

Avid Lifestyle

GREENWOOD VILLAGE CHERRY HILLS CASTLE PINES & SOUTH SUBURBS

AvidLifestyle.com

Inviting Outdoors

Landscape design can make or break your connection from indoors to out

GREEN DENVER

has been ahead of the curve on energy efficiency



A WINNING SMILE is good for your health

Saving horses from the 2020 TROUBLESOME FIRE

PET-FRIENDLY travel in Spanish Peaks

Legendary. Local.

LIMITLESS

THE SPRING MARKET IS IN FULL BLOOM—LET'S FIND YOUR PERFECT PLACE



BUY • SELL • RESIDENTIAL • COMMERCIAL • MORTGAGE • INSURANCE • WARRANTY • RENTALS • RELOCATION

Kentwood

WWW.KENTWOOD.COM



Recognized as a Top-Ranked Financial Advisor in Denver

\$123 B+ in Assets Under Management Nationwide*

Exclusive Wealth, Investment and Family Office Solutions for Affluent Individuals, Couples, and Families.

- Investment Management
- Wealth Management
- Family Office Services
- Retirement Planning
- Tax & Estate Planning
- Alternative Investments Access

Experience a better approach to financial service, built on trust and transparency



Start Your Wealth Planning Journey:

Visit ceritypartners.com/Denver-Tech-Center or call us at (303) 721-7000



"I've been serving clients in the region since 1990. My colleagues and I would love to begin the conversation with you."

Joseph J. Janiczek, MSFS, ChFC®

Partner & Practice Leader
jjaniczek@ceritypartners.com

*AUM as of 12/31/24.

Cerity Partners LLC ("Cerity Partners") is an SEC-registered investment adviser with multiple offices throughout the United States. For additional information about Cerity Partners, including fees, conflicts of interest, and services, review our Form CRS and ADV Part 2 at www.ceritypartners.com

Read our award disclosures at: <https://ceritypartners.com/award-disclosures/>.

©2025 Cerity Partners LLC. All Rights Reserved.

Kentwood



NEW
LISTING

IN CHERRY HILLS VILLAGE



All information deemed reliable but not guaranteed and should be independently verified. All properties are subject to prior sale, change or withdrawal. Neither is intended to, nor Kenwood Real Estate shall be responsible for any typographical errors, misinformation, misspellings and shall be held totally harmless.

JM

MID-CENTURY CHARM IN CHARLOU

40 CHARLOU CIRCLE • \$2.385M

5 beds | 4 baths | 7,055 square feet

0.90 acre lot | full mountain views

walk-out ranch

MarkusDreamHomes.com

303.817.0192



jennifermarkus





For luxury, style, and unmatched value,
you belong at Lorton's.

12th & Broadway • Downtown Denver • 303.529.8386 • HowardLorton.com
Complimentary Design Service • Free On-Site Parking • Free Delivery



HOWARD LORTON
— FURNITURE & DESIGN —





PHOTO: SHUTTERSTOCK.COM / KEISEY BAILEY

departments

- 10 **SETTING THE STAGE**
Striving For Better
By Heather Shoning
- 12 **arts & culture**
ART IN THE SUBURBS
The Highlands Ranch Cultural Affairs Association begets fine art and events
By Kastle Waserman
- 16 **local flavors**
TASTY BITES
What you need to know about local dining and imbibing
- 18 **NOT YOUR AVERAGE HOSPITAL FARE**
Chef Adam Freisem explains the allure of heading to the hospital for dinner
By Jay McKinney
- 20 **SAVORING CULINARY COMMUNITIES**
A rising restaurant week celebrating Denver's Asian communities
By Rebecca Toy
- 28 **influencers**
FROM TROUBLESOME TO TRIUMPH
Author and wrangler Ami Cullen finds herself saving horses
By Kastle Waserman
- 30 **dwelling well**
TAKE A DIP
The perfect soak awaits you right at home
By Heather Shoning
- 32 **INVITING OUTDOORS**
Indoor-outdoor living at its best
By Heather Shoning
- 46 **healthy living**
MIND YOUR DENTAL HEALTH
How tending to your teeth can boost physical and mental well-being
By Kristen West
- 50 **ready to wear**
EN VOGUE
Fashion news you can use
- 52 **MAKING AN IMPACT**
Colorado Threads' eco-friendly, adventure-ready sustainable fashion
By Kristen West
- 56 **wayfarers**
DOG-FRIENDLY WALSENBURG
Head south for a weekend getaway, pups in tow
By Jamie Lynn Miller
- 62 **can't-miss events**
ON THE AGENDA
Taste of Vail, Aspen Shortfest, "Napoleon Dynamite Live," Earth Day events and more

FEATURED

38

Green Denver

Coloradans, with some of the prettiest surroundings in the world and lots to lose as a consequence of environmental damage, have long been leaders in reaching for renewable energy and environmental sustainability.

In a new year when sustainability is a hotly debated topic, Denver ranks as a city where that's long been a priority.

By Mark Samuelson

ON THE COVER: Inviting Outdoors, page 32

PHOTO: NEIL - STOCK.ADOBE.COM

DREAM BIGGER. BANK BETTER.

Whether it's business banking, wealth management, mortgages, or more, we've got you covered. With over 120 years of proudly serving our community, we combine local expertise with the strength of a \$19 billion bank. Last year we funded over \$700 million in commercial and residential loans in Colorado. Let us help you achieve your financial goals!



Charlie Cartwright,
Business Development Officer
Private Banking, Colorado

Baxter Fain,
President

Steve Harlan,
Wealth Management Advisor
Central Trust Company, Colorado



Central Bank

Strong roots. Endless possibilities.™

*Banking | Private Banking | Business Banking
Mortgage | Wealth Management*



NMLS #407985
Member FDIC

**SCAN THE QR CODE TO
SEE OUR LOCATIONS**

BLACK+HAUS T A V E R N

Private DINING



Experience phenomenal private dining at Black+Haus Tavern, with two locations in Parker and Littleton. Whether you're celebrating a special occasion, hosting a corporate gathering, or planning an intimate dinner, our private dining spaces offer the perfect blend of ambiance, exceptional service, and a curated menu tailored to your event.

FOR INQUIRIES, PLEASE FILL OUT THE FORM ON OUR WEBSITE.

WWW.BLACKHAUSTAVERN.COM

Avid Lifestyle

April 2025 // vol. 7 // no. 1

PRESIDENT/GROUP PUBLISHER
Allen J. Walters

CONTENT DIRECTOR, *Colorado AvidGolfer*
Jim Bebbington

SALES, MARKETING & ADVERTISING
VP OF SALES & MARKETING
Lori Perry

ADVERTISING ACCOUNT MANAGER
Minda Carmann

MARKETING DIRECTOR
Chris DeConna

DIRECTOR OF GOLF OPERATIONS
Michael T. Colander

DIGITAL STRATEGIST
Brendan O'Keefe

ART & EDITORIAL
EDITOR
Heather Shoning

ART DIRECTOR
Michelle M. Gutierrez

PARTNER
Chris Phillips

CONTRIBUTORS
**Amanda Lacey, Jay McKinney
Jamie Lynn Miller
Mark Samuelson, Rebecca Toy
Kastle Wasserman, Kristen West**

ADVERTISING INQUIRIES:
allen@coloradoavidgolfer.com

EDITORIAL INQUIRIES AND LETTERS:
heather@avidlifestyle.com

CUSTOMER SERVICE:
720.493.1729

MAILING ADDRESS:
9350 E. Arapahoe Road, #210
Greenwood Village, CO, 80112

AvidLifestyle (ISSN 2642-0562) is published twelve times a year by Baker-Colorado Publishing, LLC, and printed by Publication Printers Inc. Volume six, number two. 9350 E. Arapahoe Road, #210, Greenwood Village, CO 80112. Order your personal subscription to *AvidLifestyle* at avidlifestyle.com or by calling 720.493.1729. Subscriptions are available at the rate of \$12 per year. Copyright © 2023 by Baker-Colorado Publishing, LLC. All rights reserved. Reproduction without permission is prohibited. Postmaster: Send address changes to *AvidLifestyle*, 9350 E. Arapahoe Road, #210, Greenwood Village, CO 80112. The magazine welcomes editorial submissions but assumes no responsibility for the safekeeping or return of unsolicited manuscripts, photographs, artwork or other material.



YOUR CURATED ADVENTURE AWAITS



Just an hour south of Denver is an oasis of both relaxation and activity. Explore a variety of specially priced packages and curated stays, whether your interest is piqued by golfing on award-winning greens, or relaxing in our world-class spa, there is a luxurious option a for all tastes. Enjoy lavish accommodations, from patio views to spa-like bathrooms. Explore culinary delights with fine dining, handcrafted cocktails and mocktails in any of our three restaurants. Create new memories with one of the most beautiful backdrops in Colorado. Your adventure awaits!

SCAN THE QR CODE TO EXPLORE CURRENT OFFERS!



(866) 335-2792
3320 Mesa Road Colorado Springs CO 80904
GARDENOFTHEGODSRESORT.COM

GARDEN
OF THE GODS
RESORT • WELLNESS • CLUB

ADVERTISEMENT



MORTGAGE SERVICE WITH A PURPOSE

We offer a wide variety of home financing options. When it's time to secure home financing for your family, call me!



