues Brewery (Longmont) made a great leap and took a Canadian salesman up on canning. The company started with hand-cranking Dale's Pale Ale with its manual canning process. Two years later, Cask Global Canning Solutions designed an automated system for the company. Then, in 2005, Oskar

Blues caused a stir when The New York Times crowned its pale ale—the only can in competition—the best of the year in a blind taste test.

"The Oskar Blues team was ready for a risk, a force of personality in the industry," explains Jonathan Shikes, author and food and entertainment editor at the Denver Post. "Coloradans are camping, skiing, hiking and biking, and canning made craft beer far more mobile."

Known as the Canned Beer Apocalypse, the move shook the standards. Ska Brewing Company (Durango) joined Oskar Blues as an early canning adapter, and both have reaped the rewards by becoming some of the largest independent breweries in Colorado. By 2012, more than 150 breweries nationwide had followed suit. Today, canning remains a key method of diversification.

COMMUNITY TAPROOMS

Kevin DeLange's story of creating a taproom exemplifies the phrase, "It never hurts to ask." The co-founder of Dry Dock Brewing Co. (Aurora) and The Brew Hut shop owner chuckles as he explains how he found a loophole that changed the field. "A buddy told me I could get a manufacturing license and just sell beer by the glass. It always stuck with me, so I called Laura Harris, the head of Colorado's Liquor Enforcement Division."

Until this call, Colorado's craft brewers operated under one of two models: manufacturers

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who gave out free samples and brewers who operated a restaurant. As DeLange learned, Colorado law allowed a tasting room if a brewer had both a manufacturing license and the wholesaler license that had allowed commercial brewers to sell pints in their gift shops. Before Dry Dock could start pouring, the state had to convince the city it was legal, and DeLange had to problem-solve zoning regulations. Yet by 2005, Dry Dock set up six high-back chairs and sold beer directly to customers without a restaurant.

The shift was seismic, opening up a new business model for brewers. “Nobody had it set up to go in and just buy a pint,” emphasizes Shikes, who’s followed the trade for decades. “Now you could make a living just brewing your beer, pouring it and selling it.”

DeLange is careful to add that another brewery in the country might have already made the same discovery. A call from California signified that, if so, he was still one of the first. Ballast Point Brewing Company reached out to confirm the taproom news and ask how Dry Dock pulled it off. “Ballast Point did it, and business exploded,” says DeLange. A decade after the switch, Ballast Point reportedly sold for \$1 billion.

While DeLange fielded calls from around the country, helping other brewers in the spirit of his home brew shop start, Dry Dock also sharpened the focus for the model that ultimately thrives today: the community hub.

“It lets people come in and see the brewery, meet the people who make the beer and build a sense of community,” says DeLange.

COLORADO CONTINUES TO INNOVATE

Today, the industry has slowed down both nationally and in the state. Many Colorado breweries that distributed nationally have scaled back. Overall beer sales have slowed, with craft beer slightly declining for the second year.

According to watchful fans like Bock at History Colorado, there is no need to panic. “What I see is actually encouraging. The sectors that I see thriving are the local, community breweries.”

Noting the Colorado Brewers Guild’s research, Adelson agrees. “It’s a mature industry now, so while we’re seeing more closures, we’re also seeing new ones coming in, akin to restaurants. The average life of a brewery is longer than most small businesses.”

The industry is still hustling with new ideas, quick trends and long-term adaptations. Shikes points out that, in addition to canned products, most Colorado brewers are now offering gluten-free and non-alcoholic beer options and seltzers. “They got into the beer business, but they’re beverage makers now.”

Craft breweries also join the Colorado ethos of sustainability. Upslope Brewing’s (Boulder) comprehensive environmental plan backs its Certified B Corp status. Denver Beer Company runs entirely on solar power. Supporting Colorado agriculture, New Image Brewing (Arvada) opened the aptly named Table, an elevated farm-to-table restaurant.

Many early titans are still going strong but in slightly different iterations. Brian Dunn of

Great Divide and DeLange of Dry Dock turned heads in 2024 with a unique partnership. Both maintain independence and individual tasting rooms, but Dry Dock’s production moved to Great Divide. DeLange, with the same adventurous optimism he brought to the tasting room revolution, notes the collaboration is just as he hoped. As his team plans 2025 products with Great Divide, it feels like any growing pains are over. “It’s exciting now, with almost a year under our belts.”

The GABF also lives on from its 1974 Beer and Steer roots, but today, it’s an international event that includes hundreds of brewers and nearly 40,000 beer enthusiasts. As a nod to the open house feel of the early events, the Colorado Brewers Guild hosts Collaboration Fest—dubbed Collab Fest—a springtime celebration of Colorado breweries that partner to share a wild, one-off brew. More than 40 percent of people in the room are in the business, brewing—pun intended—an inspirational synergy.

Ultimately, craft brewing has always had a counter-culture element—pushing the norms and attracting those who like to try ideas that don’t always make sense. So, even when brewers have a plan, sometimes the previously unthinkable path, like a goat shed brewery, canning craft beer or a foodless taproom, becomes a national breakthrough.

“Every time craft brewing changes, it always surprises me,” says Shikes, ready to report on the next evolutions. “The brewers are extremely nimble. They have to be.”