John Pavlakovich

NMLSR ID: 801982
Executive Mortgage Consultant
Cell: 720-308-2507
John.Pavlakovich@phmlans.com
JohnPavlakovich.phmlans.com
215 Saint Paul St, Denver, CO 80206



©2025 Prosperity Home Mortgage, LLC. (877) 275-1762. 3060 Williams Drive, Suite 600, Fairfax, VA 22031. All first mortgage products are provided by Prosperity Home Mortgage, LLC. Not all mortgage products may be available in all areas. Not all borrowers will qualify. NMLSR ID #75164 (For licensing information go to: NMLS Consumer Access at <http://www.nmlsconsumeraccess.org/>) Licensed by the Department of Financial Protection and Innovation under the California Residential Mortgage Lending Act. Licensed by the Delaware State Bank Commissioner. Georgia Residential Mortgage License. Massachusetts Mortgage Lender and Mortgage Broker MC75164. Licensed by the NJ Department of Banking and Insurance. Licensed Mortgage Banker-NYS Department of Financial Services. Rhode Island Licensed Lender. Rhode Island Licensed Loan Broker. Rhode Island Licensed Third-Party Loan Servicer. Also licensed in AK, AL, AR, AZ, CO, CT, DC, FL, ID, IL, IN, KS, KY, LA, MD, ME, MI, MN, MO, MS, MT, NC, ND, NE, NH, NM, NV, OH, OK, OR, PA, SC, SD, TN, TX, UT, VA, VT, WA, WI, WV and WY. #MNC241014 Expires 12/2025



TALK OF THE TOWN

KNOW SOMEONE who should be featured in AvidLifestyle?

Tell me about them at heather@avidlifestyle.com



PHOTO: BY VANESSA MIRANDA

STRIVING FOR BETTER

IN COLORADO, “striving for better” is more than a mindset—it’s a way of life. Rooted in a deep connection to nature, our communities continuously seek balance, harmony and improvement across sustainability, health and wellness, and outdoor living. The great outdoors is our shared playground and our greatest teacher. Hiking, skiing, climbing, and simply breathing in the fresh mountain air remind us of the importance of preserving the land we cherish. I know each time I take a gander at the foothills or a deep breath on a high-country trail, my appreciation and responsibility toward the environment increases.

When it comes to industrial sustainability, we’ve been a leader, and writer Mark Samuelson explores how Colorado has implemented measures to reduce some of the top energy-consumption aspects: building performance of homes, offices and commercial centers and transportation factors like personal and business vehicle use (Green Denver, page 38).

Health and wellness go together with this sustainable lifestyle. One local company, Colorado Threads, is striving for better by making athletic products with sustainability at the forefront of its processes (Making an Impact, page 52).

Nature sometimes has its way with us, and there’s not much we can do about it. Lawyer-turned-rancher Ami Cullen found herself faced with outrunning the Troublesome Fire in 2020—and trying to save the C Lazy U’s herd of 200 horses. The experience was so profound she recently wrote a book to commemorate it and honor those who helped save the animals (From Troublesome to Triumph, page 28).

There’s so much more to experience in this issue, including a review of Manna, the fine-dining restaurant that’s in a hospital—yes, a hospital; Dr. Charles S. Barotz, known for his cosmetic dentistry prowess, describes how dental health can affect more than just your mouth; and writer Jamie Lynn Miller takes us on a pet-friendly exploration in the southern part of the state.

Happy reading. I hope when this issue hits your mailbox, it’s a beautiful spring day like it is while I’m writing. (I’m striving for better when it comes to “working” outdoors. Ha!) Get outside and enjoy the bounty of our beautiful Centennial State!

Heather Shoning

AvidLifestyle strives to celebrate the best and brightest of our community. It’s our mission to lift up the businesses and organizations that make our south metro communities so inviting. But it’s the people who make everything about communities thrive. If you know someone who should be highlighted in these pages, please contact me at heather@avidlifestyle.com today. I can’t wait for an introduction!

FRESH
EATERIES



FREE
PARKING



SAVORY
DINING



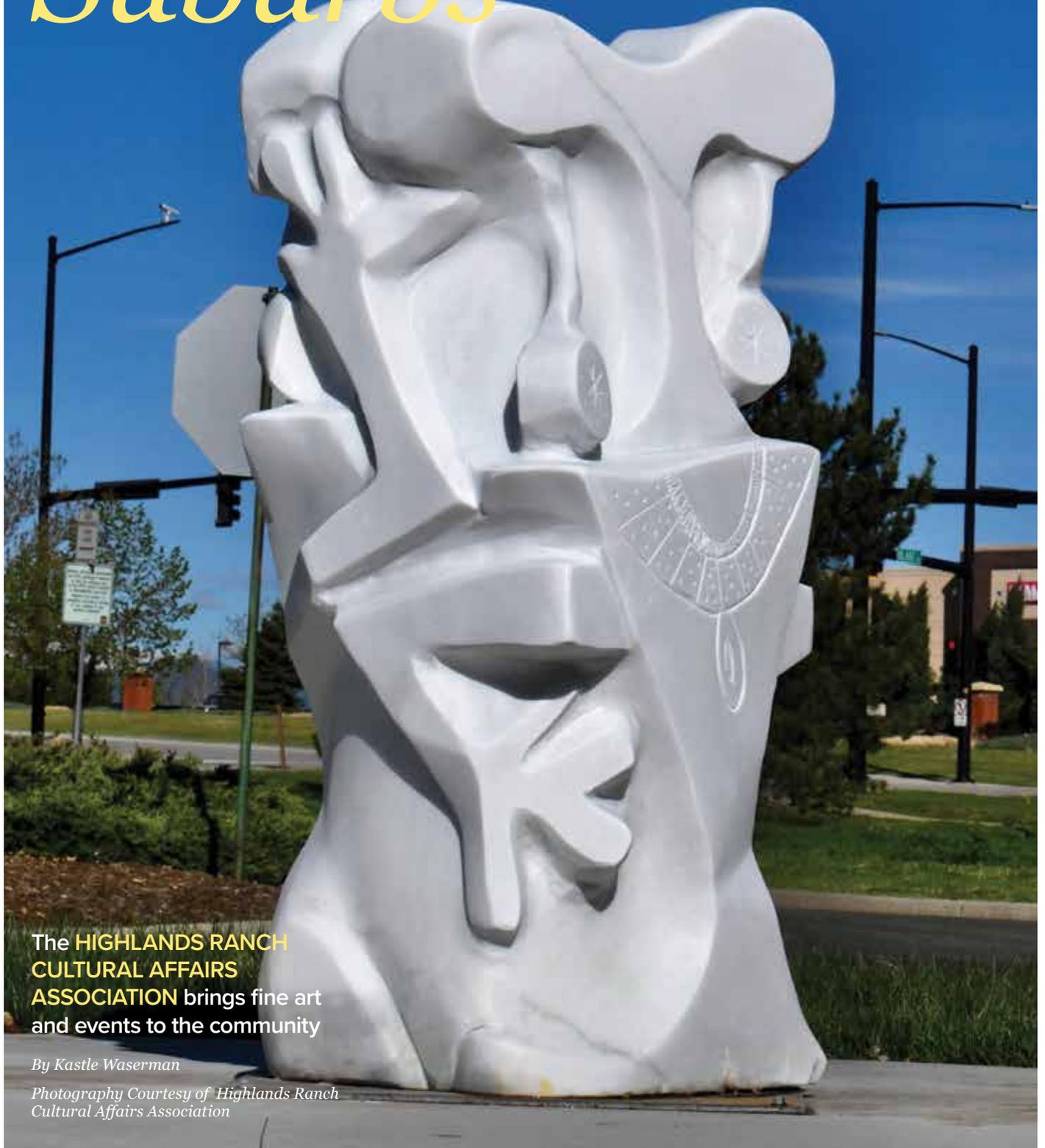
PARK MEADOWS

MOTHER'S DAY IS MAY 11TH. CELEBRATE MOM WITH BRUNCH
OR DINNER AT ONE OF HER FAVORITE RESTAURANTS.

PERRY'S STEAKHOUSE & GRILLE SEASONS 52 FOGO DE CHÃO
P.F. CHANG'S EDO HIGAN SUSHI THE CHEESECAKE FACTORY
WHITE CHOCOLATE GRILL EARL'S NORDSTROM GRILL

PARKMEADOWS.COM

Art in the *Suburbs*



The **HIGHLANDS RANCH CULTURAL AFFAIRS ASSOCIATION** brings fine art and events to the community

By Kastle Waserman

Photography Courtesy of Highlands Ranch Cultural Affairs Association



MORE THAN three decades ago, a large swath of land south of Denver became a new master-planned residential community called Highlands Ranch with home-lined streets, multiple schools, four recreation centers, ample open space, community parks and a town center.

The Highlands Ranch Community Association (HRCA) worked to create robust community offerings, classes, sports and fitness activities. However, with the Denver Center for the Performing Arts and a majority of fine arts galleries some 20 miles away, there was little nearby access to high-quality cultural events and exhibits. The idea of forming its own cultural committee was born. The Cultural Affairs Association (CAA) launched in 2001 as a nonprofit organization providing low-cost entertainment programming, including art, music, dance and theater events.

“We wanted to have something similar to downtown Denver and make it accessible to the folks living out here. The CAA focuses on bringing awesome arts programming to the suburbs,” says community events manager Sarah Mirick, who’s worked with the HRCA for three years.

Events organized by the CAA include family magic shows, Chinese New Year celebration, comedy nights, a summer concert series, Highlands Ranch Pioneer Days and Oktoberfest.

On March 5, the Chamber Music Society of Greater Denver began its first-ever residency with performances and activities scheduled at the Wildcat Mountain Auditorium. On

April 17, CAA presents a night of music at the historic Highlands Ranch Mansion. Events are available to residents and non-residents, some ticketed and others free of charge.