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Destroying Tumors with Sound

New **CANCER TREATMENT** makes its way to Denver

By *Kristen West*

PHOTO: PIXABAY.COM / PETE LINFORTH

WHAT IF SOMEONE told you that there was a way to treat a cancerous tumor using a non-invasive approach like focused sound waves? That's exactly what some researchers and medical professionals are beginning to do using histotripsy, an innovative liver tumor treatment already available in Denver.

The concept of histotripsy was developed by ultrasound scientists from the University of Michigan as a non-invasive alternative to certain surgical procedures. According to the founding company, HistoSonics, histotripsy uses a focused ultrasound that applies high amplitude, very short pulses to create a "bubble cloud" designed to destroy and liquefy targeted liver tumors mechanically. Although it's been studied for several decades, the technique is just emerging as an FDA-approved method in the mainstream medical system for patients.

Dr. Eric Liu, a neuroendocrine surgeon at HCA HealthOne Presbyterian St. Luke's in Denver, has been using histotripsy with his patients since June and says he is encouraged by the

new treatment, appreciating that it doesn't require incisions or significant side effects. "Sometimes chemo, radiation or surgery is not an option," he says. "You want to have more options."

This option is also very precise while less taxing on the body. It uses a machine to generate sound waves that are targeted on a tiny, specific area. All the sound waves are then so powerful that they tear the tissue apart while sparing the healthy tissue surrounding the tumor. "We use the ultrasound as a visualization technique so we can see the liver, and then I just create circles and program the computer to fire the beams inside the sphere of treatment," Dr. Liu says. "Once the tumor is destroyed, it's destroyed."

Although the technique targets the liver, histotripsy is not just for liver cancer; it's for any cancer that's also in the liver. Researchers want to expand its use to other organs like the kidneys and pancreas. However, the liver is a common place for tumors to spread, so it's a great place to start.

Side effects are minimal, which allows for repeated treatments without many repercussions. "Sometimes it can cause blistering of the skin, but that's a minor side effect that goes away in a couple of days," Dr. Liu says. It also requires general anesthesia, so the procedure time can last up to about an hour, depending on the number and size of tumors being treated. While histotripsy is non-invasive, it's still subject to the same risks as other ablations, such as bleeding and infection. Researchers feel the risk is lower compared to invasive treatments, however. Most patients go home the same day.

The technique is relatively new to the medical system, so insurance coverage is inconsistent. Doctors expect coverage to expand as histotripsy becomes more widely available. "The outlook is promising," Dr. Liu says. "We are all learning together, which is wonderful. [The researchers] offer some guidance, I offer some guidance, and it goes both ways. It just shows you how the research around cancer is evolving." 

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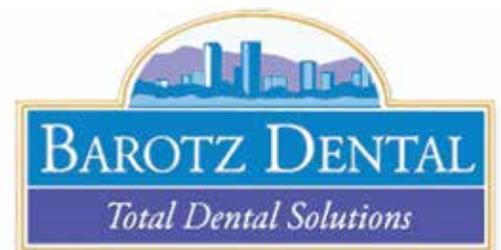
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New Year, *Healthy You*



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Schedule preventative **HEALTH SCREENINGS** as part of your 2025 plan

By Kristen West

AS THE NEW YEAR BEGINS, many of us resolve to improve our health—hitting the gym, losing a few pounds, eating healthier or cutting back on coffee. But how often do we include preventative health screenings in those plans? These screenings are essential to catch potential issues early, especially as we age. Here's a breakdown of what to schedule this year and key health indicators to watch for in your 40s, 50s, 60s and beyond.

According to the United States Preventive Services Task Force (USPSTF), the 40s are a pivotal time to begin regular screenings. Start with blood pressure checks every one to two years to monitor for hypertension. Adults with

risk factors like obesity should test for diabetes every three years. Early detection in these areas can prevent complications like cardiovascular disease, stroke or kidney damage. Mental health screenings for depression and anxiety are also recommended, and intervention can prevent more severe health risks.

Cholesterol screening every five years is recommended as a standard, and more often for those with high numbers. Dr. Scott Joy, the chief medical officer for HCA HealthOne's physician services, stresses also looking beyond the numbers. "One of the things I hear from patients is, 'Well, my doctor said my cholesterol numbers are good,'" he says. "But I really

like to emphasize awareness of their ten-year risk of heart disease." Using tools that factor in age, gender and blood pressure, providers can offer a more comprehensive risk assessment. "It's not just about the cholesterol anymore," Dr. Joy explains.

Skin cancer screenings, though not universally recommended, are still important. Regular self-checks for abnormalities are encouraged, and screening for hepatitis B and C should also begin in your 40s. "These are often viruses that can live in someone without any symptoms until it becomes very severe," Dr. Joy says. "[Hepatitis] is one of the leading causes of cirrhosis and liver transplants. We now



PHOTO: SHUTTERSTOCK.COM / PEOPLEIMAGES.COM - YURI A

have therapies to treat hepatitis C, but early detection is key.”

Cancer screenings also become more critical as we age. Women should start regular mammograms and pap smears as the risk of breast and cervical cancers increases. Colorectal cancer screenings are now recommended at age 45—earlier than the previous benchmark of 50—as cases among younger adults are rising. The USPSTF reports that 10.5 percent of new colorectal cancer cases occur in people under 50, and cases have increased by almost 15 percent in those ages 40 to 49.