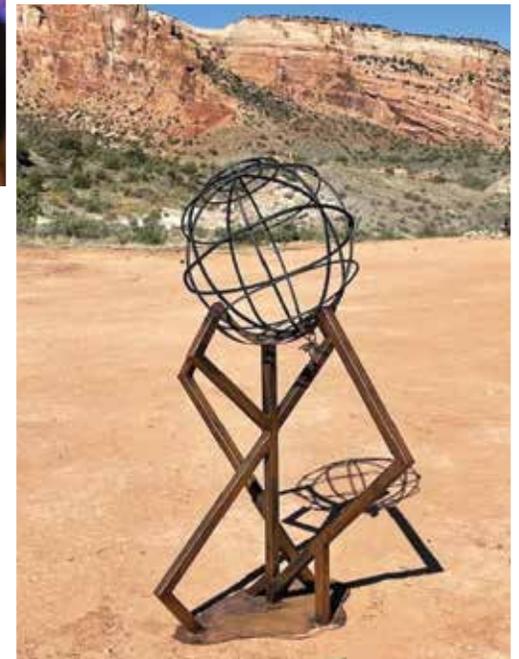
“We really try to bring a diverse range of programming to the community. We challenge ourselves to stay current and reflect what the community is interested in and to find ways to offer something new and different,” Mirick says.

In addition to cultural events, the association also offers Art Encounters, a Douglas County project designed to encourage interest in art with an outdoor sculptural exhibit in various media and styles displayed throughout Highlands Ranch.

The lobby of the Northridge Recreation Center houses a permanent exhibit of four canvas fine art paintings entitled “Metamorphosis” by local artist James Holmes. It was initiated by Girl Scout Gold Award recipient Grace Bielefeldt, a survivor of the 2019 Highlands Ranch school shooting, to express the cycle of healing through the four seasons.

“It’s a very special project and probably the most important work I’ve done because it’s touched so many people,” Holmes says. “It’s a wonderful thing for the community and says a lot about the HRCA having the willingness to commit that space to a work of art and make it an opportunity for people to heal.”

The Highlands Ranch Cultural Affairs Association is a 501(c)3 nonprofit organization funded in part by the Scientific and Cultural



Facilities District, which supports arts as well as cultural and scientific organizations within the Denver area through a voter-approved penny sales tax on every \$10 purchase. The CAA also accepts donations that can be made on the HRCA website.

Mirick says the goal is to align the CAA with the HRCA mission statement of “enhancing property values and creating quality of life through recreation, community events and leadership” and to offer exciting cultural events for residents and surrounding members of the Highlands Ranch area.

“We have something for everyone,” Mirick says. “It’s a great way for folks to meet people, engage with their community and enjoy living here.”

Visit hrcaonline.org for more information.



Central Bank Cup

A Colorado AvidGolfer Signature Event

Where Legends Compete, and Champions Rise

REGISTRATION IS OPEN!

Ravenna Country Club | August 11, 2025

**REGISTER
HERE!**





**A GOLF
EXPERIENCE
LIKE NO OTHER**



AUGUST 10, 2025

**THE FAMOUS
“PLAYERS PARTY”**

- Eddie V's Prime Seafood Restaurant
- Lavish Hors d'oeuvres & Entertainment
- Specialty Cocktails featuring the “Smoked Old Fashioned”

THE GOLF

- Custom Pins & Aces Swag worth \$200
- Renowned Mimosa & Bloody Mary Bar
- Mountainside Breakfast
- 18 Holes of Scenic Golf at Colorado's Premier Country Club
- Amazing On-Course Food Stations
- Premium Cocktails, Fine Wines, & Beer
- The Gift Bag of ALL Gift Bags!
- Fun & Challenging Contests
- BIG Prizes & Giveaways
- Special Awards Party & Auction
- AND SO MUCH MORE!

**OPEN TO ALL
AVID GOLFERS 21+**

Sponsorship opportunities are available. To learn more, please email Allen Walters at allen@coloradoavidgolfer.com

WINE WALK

Experience the unrivaled vintages that are revolutionizing Colorado's winemaking tradition on Sunday, April 13 at the Blanchard Family Wines Colorado Wine Walk, a spring celebration of the Centennial State's wine industry. The walk takes place in Dairy Block Alley and features 12 renowned Front Range and Western Slope wineries, including Ordinary Fellow, The Storm Cellar, Centennial Cellars and Blanchard Family Wines. Guests can sip and savor an array of tantalizing bites from Cirque Kitchen and Spirits, while watching live painting by Monica Fine Arts to the tune of live local music. Additionally, there are two Grand Tasting events and a wine seminar on wine and chocolate pairings sponsored by The Chocolate Therapist.

Tickets are at \$50 each, which includes unlimited wine samples, a commemorative wine glass, wine purchases, live music and engaging conversations with winemakers and winery owners. A VIP upgrade for an additional \$100 gives you expedited check-in, access to the VIP lounge, discounted wine purchases, a food voucher, seminar tickets and more. Visit coloradowinewalk.com for tickets and more information.



ELOQUENT AFFAIRS

If you're looking for somewhere to host an intimate gathering for a wedding, graduation or other special event, look no further than Le Bilboquet in Cherry Creek North. The recently renovated intimate bistro and bar offers various private dining spaces with meticulously curated decor, fine art and vibrant fresh floral arrangements, making them no-hassle backdrops for special events. One such space, dubbed The Library, has deep sage green walls, an antler chandelier and beautifully curated bookshelves plus seating for up to 16 guests. It offers an elevated plated dinner option or is ideal for chef tastings. Other private dining spaces to host more guests are available with equally as thoughtful design and decor. The bistro is known for its classic French fare, including signature Le Bilboquet dishes such as Le Poulet Cajun. It offers more than 25 French wines by the glass, and an extensive selection of bottles hand-selected by the restaurant's sommelier. Learn more at lebilboquetdenver.com

BIG RED F GETS GREENER

A company already known for actively participating in many charities and organizations along the Front Range and with focused efforts on working directly with local community partners has taken another giant leap forward in its partnership with Hotchkiss-based Peak Spirits Distillery.

All 13 Big Red F restaurants—including Jax Fish House & Oyster Bar and The Post in the south metro—have adopted a zero-waste, returnable bottle program with Peak's Mell Vodka as the house vodka standard for any well drink. (Mell spells "well" when the bottle is turned upside down.) Made from a base of corn and apple, the additive-free spirit boasts a fresh aroma with a lifted nose, round texture and clean finish. Guests can enjoy the new locally distilled vodka in any cocktail.

Lance Hanson, cofounder of Peak Spirits and Jack Rabbit Hill Farm co-founder says the switch will have enormous downstream benefits: "Just by switching to vodka in returnable bottles, Big Red F will offset thirty million Btus over five years," which he adds is the equivalent of 6,200 miles of gas in a 25-mile-per-gallon car. That's a lot of vodka.

JAX FISH HOUSE
650 S. Colorado Blvd.
Glendale
jaxfishhouse.com

THE POST
2200 S. Broadway
Denver
thepostcolorado.com



RAVENNA

COUNTRY CLUB

YOUR BEST LIFE STARTS HERE



LIMITED MEMBERSHIPS AVAILABLE
303.552.0590 | ravennagolf.com/membership



A Platinum Club® of America



Chef Adam Freisem, Left



Not Your Average Hospital Fare

CHEF ADAM FREISEM explains the allure of heading to the hospital for dinner

By Jay McKinney

Photography By Jason Sinn

LOOKING FOR one of the best restaurants in Castle Rock? Look no further than the hospital.

Yep, you read that right. Head to Manna in the lobby of the AdventHealth Hospital. As crazy as it sounds, Manna has sleek decor with private booths and an open kitchen that churns out healthy and delicious meals at an incredible price. From the mouthwatering starters to the mains, the menu features items that are more reminiscent of a Michelin-star restaurant than your typical hospital cafeteria. Adam Freisem is the executive chef at Manna and has been there from day one.

Note: This interview has been edited for clarity and brevity.

AVIDLIFESTYLE: You helped open Manna with fellow chef Dan Skay in 2013. How has the restaurant evolved over the years?

ADAM FREISEM: We have always prided ourselves on not keeping things on the menu for long. We have a few staples, but everything else changes seasonally. Without fail, people complain when we take something off the

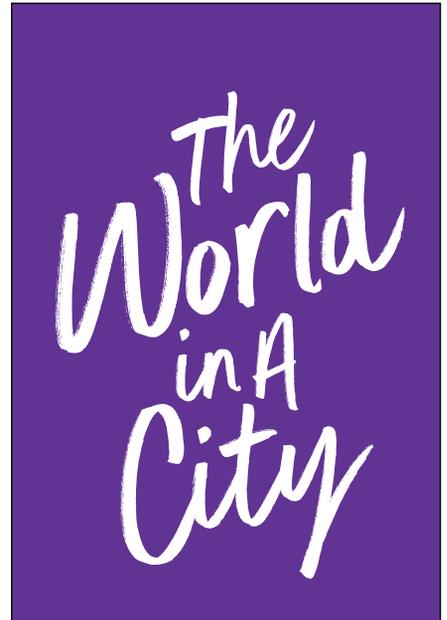
menu. But without changing it, we, as cooks, become stagnant and bored creatively, and our guests wouldn't get to experience new dishes.

AL: Are there any other restaurants with a similar concept to Manna?

AF: There are some hospitals around the country that have started to do similar things—Henry Ford Hospital in Detroit has an onsite greenhouse to grow organic produce—but I believe we were one of the first in the country to do a full service, self-operated restaurant.

AL: Why is Castle Rock a good market for Manna?

AF: When we opened in 2013, there weren't a whole lot of quality restaurants in Castle Rock aside from a handful that had been here for years. I always joked that Castle Rock was ten years behind Denver in terms of a "food scene." It's been neat watching new places come along and seeing the industry grow, and I'd like to think we had a part in that.



GUIDE your cravings.
EXPLORE the map.
TASTE the world.

AuroraEats.org



AL: Explain the name Manna?

AF: The name Manna was the idea of chef Dan when we were still in the development phase. We work for AdventHealth, a faith-based healthcare organization, and Manna is a Biblical reference for the edible substance provided to the Israelites as they wandered the dessert.

AL: How does Manna compare to other restaurants you've worked in?