The Centers for Disease Control and Prevention urges the public to stay current on vaccines as part of their routine appointments. Dr. Joy recommends keeping up with flu shots and—for both men and women—considering the HPV vaccine. “We’ve found that the HPV vaccine can help prevent head and neck cancers later in life,” he says.

Everything recommended in your 40s carries into your 50s, with a few additional screenings to prioritize. Women should schedule a bone density test to monitor for osteoporosis, as they’re at higher risk than men in this age group. Men should consider prostate cancer screenings. Vaccines in your 50s include flu shots and the shingles vaccine, which protects against painful and debilitating outbreaks.

Lung cancer screenings, officially recommended starting in a person’s 60s, may be beneficial and potentially lifesaving in your 50s for current or former smokers, says Dr. Nina Thomas, a pulmonologist at UCHealth Pulmonary Nodule

Clinic - Anschutz Medical Campus. “Lung cancer screening is crucial because most people have no symptoms when it first appears,” she says. A CT scan can detect lung nodules, which could indicate cancer. “It’s really important that if people are at risk, they engage and advocate for themselves to get lung cancer screening so that we can find it at an earlier stage when it’s much more treatable.”

To lower your risk of lung cancer, Dr. Thomas advises using counseling and resources offered by your healthcare provider to quit smoking. Additionally, radon exposure—a leading cause of lung cancer in non-smokers—should not be overlooked. The Colorado Department of Public Health offers free radon testing and guidance on installing mitigation systems.

Entering your 60s introduces new health concerns. Along with continuing previous screenings, both men and women should monitor bone density, as well as memory and cognitive function. Social isolation and loneliness, increasingly common in later years, are serious concerns. The U.S. Surgeon General has declared loneliness a public health crisis, linking it to risks like heart disease, stroke and dementia. In fact, loneliness is associated with premature death as much as smoking 15 cigarettes a day. Many clinics now screen for social determinants of health, such as transportation issues, food insecurity or isolation, and connect patients to resources.

Hearing and vision loss have also become more prevalent. Dr. Joy highlights the importance of addressing hearing loss early. “Hearing loss can lead to social isolation, and it can also lead to

memory loss later in life,” he says. Addressing it promptly can help maintain cognitive health and social engagement.

Regular flu shots are still recommended for vaccines if the patient is at a higher risk of complications. The pneumococcal vaccine is recommended in your 50s or 60s to protect against serious respiratory infections.

Despite the importance of preventative health screenings, some people avoid them due to concerns about cost, time or fear of the results. Addressing fears about the process or potential results with your doctor or loved ones can be helpful. Knowing that early detection can increase survival rates can help, too. For example, the five-year survival rate for colorectal cancer is about 90 percent when detected early. Cost-wise, Medicare covers screenings that are A and B recommendations by the USPSTF—most of what’s been mentioned here. While coverage varies among private insurers, many plans include them. Even for patients paying out-of-pocket, most screenings are low-cost.

Screenings are just one piece of the puzzle. A healthy lifestyle is equally important. That includes reducing alcohol and tobacco use, staying socially active, eating nutrient-rich foods and exercising regularly. Even small changes, like walking more or gardening, make a big difference. You can make this year your healthiest yet by combining preventative health measures with healthy habits. Start by scheduling those appointments—it’s a simple step toward a better you. 

The *Perfect* Cashmere

Add this LUXE SWEATER to your wardrobe for year-round wear

By Hailee Lucchesi

CASHMERE TRULY IS the gift that keeps on giving. Not only because we live in the perfect climate to wear this luxe fabric all year long but also because it is available in a wide array of colors and styles, making it the perfect go-to piece in your closet for almost any occasion.

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What sets cashmere apart is its unparalleled softness. Unlike ordinary wool, cashmere offers warmth without weight, wrapping you in a cocoon of comfort. It's the ultimate indulgence, transforming even the simplest sweater into a statement of elegance. In its natural state, cashmere is an earthy, muted hue, but it readily absorbs dyes, transforming into a spectrum of rich colors.

Whether it's a sumptuous cardigan, an elegant coat or a finely spun shawl, cashmere not only looks beautiful but also stands the test of time, becoming a beloved heirloom. If you are just building your cashmere collection, a perfect selection for Colorado's amazing transitional temperatures is Garbarini's W. Cashmere Celina short-sleeve pullover.

The gorgeous sweater is the exemplification of seasonless luxury. Made with 100 percent cashmere, the timeless shape allows you to wear it time and time again throughout the seasons. Available in seven opulent colors, pair with wax pants for an elevated look, light-wash jeans for a carefree approach or a mid-length full-body skirt for a night on the town.



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Damien Zouaoui and
Jessica French

PHOTO: BY KAREN MILLS



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WITH ROUGHLY 150 brewpubs, breweries and taprooms in the metro area, there is no question: Denver loves its beer. So why not take it a step further and not only drink it but soak in it? That's what husband and wife team Jessica French and Damien Zouaoui decided to offer Denverites after discovering Eastern Europe's beer spas. The couple had been living in New York, but shortly after getting married, they quit their corporate jobs, sold everything they owned and went backpacking through Europe in search of an idea for starting a business.

French and Zouaoui stumbled upon a beer spa in Poland and decided to try it. Other beer spa samplings around the world followed before they returned to bring the concept to the U.S. They landed in Denver.