AF: We operate Manna as any hotel would operate its in-house restaurant, with the exception of having a liquor license. However, working in healthcare grants me greater work/life balance. I'm not working holidays, I'm typically off weekends, plenty of PTO, etc.

AL: The restaurant uses a lot of local ingredients and even has an on-site garden. Was that the plan from the beginning?

AF: Our goal from the beginning was not only to be a great restaurant, but also a resource for the community. The community garden was a good example of that; we had a half-acre garden on-site along with 90 plots that anyone could rent for the growing season. The garden was discontinued to make room for our new cancer center, but we may look at gardening options again when we expand. We are also a non-tipping restaurant, so any tips we do receive go into our foundation and are then redistributed to local community programs.

FREISEM'S FAVES

Some of Adam's favorite dishes he's created over the years.

HONG KONG CHICKEN & WAFFLE
 Brined & fried chicken on top of a basil and lime leaf waffle with sesame sambal, Asian Caesar dressing, tonkatsu sauce, and fish sauce caramel, then topped with braised greens.

SEARED SKUNA BAY SALMON
 Served over forbidden rice with broccolini, miso dressing, burnt nori aioli and fried egg.

PICKLE PIZZA (currently on the menu)
 Parmesan garlic white sauce, mozzarella, pickles, jalapenos and fresh dill.

AL: When did you discover your passion for cooking?

AF: I always enjoyed spending time in the kitchen with family, and I would typically end my nights watching Emeril on Food Network. But it was after reading Anthony Bourdain's "Kitchen Confidential" that the industry itself really became fascinating to me.

MANNA
 AdventHealth Castle Rock
 2350 Meadows Blvd.
 Castle Rock
 720.455.3664
mannasbounty.com



AidGolfer
**GOLF
PASSPORT**

presented by



**THE BEST GOLF. THE BEST DEALS.
ALL IN ONE MEMBERSHIP.**

The 2025 Colorado AidGolfer Golf Passport is your ticket to some of Colorado's best golf courses, where you can play and do more at incredible discounts!

**PLAY THE BEST COURSES.
MORE THAN 70 AMAZING GOLF OFFERS!**

The Ridge (from \$99) • CommonGround (from \$78) • Green Valley Ranch (from \$45)
Raccoon Creek (from \$65) • Lone Tree (from \$85) • South Suburban (from \$68)
Pole Creek (from \$94) • Granby Ranch (from \$65) • Hyland Hills (from \$32)
Vail Golf Club (from \$76)

FIND YOUR PLAN

GP

GOLF PASSPORT

Starting at \$59^{95*}



GP+

GOLF PASSPORT PLUS

Starting at \$84⁹⁵



GO DIGITAL!

Colorado AvidGolfer is excited to introduce the Golf Passport in a convenient digital format, designed to meet the demands of today's fast-paced golf world. **Golf Passport+** can be accessed instantly from anywhere, at any time, with just a click. Golf Passport+ offers course discounts, flash sales and other bonus deals all on a simple and convenient interface! **Every Golf Passport+ member will receive a FREE Pins & Aces branded hat & Pins & Aces Head Cover!**

GOLF PASSPORT PERKS

- Exclusive Discounts to Colorado AvidGolfer Events
- Complimentary Golf Cart with Every Deal
- Offers from GOLFTEC & More!
- Year-Round Apparel Deals from Pins & Aces
- Huge Indoor Golf Deals
- **FREE Head Cover from Pins & Aces**
- **GHIN & CGA Membership Add-On Available**



2025 Member Privileges. All rates include a cart unless specified. Visit coloradoavidgolfer.com/golf-passport for complete details regarding rates, available tee times, number of rounds and reservation policy. Tee time requests are on a space available basis to Golf Passport members and participating courses' rain check policies will apply. Unless otherwise stated, the golf offers are good from January 15, 2025 – December, 31 2025, excluding holidays, special events, tournaments or closure to environmental or economic conditions. Mountain seasons may vary slightly. The Golf Passport is limited to one per person and is non-transferable. Prices do not include sales tax. Some courses may require a credit card to secure a tee time prior to play. If a tee time is cancelled, the golf course may charge for its discounted fee. Colorado AvidGolfer reserves the right to make reasonable modifications to the Golf Passport, effective upon notice by e-mail or first class mail to the Golf Passport member. A Golf Passport member may reject any such modification by responding in writing to Colorado AvidGolfer and returning the Golf Passport within ten (10) days. The Golf Passport member will receive a prorated refund. The Golf Passport membership includes a digital subscription to Colorado AvidGolfer with the option to opt-in to the mailing subscription for an additional fee. Members will also be subscribed to the Colorado AvidGolfer weekly newsletter list and can unsubscribe at any time. * Price for Golf Passports does not include \$6.95 S&H

Savoring Culinary Communities

A rising restaurant week is the delicious gateway to celebrating **DENVER'S ASIAN COMMUNITIES**

By Rebecca Toy

THE ASIAN FOOD SCENE is one of the hottest in the Denver area. While the Asian American, Native Hawaiian and Pacific Islander (AANHPI) community represents less than 5 percent of Denver's population, these restaurateurs are racking up national recognition.

For the third year, the Mile High Asian Food Week (April 27–May 5) kicks off May's AANHPI Heritage Month with restaurants, food trucks and pop-up collaborations from pho to dumplings to boba tea. With this celebration of culture and cuisine, diners can explore diverse offerings with special menus, insider discounts and secret dishes.

The success of the first two years has been exponential—building partnerships and camaraderie beyond the one week. “Many of the chefs and restaurateurs feel less alone, catching and supporting each other during hard times. It's really beautiful to see,” says Annie Guo VanDan, the event's director of finance and Colorado Asian Culture and Education Network (CACEN) executive director.

This year is also the first that the Mile High Asian Food Week joins CACEN's programming, allowing organizers to expand funding opportunities for participants. Part of the restaurant week vendors' fees also goes to CACEN's youth and community programs. Organizers hope to host a market-style celebration on the final day in the agency's new center.

“This is the direction we're trying to go, making an impact for these businesses and helping the wider community try something new while learning more about Asian cuisine,” Guo VanDan says. She has a tip for those excited to dine: “Don't be afraid to ask questions. Staff and restaurant owners are happy to introduce the food, share the cultural ways of eating the dishes and describe what motivated this menu from their culinary experiences.”

Yongung

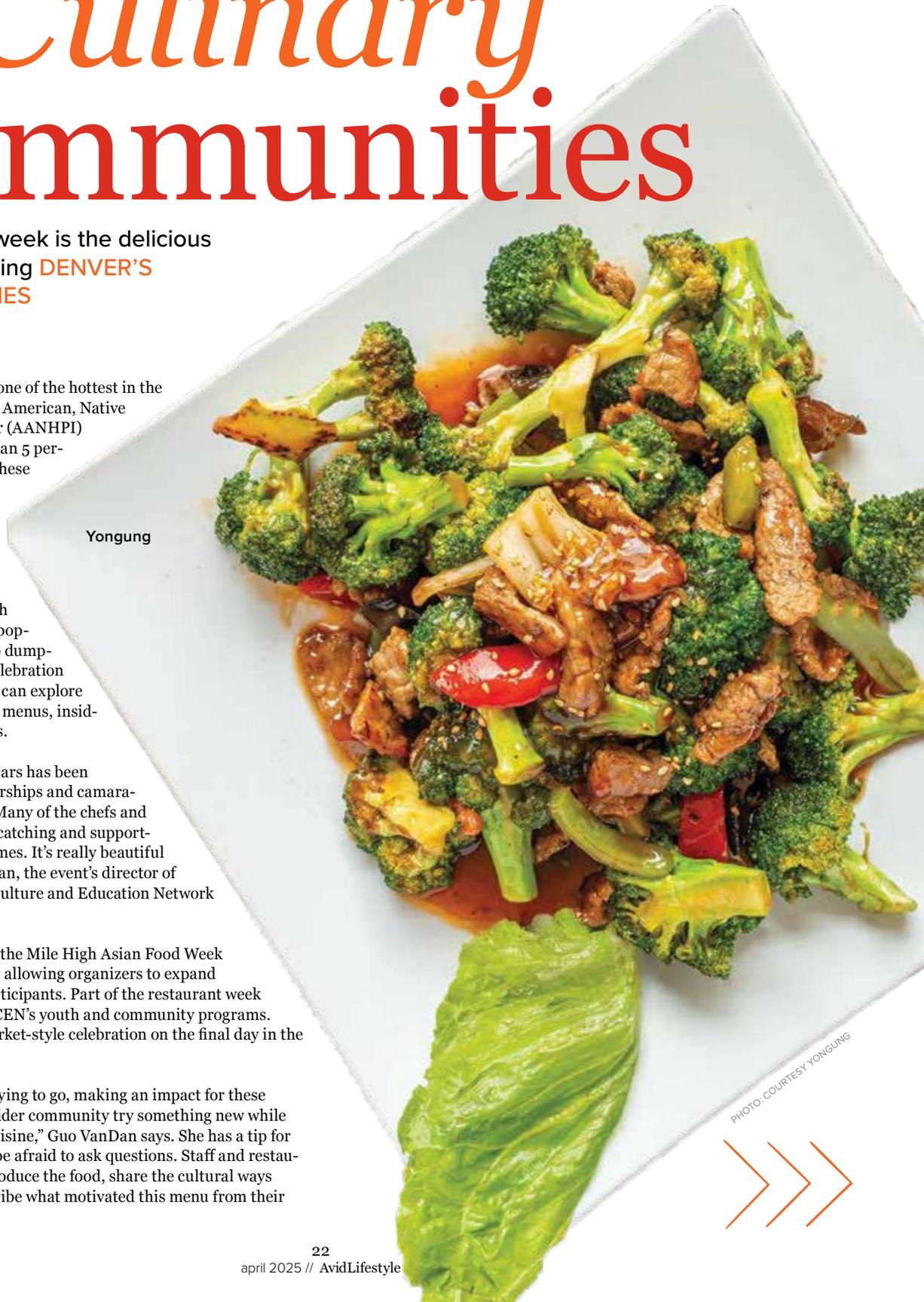


PHOTO: COURTESY YONGUNG





U.S. SENIOR OPEN

THE BROADMOOR

JUNE 25-29, 2025



Ticket information available at
ussenioropen.com

USGA[®]





MAKfam

PHOTO: SORA DIGITAL - JEFF FIERBERG



Panda Bao

PHOTO: COURTESY PANDA BAO



Colorado Cocoa Pod

PHOTO: COURTESY COLORADO COCOA POD



Hop Alley

PHOTO: COURTESY HOP ALLEY

MHAFW offers something for everyone across Denver. These are a few of the most acclaimed.

MAKFAM
39 W. 1ST AVE. | DENVER

In this Baker neighborhood diner, touches of neon, Chinese motifs and a framed picture of the rapper Biggie Smalls evoke the buzzy vibe of Hong Kong noodle parlors and New York City’s Chinatown. It’s fitting for Doris Yuon and Kenneth Wan, whose shared culinary journey started in their parents’ restaurants and came together in Manhattan’s formidable food scene. Identifying as “ABC kids”—or American-born Chinese—their traditionally inspired Cantonese dishes are from family recipes with some modern twists.

The brick-and-mortar restaurant opened in November of 2023 with success. MAKfam is a MICHELIN Bib Gourmand restaurant, and Wan received his second James Beard nomination this year. Try the beef stir-fried noodles with a fried egg, the fancy wonton tong soup with a creamy chicken broth and those classic Chinatown dumplings.

YUAN WONTON
2878 FAIRFAX ST. | DENVER

One of chef Penelope Wong’s aunts gets credit for the name of this popular restaurant; her accented call of “You want a wonton?” represents an endearing tradition of nurturing through food. When it comes to this hit food-truck-turned-bistro in the

Park Hill area, the answer is yes—you do want a wonton.

Wong’s third James Beard nomination in as many years speaks to her team’s range as they conjure up childhood memories. The O.G. Chile Oil wontons are a savory treat, and the Sichuan eggplant dumplings perfectly balance the sweet and salty spice. You won’t regret it if you can get your hands on the gua bao birria with a slight fried crunch.

HOP ALLEY
3500 LARIMER ST. | DENVER-

Chef Tommy Lee’s Hop Alley has been a hot reservation in the RiNo district for years. Once a soy sauce factory, the understated building serves family-style,

modern-regional Chinese under red lampshades found in Hong Kong’s wet markets. The Beijing duck roll on a scallion pancake is delectable. The La Zi Ji chicken delivers the heat.

Hop Alley was a derogatory term for Denver’s destroyed Chinatown, and Lee sought to reclaim the name. With multiple nods as a MICHELIN Bib Gourmand and a second James Beard nomination this year (Outstanding Wine and Other Beverages Program), the Hop Alley team has succeeded.

SAP SUA
2550 E. COLFAX AVE. | DENVER

Pops of pattern set off the pale hardwood in this non-traditional Vietnamese restaurant. Another

Manna

Bringing God's Bounty to the Table

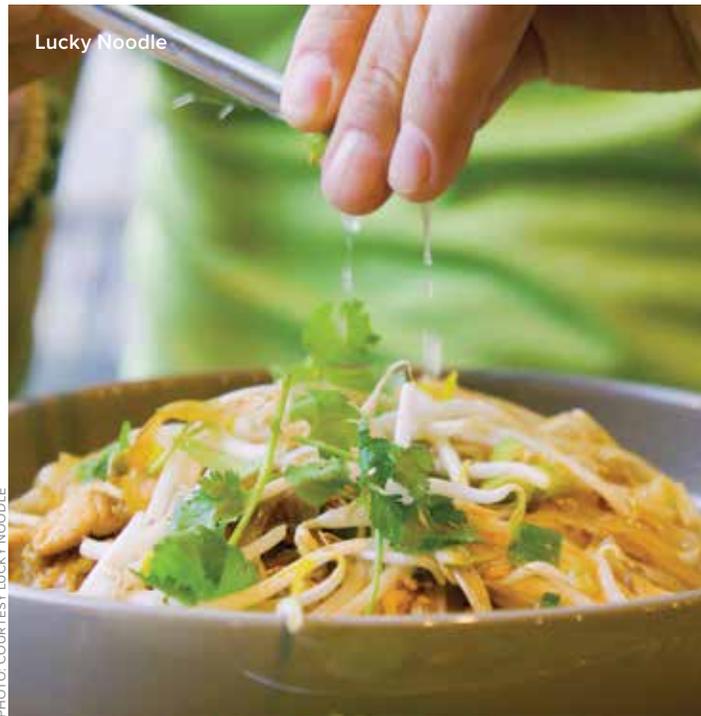


Manna, a twist in healthcare food service that nurtures the health of the people in our community by having a wellness based, full-service sit-down restaurant open to the public. Come in and try our team's innovative and fresh approach to healthy eating.



Located inside AdventHealth Castle Rock
2350 Meadows Blvd, Castle Rock CO 80109





Lucky Noodle

PHOTO: COURTESY LUCKY NOODLE



Chilin

PHOTO: COURTESY CHILIN

young entry to Denver's food scene, the team has already made its mark: In 2023, it was named one of the most anticipated openings by Bon Appetit and was in Esquire's 50 Best New Restaurants in America. Last year, co-chefs Ni and Anna Nguyen received a James Beard nomination for Best Emerging Restaurant.

Innovation merges with elegance in both form and flavor. The hamachi crudo stands out with coconut and chile components, and the bắp cải luộc cabbage dish holds a unique, comfort-dish memory from chef Ni Nguyen's childhood.



MILE HIGH ASIAN FOOD WEEK
milehighafw.com

COLORADO ASIAN CULTURE AND EDUCATION NETWORK
cacdenver.org

MAKFAM
makfam.co

YUAN WONTON
facebook.com/yuanwonton

HOP ALLEY
hopalleydenver.com

SAP SUA
sapsua.com

MORE ASIAN EATS

FOOD TRUCKS AND POP-UPS
Baon Supper Club (Pop-up)
Koco Street Food (Food Truck)
Rising Tiger (Pop-up)
Sweet Daruma (Pop-up)

SOUTHERN-MOST EATERIES

3456tea (Centennial)
Cakeheads Bakery (Centennial)
Coffee Sarap (Denver)
Comrade Brewing Co. (Denver)
Everbowl (Greenwood Village)
Kokoro Restaurant (Denver)
Le Colonial (Cherry Creek)
Olive & Finch (Cherry Creek)
Onto Coffee (Denver)
Pokeworks (Greenwood Village)
Tea Street (Parker)
The Sen Tea House (Greenwood Village)
TropTai Delights (Lakewood)
Yomie's Rice x Yogurt (Denver)