"We were looking for cities that have a big craft brewery scene. With all the craft breweries and microbreweries here, we knew there would be no shortage of breweries to partner with," French says. "We were also looking for cities that really support small businesses and are very wellness-oriented. Colorado is the least obese state in the U.S. People are very outdoorsy and open to new experiences. All of our market research pointed to Denver being the best location."

They opened Oakwell Beer Spa in the Five Points area in 2019 with small business funding from the city of Denver that required its location to be in an area needing economic development. They settled on a charming building constructed in 1904, conveniently within walking distance of all the breweries and bars in RiNo. They plan to open a second location in early 2025 in Highlands Ranch.

What differentiates this beer spa from other spas is not only the beer but also Oakwell's approach, which also differs from the beer spas in Europe. It's a beer spa and taproom in one. Guests get access to a private suite to bring in a beer from the taproom, enjoy a detoxifying sauna and cool off in a rain shower before soaking in their signature beer bath.

But does it feel—and smell—like dipping into a giant can of beer?

"No!" French says. "If you've ever done a brewery tour, it smells like wort, which is young beer. It's a blend of fresh hops and malt, but there's no yeast. It's not fermented. So, it doesn't have that sweet alcoholic smell to it."

The couple created their own beer soak infused with a beer-based blend of fresh hops and barley mixed with other herbal ingredients that are beneficial to the skin. The spa also has its own beer-infused hair and body products. There's even a candle with the scent of the beer ingredients and herbs used in the spa. Other features include zero-gravity massage chairs, a rotating roster of local partner beers in the taproom, and wine, cider and non-alcoholic drinks to please all tastes.



PHOTO: COURTESY OAKWELL BEER SPA

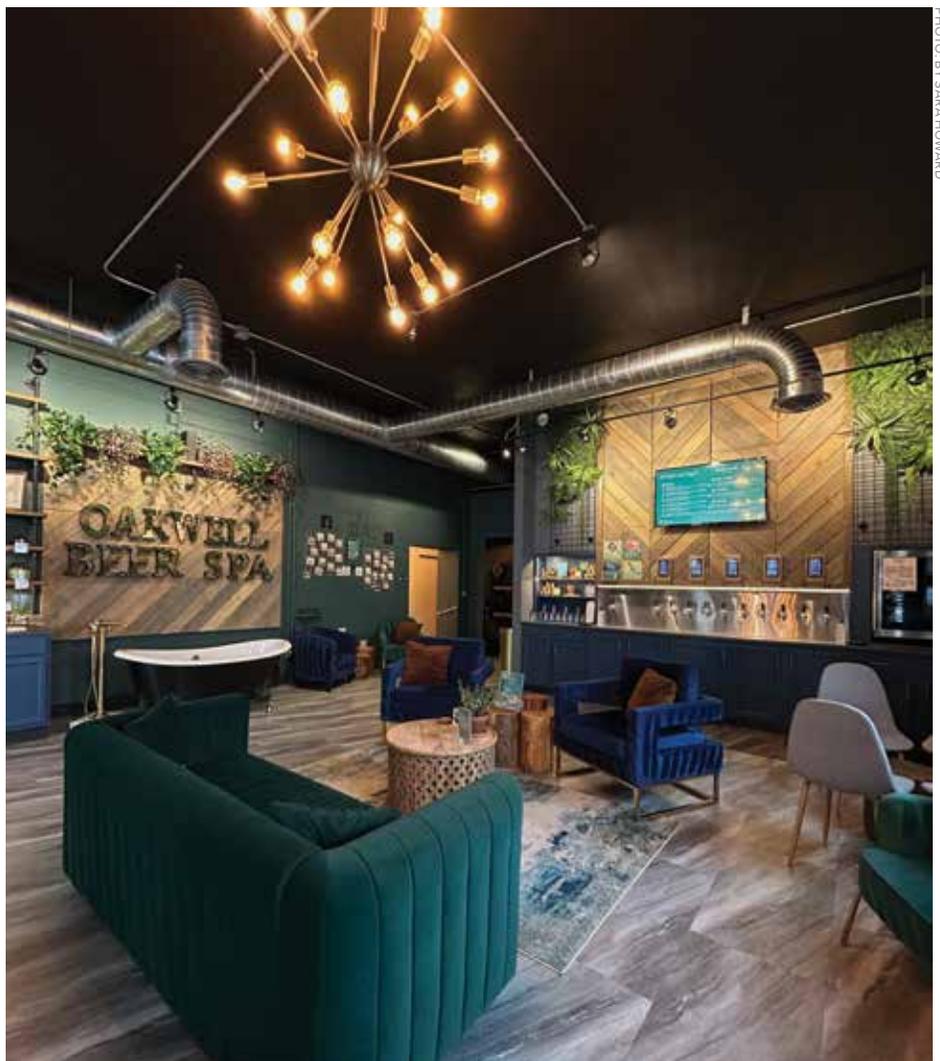


PHOTO: BY SARA HOWARD

The couple says the goal is to create an upscale, gender-inclusive experience, unlike the girly or party-scene beer spas they saw elsewhere. The new Highlands Ranch location will feature a patio to create a sense of community. "We hope it serves as a gathering place," Zouaoui says. "We want people to come hang out, have a drink, en-

joy the massage chairs and a different kind of spa experience."

OAKWELL BEER SPA
oakwell.com

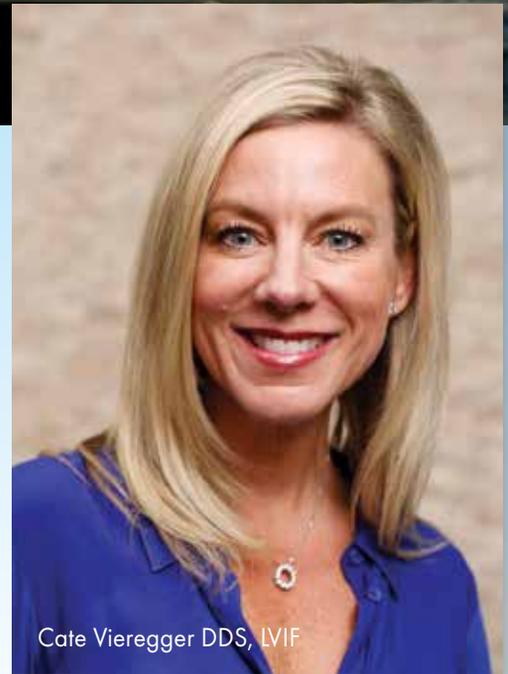


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Marvelous Maui

WAILEA RESORT is an ideal home base for exploring the island's rich heritage and phenomenal water-based activities

By Jim Bebbington

PHOTO: COURTESY WAILEA RESORT ASSOCIATION/RANDY JAY BRAUN



JET OFF TO the sun-soaked south-central coast of Maui to escape winter and enjoy a paradise of diverse activities that cater to both the adventurous spirit and those seeking tranquility. This area's calm waters are especially favorable for snorkeling, diving, surfing, stand-up paddleboarding and kayaking.

For a tranquil experience, start your mornings with serene strolls along the golden sands of Wailea Beach, soaking up the view of the impressive Haleakalā volcano. Then, hit the water for whale-watching excursions during the winter months—generally December through May—when the humpbacks are ever-present.

If snorkeling or diving is your thing, Molokini Crater, a crescent-shaped, partially submerged volcanic crater located about 2.5 miles off the coast, is one of the most popular destinations. These clear waters—with visibility up to 150 feet—are teeming with technicolor coral gardens plus more than 250 species of fish. Be

sure to watch for endangered sea turtles.

For a cultural immersion, historic Hawaiian villages in the area offer the chance to indulge in a traditional luau. Marvel at the rhythmic hula performances and bask in the famous Maui sunsets.

But let's not forget your beautiful home base—Wailea Resort. There are eight hotel and resort complexes along the Wailea shores. Within the community are homes, residences, villas and condos available for all manner of visit durations, such as quick trips with buddies or over-winter stays. The resort community has evolved over decades of development and spans 1,500 acres along 1.5 miles of Pacific oceanfront. In addition to the hotels and residences, there are four boutique commercial districts, three world-class resort golf courses and a tennis center.

Also, within the Wailea Resort community,

five beaches provide instant access to snorkeling and diving experiences: Keawakapu Beach, Ulua Beach, Wailea Beach, Mokapu Beach and Polo Beach. They are a short walk from anywhere in the community or out the back door of some of the most elite seaside residences.

Wailea also offers a range of spa and wellness offerings. The largest spa in Hawaii, Kilolani Spa at the Grand Wailea, opened in 2024. Additionally, poolside luxury is available for anyone staying at any of the hotels in the community. For people opting for private residences and condominiums, many resorts offer day passes for families to use the lazy rivers, waterfalls and lounges. Whale-watching tours, kayak excursions, sunset cruises and diving tours are available daily from hotels in the community and nearby. "Wailea is gracious hospitality, and we have so much to offer our visitors," says Wailea Resort Association's Kathleen Costello. >>>



PHOTO: COURTESY WAILEA RESORT ASSOCIATION / RANDY JAY BRALIN



PHOTOS: COURTESY FAIRMONT KEA LANI

WALEA DINING

There are more than 50 eateries within the resort area, including pubs, kitchens and restaurants—many with top ratings.

Start your day at Akamai Coffee—either within Wailea or nearby Kihei—a regular on the ‘best of Maui’ lists. There are dozens of lunch options: grab-and-go for a beach picnic or to enjoy poolside. The popular Monkeypod Kitchen features fare from island farms and ranches as well as hand-tossed pizzas. Take a peek at Koholā Brewery’s new taproom.

All the resorts have high-end dining options, including ‘Ikena at the Grand Wailea, Ferraro’s Restaurant & Bar at the Four Seasons Resort and the AMA Bar & Grill at the Fairmont Kea Lani. There’s also Pilina at Fairmont Kea Lani, Humuhumunukunukuāpua’a at the Grand Wailea, Humble Market Kitchin by Roy Yamaguchi at Wailea Beach Resort, Morimoto Maui at Andaz or visit Gather on Maui for a 19th hole at Wailea Golf Club.