*For a complete list of participants, visit milehighafw.com

Reckless Noodles



PHOTO: COURTESY RECKLESS NOODLES



beautiful like your
MAMA

this mother's day

Take care of Mom with the same love she gives you

GIFT CARDS AVAILABLE ONLINE & IN STORE

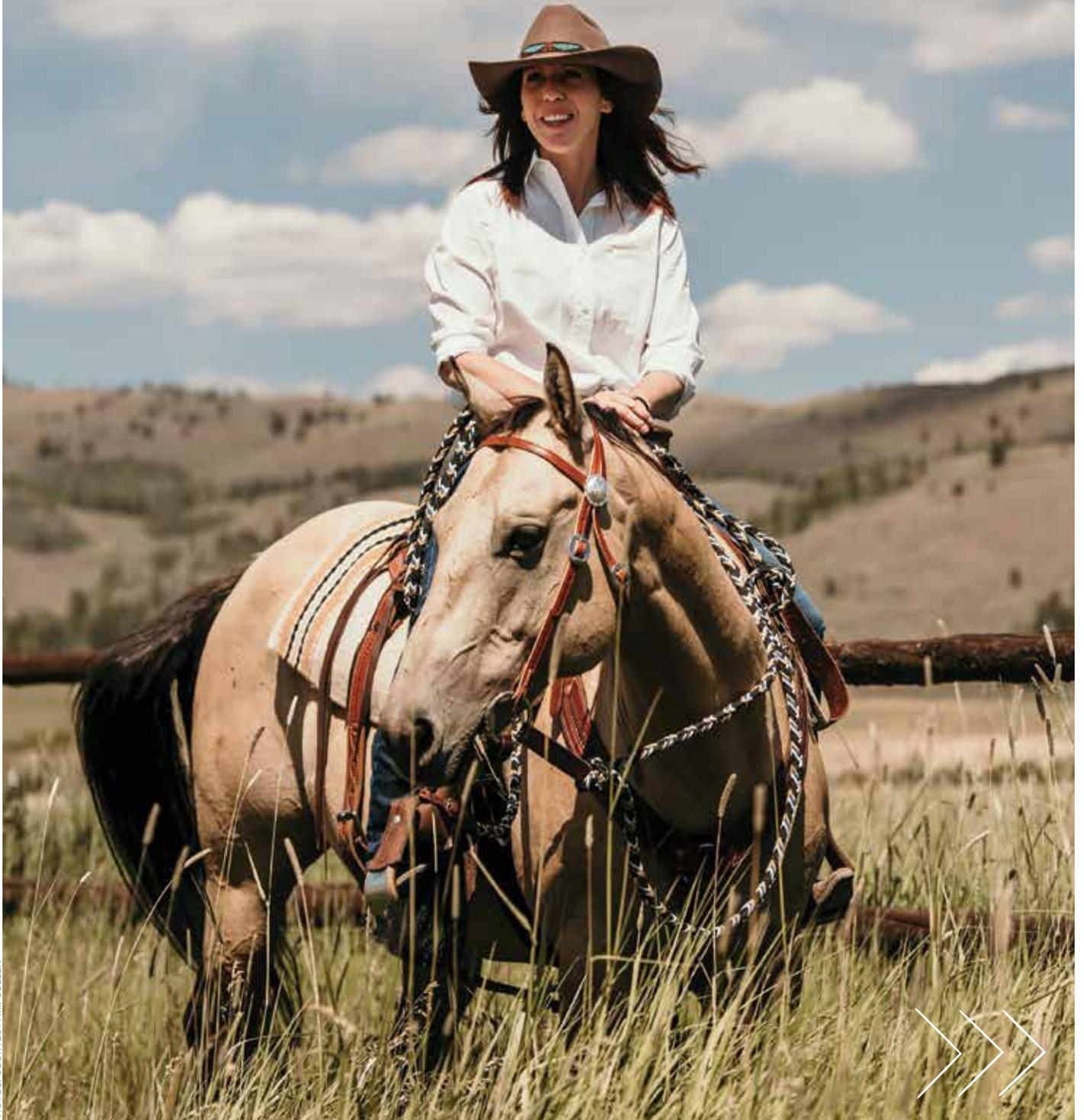
copperfalls.com | 303.814.2035

340 Perry Street Castle Rock

From Troublesome to Triumph

Author and wrangler
AMI CULLEN finds herself
in ranch life

By Kastle Waserman



PHOTOS: COURTESY AMI CULLEN



PHOTOS: COURTESY AMI CULLEN

THE LAST PERSON who would've imagined that city girl and East Coast lawyer Ami Cullen would end up on a dude ranch in Colorado is Cullen herself. When a girlfriend invited her on a vacation riding horses out west, her first thought was, "Can't we go to the beach?" Cullen says she prided herself on doing all the right things growing up, getting good grades, attending law school, starting a law practice, making six figures and riding equestrian hunter/jumper horses on the side. But when she landed at the C Lazy U Ranch in Granby, she says, "My mind was blown!"

Cullen began return trips every year, joking that she wanted to become a wrangler. She eventually got licensed to practice law in Colorado, set up remote work for her firm, and started taking sabbaticals for several summers to be a seasonal wrangler on the ranch, which ultimately led to her being hired as ranch operations manager in 2012. She worked her way up to director of equestrian and member relations and, with that, found happiness she had never experienced before.

"As an attorney, I felt like I was just going through the motions. I could do the work, but I didn't have passion for it," she explains. "I have so much passion for what I do now on the ranch. It's brought out leadership qualities in me that I probably never would've found had I stayed on my initial path."

Little did she know, a few years later, those leadership skills would be put to the test. The East Troublesome Wildfire broke out near the ranch in October 2020. With strong winds blowing, it didn't take long for the flames to start closing in, meaning the ranch's 200 horses needed to be evacuated—fast.

"I'd never been in that type of situation," recalls Cullen. "I was thinking there are people better qualified than me to organize this giant operation." But she credits her 10 years of experience on the ranch for giving her the confidence and knowledge to start delegating tasks and putting the word out that the ranch needed help. She credits social media for reaching people with trailers who began turning up to take the horses to safety.

"If the fire had been 15 years ago, I don't think we would've been able to communicate the way we did," says Cullen. "The community really came together."

But there was a point when Cullen wasn't sure if they could get all the horses out. "We were waiting on trailers, the winds were crazy and flames were coming over the ridge. I started picking the horses that would go first. It was very emotional. People were crying," she recalled, saying there was a moment when she had to step away to collect herself so she could keep face for her team. "My husband had to

pull me aside. He said, 'When the fire chief makes the call, we have to go—it's no longer safe.' We knew we'd have to just cut the fence and hope for the best."

Thankfully, the winds shifted, and Cullen, her team and all the horses made it out of the fire, which burned down the C Lazy U's historic barn, a guest cabin and staff housing. The ranch is back in business, though it is still in the process of rebuilding. Cullen says she didn't want what happened to get lost in time and wrote a book based on her experience called "Running Free."

"I wanted to write everything down. Twenty-twenty was a volatile year with the pandemic and the election. People didn't really like each other," she recalls. "But all that was forgotten in those moments. It was so special to me to witness the way people came together to help." While the wildfire was a horrific experience, Cullen says finding what makes her happy professionally helped her through it: "You figure out who you are in those moments."

Find "Running Free: An Incredible Story of Love, Survival, and How 200 Horses Trapped in a Wildfire Helped One Woman Find Her Soul" on [amazon.com](https://www.amazon.com).



C LAZY U RANCH
[clazyu.com](https://www.clazyu.com)

TAKE A DIP



THE PERFECT SOAK AWAITS YOU RIGHT AT HOME

By Heather Shoning

IN THE EVOLVING landscape of home wellness, hydrotherapy bathtubs are transforming ordinary bathrooms into luxury personal retreats. No longer exclusive to high-end spas, these tubs bring therapeutic indulgence to your home, offering a sanctuary where relaxation meets innovation.

Freestanding models like the Lido from Hydro Systems' Metro Collection redefine self-care, integrating cutting-edge hydrotherapy features that cater to a range of wellness needs with modern design. Hydro Systems offers add-ons

to turn your tub into a micro-bubble jet soak or to keep the temperature steady for a long soak. There's even a cold plunge solution—all designed to support muscle recovery, improve circulation and promote mental clarity.

Find the Lido tub locally at DSKB Plumbing + Tile or the entire line at [hydrosystem.com](https://www.hydrosystem.com)

DSKB PLUMBING + TILE
595 South Broadway, Ste. 126e
Denver



HOME FURNISHINGS | ART | LIGHTING | BEDDING & TEXTILES | WINDOW TREATMENTS

Design your **life** and your **style**

The Streets at Southglenn
carlasacd.com | 303.683.0372

Carla's is a full service, residential and commercial interior design firm specializing in remodeling and custom home design.

Call and book your consult today and get a fresh start, new look, and love your new home.

Inviting Outdoors

INDOOR-OUTDOOR
LIVING at its best

By Heather Shoning



SEE YOUR CLOSET IN A WHOLE NEW LIGHT

Reinvent



WALK-IN CLOSET



CLOSETS • GARAGE • HOME OFFICES • ENTERTAINMENT CENTERS • WALL UNITS • WALL BEDS • PANTRIES • CRAFT ROOMS • LAUNDRY ROOMS • MUD ROOMS • WINE ROOMS

Call (720) 310-6769 for a free design consultation and estimate or visit us online at [closetfactory.com](https://www.closetfactory.com)
Showroom: 8480 Upland Drive, Suite 200, Parker, CO 80112

closet *factory*
the art of organization



PHOTO: COURTESY DREAM MAKERS LANDSCAPE

YOUR HOME'S outdoor landscape design can make or break your connection from indoors to out. Ideally, a thoughtful arrangement of useful spaces such as outdoor dining, living and play areas become extensions of your indoor rooms. At the core of every outdoor design is the hardscape—the structural foundation that defines outdoor areas by use, shaping the way people experience them, plus delineating areas for softscape elements like plants, flowers and trees that bring color and life to your yard.

The process of designing with hardscape elements begins with a clear understanding of the land itself. Every site has its own unique topography, climate and character, and these natural conditions play a crucial role in shaping the final design. Before a single stone is placed, the layout must be thoughtfully

considered—what spaces are needed, how the pathways will connect one area to the next and where gathering spaces will be located. Additionally, if your yard has any slope, walls, steps and terraces will be used to create flow.

One of the fundamental aspects of hardscape design is the creation of functional outdoor spaces. Patios, decks and terraces serve as extensions of the home, providing areas for dining, entertaining or simply unwinding in the fresh air. The choice of materials for these surfaces is critical, as they need to withstand Colorado's sometimes-unpredictable weather while maintaining their beauty over time. Natural stone, with its rich textures and earthy hues, blends effortlessly with our mountain aesthetic, while concrete pavers offer a sleek, modern look with unmatched durability.

A recent project by Dream Makers Landscape incorporates natural, rough-hewn stone in a light color with dark and light gray sleek tile that delineates an outdoor kitchen, dining area and a firepit gathering space.

Wood decking brings warmth and character to a space. However, it requires maintenance to endure the demands of weather and use, so many landscape contractors will recommend high-quality synthetic decking for years of beauty and use.

Pathways and walkways are another essential hardscape feature, doing more than connecting different areas—they set the tone for the entire experience. A meandering stone path through a garden connotes a leisurely pace, while a clean-lined concrete walkway leading to a front entrance “get from here to

Bob Serotta

Bob@Kentwood.com
303-587-4700



CUSTOM MID CENTURY MODERN

3580 S Dahlia Street | \$1,200,000

4 Beds | 4 Baths | 3,589 SQFT

LOOKING TO BUY OR SELL THIS SPRING SEASON?

Contact Bob to Get Started

Providing Buyers and Sellers
Exceptional Real Estate
Services for Over 30 Years



Kentwood
Real Estate



All information deemed reliable but not guaranteed and should be independently verified. All properties are subject to prior sale, change or withdrawal. Neither listing broker(s) nor Kentwood Real Estate shall be responsible for any typographical errors, misinformation, misprints and shall be held totally harmless.





PHOTO: STOCK.ADOBE.COM / ANDREY VOLOKHATNIK



PHOTO: STOCK.ADOBE.COM / JS TOCK

there” tone. The choice of materials—whether flagstone, brick or even permeable pavers—impacts both the aesthetics and the functionality of the space.

Walls and retaining structures are often necessary structural support elements for yards with sloped or uneven terrain. Freestanding walls, on the other hand, offer privacy and protection from wind or noise and, when thoughtfully designed, can become an integral part of the outdoor environment rather than simply a divider.