Outside the resort, you’ll find sumptuous Asian fusion staples, and Oao is a delicious excursion for sushi. Hungry but still need to catch an important game? The sports gastro-pub The Pint & Cork is worth a visit. wailearesortassociation.com



JANUARY



PHOTO: COURTESY OF CHLOE BERNARDINI

Plan ahead! March 7–9

COLORADO GOLF EXPO

The 2025 Colorado Golf Expo will prove to be the greatest “golf centric” experience and a perfect time to spend with your partner, golf group or kids. Look forward to three fun-filled days featuring 130+ exhibitors, trying out new model clubs, planning vacations, attending free seminars, winning prizes and more. Hours, additional details and tickets available online. **DENVER**, coloradogolfexpo.com

across six days includes more than 200 hours of live music at different venues around town, and there are special ticket packages that include lodging, skiing, swag and a handy shuttle service. **STEAMBOAT SPRINGS**, themusicfest.com

January 11–26

NATIONAL WESTERN STOCK SHOW & RODEO

Held every January at the National Western Complex, it's the nation's premier livestock, rodeo and horse show, serving agricultural producers and consumers throughout the world. Enjoy rodeos featuring top-notch bull riders, horse shows, livestock competitions and auctions. Make a night of it! Full schedule and list of events available online. **NATIONAL WESTERN COMPLEX**, nationalwestern.com

January 17

GAME SHOW NIGHT

Time for Game Show Night at HRCa. Host and comedian Rion Evans will lead the audience through its favorite TV game shows like Family

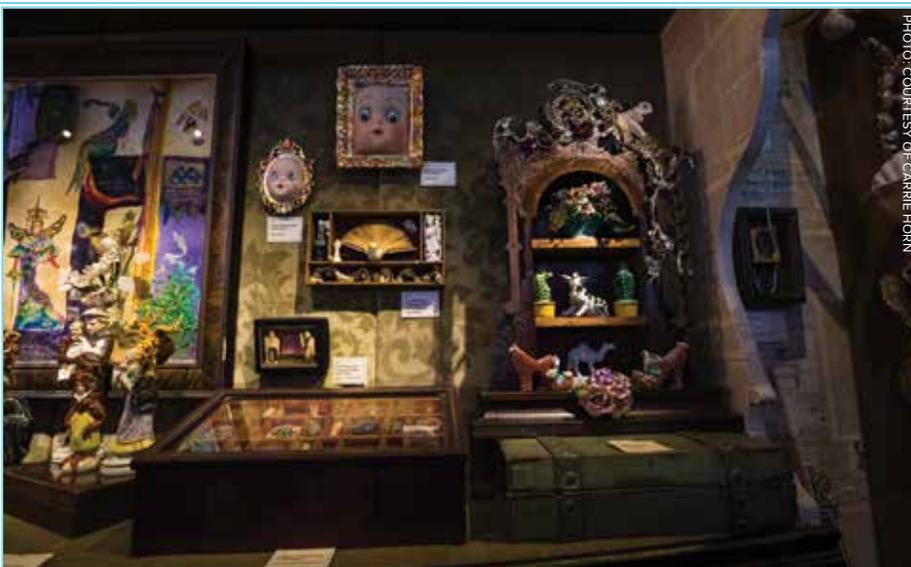


PHOTO: COURTESY OF CARRIE HORN

Ongoing through February 7

CURIOS OBJECTS

Calling all art lovers ... The Museum of Outdoor Arts has debuted a captivating new collection of artworks by local artist Lonnie Hanzon within the “Cabinet of Curiosities and Impossibilities.” This temporary exhibition marks the first of many to come, as the Cabinet is designed to feature rotating displays of unique artworks by various artists within the museum's front windows, much like a traditional curio shop. Lonnie Hanzon, known for drawing inspiration from a diverse array of objects, presents a collection inspired by a variety of themes, including the enchanting beauty of corals and the mythical sea siren, as presented within this diverse array of artworks. Currently accessible by guided tour appointment only. **GREENWOOD VILLAGE**, moaonline.org



PHOTO: COURTESY OF ERIN BIRD

January 18

SINGING BOWLS AT THE GARDENS

Join intuitive sound artist, Ann Martin, and her family of singing bowls and gongs for a harmonious, sound healing meditation. Experience first-hand how to stop the mind chatter and bring the brain and body to a place of uncommon peace. The event concludes with a full spectrum of healing frequencies from the 36-inch OM Gong, to vibrate and harmonize every cell. Bring centering, awakening and blissful balance to your world. **BOTANIC GARDENS YORK STREET**, botanicgardens.org

Ongoing through January 24

HOLIDAY AFTERNOON TEA

AT THE BROWN PALACE HOTEL

Experience this sought-after holiday tradition while enjoying Denver's Grand Dame—The Brown Palace Hotel and Spa—in all her holiday-decorated grandeur, with the Denver Debutante Chandelier being the star of the show. Guests enjoy a pot of properly brewed English tea accompanied by scones served with Devonshire cream and preserves, savory tea sandwiches, and a delightful array of classic tea pastries, all while being serenaded by a melodic piano playing seasonal and classic favorites. Reservations for this experience fill up quickly and can be made on OpenTable here, by emailing diningreservations@brownpalace.com, or calling 303.297.3111. **DENVER**

January 6–7

COORS WESTERN ART EXHIBIT & SALES

Held in conjunction with the National Western Stock Show, the curated art show has earned a reputation as one of the finest exhibitions of Western art in the country. It features an eclectic mix of styles and mediums, from established artists to previously unknown talent. The exhibit will be open to the public from January 11–26, in the Coors Western Art Gallery on the third floor of the Expo Hall at **NATIONAL WESTERN COMPLEX**, coorswesternart.com

January 6–11

THE MUSICFEST AT STEAMBOAT

Head up to Steamboat Springs for this one-of-a-kind music festival billed as “the Super Bowl of Texas Music.” The jam-packed schedule of shows

Feud, Wheel of Fortune, Jeopardy, and Press Your Luck for a chance to win exciting prizes. This event is great for the whole family. No food served, so eat before you arrive. Cash bar will be available. **HIGHLANDS RANCH**, hrconline.org

January 17–February 9

MARY POPPINS

“Mary Poppins the Musical,” starring everyone's favorite practically perfect nanny, is here to take

the PACE Center stage. The jack-of-all trades, Bert, introduces us to England in 1910 and the troubled Banks family. Young Jane and Michael have sent many a nanny packing before Mary Poppins arrives on their doorstep. Using a combination of magic and common sense, she teaches the family members to value each other again. Mary Poppins takes the children on many magical and memorable adventures, but Jane and Michael aren't the only ones upon whom she has a profound effect. Even grown-ups can learn a lesson or two from the nanny who advises that: "Anything can happen if you let it."
PACE CENTER, parkerarts.org

January 17–19

THE DENVER BOAT SHOW

From jet skis to cabin cruisers, this annual show has just about any type of watercraft you're looking for. Vendors will also have boat supplies, equipment and accessories, plus other products related to outdoor recreation. Don't miss the boat—create magical moments.
COLORADO CONVENTION CENTER, denverboatshow.com

January 20

MARTIN LUTHER KING JR. MARADE

Denver's annual Marade (march and parade) honoring civil rights leader Martin Luther King Jr. is one of the largest celebrations in the nation. The event includes a big parade, a laying of the wreath, live entertainment and a service project to help clean up Civic Center Park. 9:30 a.m. start at **CITY PARK**, drmartinlutherkingjrche.org

January 20–29

INTERNATIONAL SNOW SCULPTURE CHAMPIONSHIPS

Get bundled up for this world-renowned snow sculpting competition where teams from around the world descend on Breckenridge to hand-carve 25-ton blocks of snow into enormous, intricate works of art. Artists are only allowed to use hand tools, creativity and inspiration to bring their ideas to life. No power tools allowed. Teams sculpt countless hours over five days (totaling around 94 hours), resulting in a temporary outdoor art gallery in historic downtown Breckenridge. **BRECKENRIDGE**, gobreck.com

January 22

ARTS IN THE AFTERNOON: SCOTT KIRBY

Kirby has achieved a rarified status as a performer of ragtime and related American styles. His unique presentation highlights the worlds of Classic Ragtime, New Orleans Jazz and Blues, then expands to include the marches of John Philip Sousa, the songs of Stephen Foster, Latin-American styles, Afro-Cuban rhythms, European Romanticism, Rock and Roll, and original works. Kirby's sense of Americana is enhanced by his historical commentary, and also by his artwork. **LONE TREE**, lonetreartscenter.org

January 23–25

WINTER X GAMES

X Games returns to Buttermilk Mountain in

Aspen Snowmass with some of the world's best action sports athletes competing in ski and snowboard events. Featuring men's and women's ski and snowboard competitions in the disciplines of SuperPipe, Slopestyle, Big Air, Knuckle Huck and Street Style. In addition to competition, comes the return of music appearances each night. Tickets will be general admission, and fans will have the option to upgrade to multiple premium options which include added perks and experiences. **ASPEN**, xgames.com

January 24

79TH ANNUAL STEER AT THE BROWN PALACE HOTEL

Upholding a beloved tradition in the Mile High City, The National Western Stock Show's 2025 Grand Champion Steer will make a regal entrance and waltz down the red carpet into Denver's most elegant and iconic room—the nine-story atrium lobby of The Brown Palace Hotel & Spa—to preside over the hotel's age-old institution of Afternoon Tea. This unique tradition celebrates the Mile High City's western heritage. Tickets are available now through Eventbrite and must be reserved in advance of the event. General admission tickets are complimentary. A VIP Viewing & Luncheon option is available for \$175 and includes a refined barbeque lunch, two signature Pendleton Whiskey cocktails, an open bar of beer and wine, professional photos with the prize steers, and viewing from the second level. A cash bar will also be available. Both the General Admission and VIP tickets include the opportunity to take a picture with the steers. **DENVER**, brownpalace.com



PHOTO: COURTESY OF VISIT MANITOU SPRINGS

January 25

THE GREAT FRUITCAKE TOSS

Love it or hate it, fruitcake is a classic holiday tradition. This quirky annual event in Manitou Springs, now in its 29th year, includes a fruitcake-tossing competition for all ages, a fruitcake costume contest, a fruitcake bake-off and much more. Rent the official event fruitcake for just \$1. And don't worry, all of the leftover fruitcakes go to SunMountain Center so they can be fed to their resident animals, including their pig, Jezebel. **MANITOU SPRINGS MEMORIAL PARK**, manitousprings.org