Once you’ve settled on the hardscape spaces, it’s time for the fun outdoor living additions such as a swimming pool, other water features, a fire pit or fireplace, and more. Pool decks and

fireplace surrounds create a bridge between the hardscape materials and the functions of your yard. A well-placed fountain or waterfall can become a focal point, as well as a way to drown out noise from a nearby street. Fire pits and fireplaces anchor outdoor seating areas with warmth and ambiance, extending the usability of a space well into the mile-high cool seasons.

Lighting is another crucial yet often overlooked component of hardscape design unless you work with a professional landscape designer. The goal is not to overpower the natural darkness but to create a warm, inviting glow that enhances the outdoor experience, bringing your outdoor living space to life after sunset. Subtle pathway lighting and integrated

LED accents within steps or seating areas enhance safety, while uplighting trees or walls highlights beautiful features.

Ultimately, hardscape design is the foundation upon which all other landscape elements are built, providing structure without overshadowing the natural beauty of the surroundings. Whether a space is defined by rustic stone terraces, contemporary concrete walls or classic brick pathways, the key lies in merging functionality with aesthetics and—most importantly—inspiring you and your family to get outdoors!



DREAM MAKERS LANDSCAPE
303.840.0505
dreammakerslandscape.com



Dentistry with an Emphasis on Whole-Body Wellness



At DTC Family Dentistry, we believe that dentistry is not “one size fits all” and that your experience should be pleasant and relaxing. Our commitment to Holistic and Biological dentistry ensures that your visit will leave you feeling better, looking better and living better. Our state-of-the-art equipment and spa-like amenities allow us to offer services that transcend traditional dentistry and promote whole-body wellness.

We offer a full range of dental services, from family and preventative dentistry to cosmetic dentistry including smile makeovers. Call us today at **303-309-0220** or visit dctfamilydentistry.com to schedule an appointment and discover the difference!



Cate Vieregger DDS, LVIF



FAMILY DENTISTRY

5280 TOP DENTIST FOR 11 YEARS RUNNING

303-309-0220

dctfamilydentistry.com

7400 E. CRESTLINE CIRCLE, SUITE 230
GREENWOOD VILLAGE, CO 80111

GREEN DENVER

In a year when SUSTAINABILITY is a hotly debated topic, Denver ranks as a city where that's long been a priority

By Mark Samuelson

PHOTO: COURTESY DENVER INTERNATIONAL AIRPORT

Westin Denver International
Airport Hotel and Transit
Center – LEED Platinum

COLORADANS, with some of the prettiest surroundings in the world and lots to lose as a consequence of environmental damage, have long been leaders in reaching for renewable energy and environmental sustainability. Forty-eight years ago, metro Denver was chosen as the site for the Solar Energy Research Institute (SERI), renamed the National Renewable Energy Laboratory in 1991. Well before that, the National Center for Atmospheric Research perched beside the Flatirons in Boulder was one of many science facilities here that lured researchers fascinated by solar, wind power and other energy technologies.

Back in the 1950s, scientists were already talking about greenhouse gasses from fossil fuel use—carbon dioxide and other emissions—that could trap solar heat in the atmosphere, throwing off the planet’s natural balance of heating inputs and outputs. Many factors contribute to carbon footprint, but according to the EPA, the largest source of

greenhouse gas emissions from human activities in the U.S. comes from burning fossil fuels for electricity and heating at home, plus transportation.

Efforts to better our greenness as a city (and state) break into two categories based on those findings: building performance of homes, offices and commercial centers and transportation factors like personal and business vehicle use.

STARTING AT HOME

By the time SERI opened in 1978, Denver was showing off homes designed to use passive solar energy, often built by those same researchers.

That grew into a sensation in 1980 when more than 100,000 Coloradans turned out to see 12 solar houses, all by different Denver builders. Suddenly, collections of homes with green technologies packaged into their

design were sprouting around town, sparking a trend that carried over into the national building industry.

Well before the new governmental initiatives, Denver’s building industry was headed in that direction in the early 1980s, when John Aveson, an engineer at Bell Labs in Westminster, was one of many early adopters in their own homes.

Aveson bought a tract home from one builder featured in the SERI Solar Tour in 1980—a passive solar design that collected heat from south-facing windows as the sun passed low over the winter sky, then stored heat in a rock box for later use.

“My highest gas bill was only eighty dollars,” Aveson recalls of his first year in the house when neighbors saw shocking bills totaling hundreds of dollars per month as energy costs soared nationally.





PHOTO: STOCK.ADOBE.COM / DWIMEDIAJAS

But that wasn't enough for Avenson.

The engineer later beefed up the home's insulation to R-40 in the ceilings and R-55 in the walls (R-18 is typical for newer homes), then replaced the home's backup gas furnace with a heat pump that both heats and cools. He added solar photovoltaic panels on the roof, generating 14 kilowatts at peak performance, stored in special batteries for non-sun hours and to charge his electric car.

Then he yanked out the gas line. Avenson now pays nothing to Xcel Energy outside of a minimum hookup rate. He is among a number of activists who showcase their green homes in an annual green home show each fall, sponsored by the National Renewable Energy Lab and other entities.

Other builders here have now adopted better insulation and air tightness performance and have higher efficiency gas furnaces and water heaters. Very few have options that reach toward the net-zero performance that Avenson and other devotees boast, and some offer rooftop solar electricity.

Taking the lead in both areas is Denver's Office of Climate Action, Sustainability and Resiliency (CASR), which works to implement

the Energize Denver Renewable Heating and Cooling Plan adopted by the city in 2021. Energize Denver moves to reduce the energy use of large buildings and promote the electrification of all multifamily and commercial buildings, making it simpler to use power from wind, solar and other renewable sources.

Over the decades, Denver's mix of power sources has shifted to natural gas, which is hugely more efficient and less carbon-generating than coal-fired power plants. That said, the 97 percent of natural gas consumed by buildings still makes up around a quarter of carbon emissions, prompting CASR to prioritize switching gas furnaces to electric heat pumps that will both heat and cool buildings.

But Avenson says much more could be done. "To this day, I still see new homes with total window area on the north side and none on the south side," he says. "That's got to be uncomfortable."

Meanwhile, the Energize Denver guidelines focus more on big commercial buildings and apartments, where more significant impacts can result, than on single homes like Avenson's. The 2021 mandates, which cut energy use by 30 percent by 2030, are getting pushback now from building owners worried

about pocketbook impacts. Office owners are already reeling over high vacancy rates in downtown areas that the pandemic and the work-from-home trend have caused, and some regulations are headed for the courtroom, where mandates are being challenged.

Of course, Denver already has several prominent buildings where green improvements are on view, including the State Capitol, now with LED lighting and geothermal heating and cooling, and The Brown Palace Hotel and Spa, where honey served in its restaurants comes from a bee colony on the roof.

TACKLING TRAFFIC

Denverites fare better than average when looking at gasoline consumption—good news for a metropolitan area surrounded by vast prairie, where development tends to sprawl, and commuting distances are longer. In the classic Harvard study, Denver was 34th in terms of how the city fares on carbon output compared to the suburbs.

However, as with building energy use, some of the most impressive accomplishments that set Denver apart are ones happening individually by users anxious to change their transportation profile.



LANDMARK LINCOLN



INTRODUCING THE ALL NEW 2025 LINCOLN NAVIGATOR

Landmark Lincoln
5000 S Broadway
Englewood, CO 80113
www.LandmarkLincoln.com
303-761-1560

One ranking puts Denver as the 9th best city in the nation for its percentage of commuters biking to work (1.9 percent and an impressive 9.2 percent for workers downtown).

“We have a long way to go but are headed in the right direction,” says Nicole McSpirit of Denver’s Park Hill neighborhood, a former “Bike Mayor” on behalf of the Denver Bicycle Lobby who uses her bike for 95 percent of her travel.

One ranking puts Denver as the 9th best city in the nation for its percentage of commuters biking to work (1.9 percent and an impressive 9.2 percent for workers downtown). McSpirit, who hasn’t used a car for five months, says she often peddles 12 miles in a day, not just to work but also for grocery trips and meeting friends. Others in the organization post even higher totals (one person bikes to work 40 miles roundtrip at least once weekly).

Better yet, for Denver’s direction, McSpirit sees her kids’ generation developing a deep love of cycling—evident in her job as a school crossing guard, where she helped get a grant for 200 added bike parking spaces for students and parents. She also gives orientation rides for new bikers she meets, getting them comfortable with a growing network of bike routes. A local bike shop in Central Park credits her with sending nine sales their way from new owners.

She also advocates for reduced zoning requirements that would lessen sprawl and keep more residents within closer range of their jobs and amenities. “I’m privileged to live in an area where I can easily walk, bike or take transit to almost all of my destinations,” she adds.

In addition to human-powered commuting, Denver promotes non-fossil-fueled transportation, shooting for the adoption of some 940,000 light-use electric vehicles by 2030 and zero-emission heavy vehicles by 2050. Colorado is working to add 290 charging ports this year, some of them on its 26 Scenic and Historic Byways. A lack of ports on rural routes can be an obstacle for people considering electric cars. Colorado also offers tax credits for purchasers in addition to those provided by the federal government.

In 2023, the metro area clocked 65,175,290 boardings across its bus, Access-a-Ride and rail lines. Light rail lines total 60 miles of track, commuter rail is slightly more than 54 miles, and RTD’s service area is 2,342 square miles.



Rental bikes at the Union Station.

VILLAS AT CHERRY HILLS
4545 S MONACO STREET #119
4 BED | 4 BATH | 3,018 SF

RECENTLY

listed



Nancy Walters

— your dream home, my mission —

720.220.5446 • NWalters@Kentwood.com
NancyWaltersRealtor.com

Kentwood
Real Estate

LP LUXURY
PORTFOLIO
INTERNATIONAL



All information deemed reliable but not guaranteed and should be independently verified. All properties are subject to prior sale, change or withdrawal. Neither listing broker(s) nor Kentwood Real Estate shall be responsible for any typographical errors, misinformation, misprints and shall be held totally harmless.