PHOTO: COURTESY OF DENVER WINTER WHISKEY TASTING FESTIVAL

January 25

DENVER WINTER WHISKEY TASTING FESTIVAL

If you're looking to warm up from a cold winter's day with a delectable round of spirits (and you're over the age of 21), the Denver Winter Whiskey Festival is your calling. Featuring more than a dozen Colorado distilleries, guests will have the opportunity to try 15 to 20 different 0.25oz pours of whiskey. And, in addition to being able to purchase other drinks and food, some tickets come with access to a buffet or small bites area, early admission, gifts, and extra time to meet the brands. **DENVER**, eventbrite.com

January 25–26

43RD ANNUAL COLORADO INDIAN MARKET & SOUTHWEST ART FEST

This colorful celebration of Native American, Southwestern and Western arts features 150 top quality juried artists and craftsmen alongside tribal dances, award winning entertainers, culinary booths and interactive special attractions. It's an experience for all who attend and participate. This festival will be back in the heart of downtown Denver, with dates coinciding with the final days of the National Western Stock and Rodeo Show. **DENVER**, dashevents.com

January 27

LITERATURE TO LIFE: "THE GREAT GATSBY"

Literature to Life takes on F. Scott Fitzgerald's classic work as its newest title in its Signature Performance series. Set in the Jazz Age of the roaring '20s, this story about dreams, love and American idealism follows Nick Carraway and his interactions with mysterious millionaire neighbor Jay Gatsby and his former lover Daisy Buchanan. The novel touches on the treatment of different social classes, "old money" versus "new money" ideology, gender, race, environmentalism and the price of the American Dream. **LONE TREE**, lonetreartscenter.org

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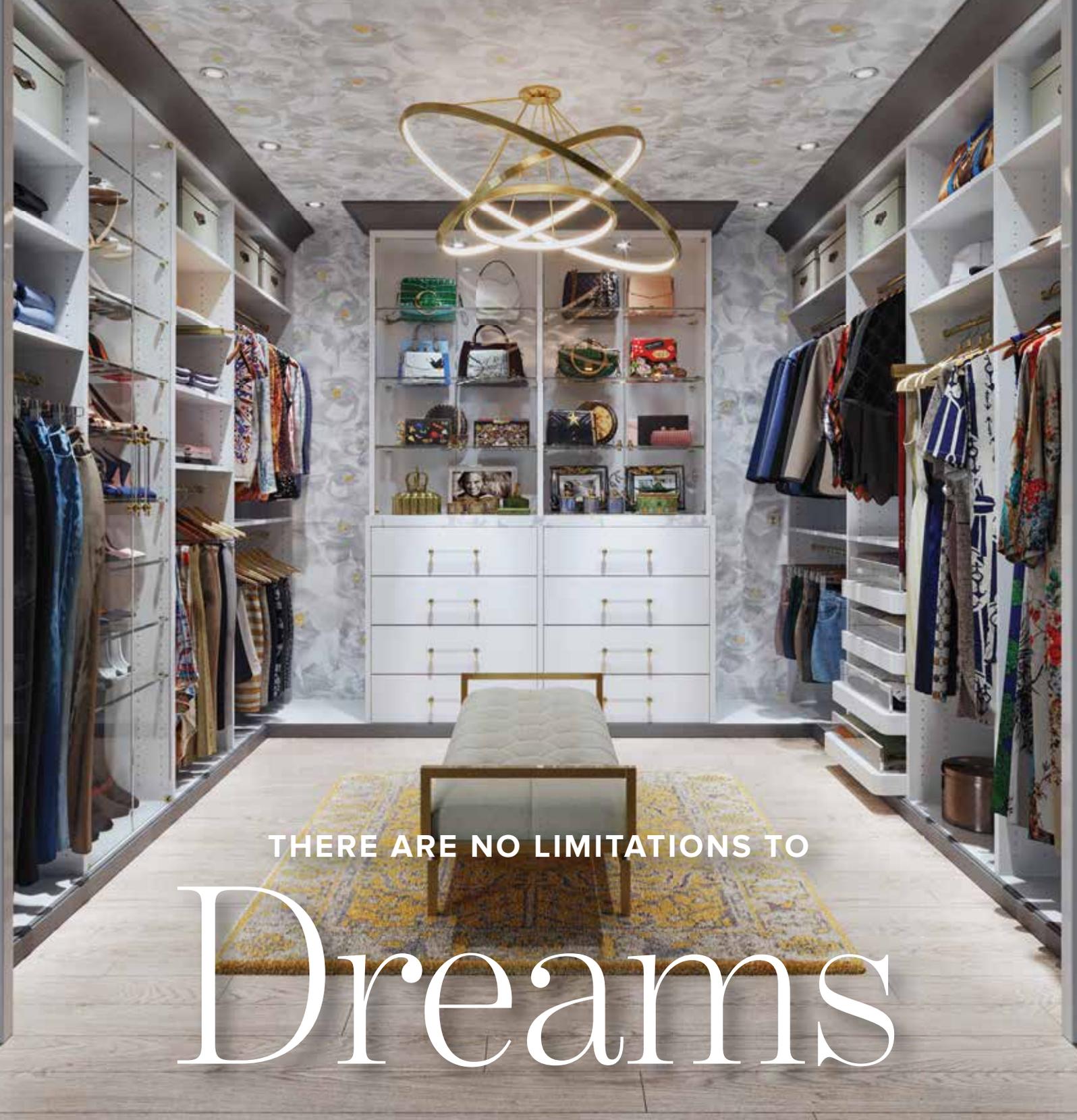
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