Solar panels on mixed-use building rooftops.

HOW GREEN ARE WE?

Over time, climate change has grown as a national concern, and both the Denver City Council and the Colorado State Legislature have been at the forefront of mandating measures to cut fuel consumption and to substitute renewable sources. In 2020, Denver city voters doubled down on those by funding mandates to aim the Mile High City toward net-zero carbon emissions by 2040.

With a new presidential administration in office, questions over climate change and carbon output are raging, and some of the most substantial sustainability measures that were supposed to happen over the next few years seem more tenuous as regulators get pushback and priorities are debated. However, Denver is already well out in front as a green city focused on reducing its carbon footprint.

Among the city’s many accolades, in April 2024, 24/7 Wall St. named Denver No. 8 on its list of the 10 greenest cities in America. And in October 2024, the Mile High City ranked No. 12 in WalletHub’s no-nonsense ranking of “Greenest Cities in America.”

According to the American Council for an Energy-Efficient Economy ranking, Denver is the second-best city in the country for clean energy in a ranking of the 75 largest cities in the United States. These are among many other lists, all over the map in specifics such



as recycling programs and even vegan food options—but all with Denver high on the list.

The city also turned around an opposite ranking that drew bad publicity decades ago—the “brown cloud” that hung over the city during temperature inversions. Those are rarer now,

although the new millennium has seen performance slip. But an even better measure of “greenness” might be what a city is doing now to better its performance, regardless of current output. On that score, Denver gets high marks indeed.

Refresh *your* Outlook

Cherokee Ranch & Castle hosts from local favorites to internationally known, award-winning talent and presenters offering music, theatricals, art, science, Colorado - and western heritage experiences, and much more, all in the heart of Douglas County.



Find a complete list of cultural performances, presentations, special events, and outdoor experiences by visiting our website.



TEAS & TOURS

Reserve a table for Tea and then enjoy a Tour of the Castle.



TASTINGS

Join us for an evening of Wine, or Whiskey & Scotch Tastings.



PERFORMANCES

Featuring local and international award winning talent.



PRIVATE EVENTS

One of the most beautiful wedding venues in Colorado.

CULTURAL ARTS • SCIENCE • HERITAGE • EVENTS
CHEROKEE RANCH & CASTLE FOUNDATION
www.CherokeeRanch.org

303-688-5555 | 6113 N. Daniels Park Rd. Sedalia, CO 80135 | Thank you for your support!



Mind your Dental Health

How TENDING TO YOUR TEETH
can boost physical and mental
well-being

By Kristen West





GATHER BE SOCIAL CELEBRATE

LUNCH • DINNER • BRUNCH • HAPPY HOUR

Located in Cherry Creek, 201 Columbine St | 720.678.9523



SALTWATERSOCIAL.COM



PHOTO: SHUTTER STOCK / DEAN DROBOT

HAVING A COVETED million-dollar smile can make you feel wonderful, but it's the dental health behind it that makes the biggest difference in your overall health and well-being. Dr. Charles S. Barotz of Barotz Dental in Denver provides an array of cosmetic dental services, but getting to the root—pun intended—of dental health is the top priority.

Your mouth is full of bacteria—both good and bad. Flossing and brushing daily supports the balance of beneficial bacteria while preventing the buildup of harmful bacteria that could impact your overall health. Good oral hygiene may lower your risk of heart disease, stroke, Alzheimer's disease, diabetes and respiratory infections. A beautiful, healthy smile can also positively influence your mental and emotional well-being.

Dr. Barotz says that while awareness of the connection between oral and overall health is growing, some people still hesitate to seek dental care. So, what prevents some people from taking that first step toward treatment?

It comes down to one thing, according to Dr. Barotz. "Fear," he says. "They're afraid of judgment. They're also afraid that it will take forever, and they'll have to be referred out to different dentists, periodontist, root canal specialists or surgeons, and they'll have to face that fear with each one of them."

This fear, particularly of judgment, can be isolating. People who struggle with dental issues can sometimes avoid social or professional situations, which can affect their confidence and mental health. Taking the time to fix your teeth can have lasting positive effects. A study focusing on people ages 65 and over found that those with fewer missing or decayed teeth reported lower levels of depression.

To address the fear of lengthy, time-consuming procedures, Dr. Barotz says he has created a safe environment where patients can receive all procedures in one place, many times within days or even hours of their first consultation. He spent years studying and investing in advanced technology and treatments so that he can perform everything in-house. "If they know that they're not going to be wrapped up in care for four to six months but can get it all done in a matter of days, this helps alleviate their fear," he says.

Patients also express concerns about potential pain or cost. Some dentist offices, like Barotz Dental, offer a free consultation. Dr. Barotz explains each procedure in detail including ways to ease discomfort, how long it will take



Dr. Charles S. Barotz

and a full cost breakdown.

"We congratulate them for making that important decision to come and get things taken care of," Dr. Barotz says. "We do everything we can to make them comfortable."

Staff at Barotz Dental even provide aromatherapy eye pillows and warm neck pillows to ease tension during procedures. They offer sedation for those who need it, and Dr. Barotz offers his personal phone number to patients to contact him with any concerns after they go home.

Dental issues are sometimes part of the human journey, and it can be comforting to know that you're not alone and that it's possible to make improvements. Investing in your teeth can rejuvenate more than just your physical well-being—it can also bring back your confidence and quality of life.

BAROTZ DENTAL
303 16th St., #250
Denver
303.595.4994
barotzdental.com



More Than a Neighborhood

The Village at Castle Pines is more than a gated neighborhood. It's a lifestyle community with two world-class golf courses, three pools, miles of trails, plus multiple tennis and pickleball courts. It's surrounded by open space, wildlife, and spectacular mountain views. On-site, staffed security gate and emergency services provides privacy and peace of mind.

If Colorado had an address, it would be



— THE —
VILLAGE
CASTLE PINES



thevillagecastlepines.com



NEW 'DOS

GIVE YOURSELF an updated look with a fresh hairstyle such as a blunt bob, a sleek, sharp cut that falls at jaw length, offering a modern and polished look. If your hair is curly and you don't want the hassle of straightening it all the time, embrace your curls with a curly pixie. It's a playful yet sophisticated look, and it's uber-flexible. Today's newest look is the bixie, a fresh take between the lengths of a bob and a pixie. Think: short '70s shag.

Choose a leave-in conditioner with UV filters to keep your locks looking great—especially if you color your hair. Seal in the moisture with a hair serum. Use a lightweight, oil-free option if your hair is fine to keep it from looking weighed down. And finally, minimize your use of heat from blow dryers and other styling tools.



MAKE A SPLASH WITH PEARLS

PEARLS EXUDE timeless elegance and are style hallmarks for fashion icons like Coco Chanel and Audrey Hepburn. Their lustrous, understated beauty complements both classic and modern fashion, making them suitable for any occasion—from formal events to play dates at the park. Big or small. Black, white or somewhere in between. Pick a peck of pearls to add a splash of sophistication to your wardrobe.



PASTEL POLOOZA

PASTEL COLORS aren't just for Easter. Haute hues like mint green, baby blue, lavender and blush pink dominate runways and street style. Check out J. René shoes plus dresses from Akris and Sachin & Babi at Nordstrom for fantastic pastels to add a soft sheen of color to your spring wardrobe.



WWW.COLOGOLFANDTURF.NET

11757 S. WADSWORTH BLVD
LITTLETON, CO
303-761-3332

ClubCar

835 21 1/2 ROAD
GRAND JUNCTION, CO
970-433-7009



Making an Impact

COLORADO THREADS' approach
to Eco-friendly, adventure-ready
sustainable fashion

By Kristen West



PHOTO: COURTESY OF COLORADO THREADS

Save the Date

5th Annual

WD

WHEELS OF DREAMS
CHARITY EXPERIENCE

Saturday,
September 20, 2025

Avid
Lifestyle AvidGolfer

BENEFITING:



PRESENTED BY:



LOCATION:



COLORADO THREADS, a Denver-based activewear brand, is making strides in sustainable fashion. The retailer produces its yoga pants using recycled, BPA-free water bottles, aiming to reduce plastic waste, greenhouse gas emissions, water usage and energy consumption compared to conventional polyester. Its manufacturer is also locally based, allowing the team to ensure workplace safety and maintain quality standards.

Owner Haley Lucero, who acquired Colorado Threads just over a year ago, is passionate about eliminating forever chemicals in clothing and saw the company was moving in the right direction. “One of the first things I latched onto about Colorado Threads was that it was making sustainable efforts. There are a lot of fabrics made from plastic, but it is unique to be from actual recycled material rather than just synthetic,” she says. While there are no forever chemicals in the brand’s current and most recent lines of yoga pants, Lucero says she wants to do even more and is sourcing organic materials that are good for the environment and skin.

Colorado Threads’ commitment to sustainability extends beyond its products. It donates clothing to organizations like The Action Center, which provides clothing free of charge for those in need. It also supports other organizations such as Roundup River Ranch, a summer camp for children with serious illnesses; various dog rescues; and Volunteers for Outdoor Colorado. Customers can also opt into a small donation at checkout powered by Ecodrive, which uses funds to remove consumer waste from the oceans.

In addition to its yoga-focused apparel, Colorado Threads is shifting to a stronger emphasis on Colorado-influenced outdoor wear, including warming layers, ski wear, hoodies and jackets. The retailer is an exclusive merchandise sponsor for Yoga on the Rocks and has five souvenir-focused retail locations and multiple gym partnerships where customers can browse active-wear gear. These partnerships help the brand connect with both outdoor adventurers and fitness enthusiasts.

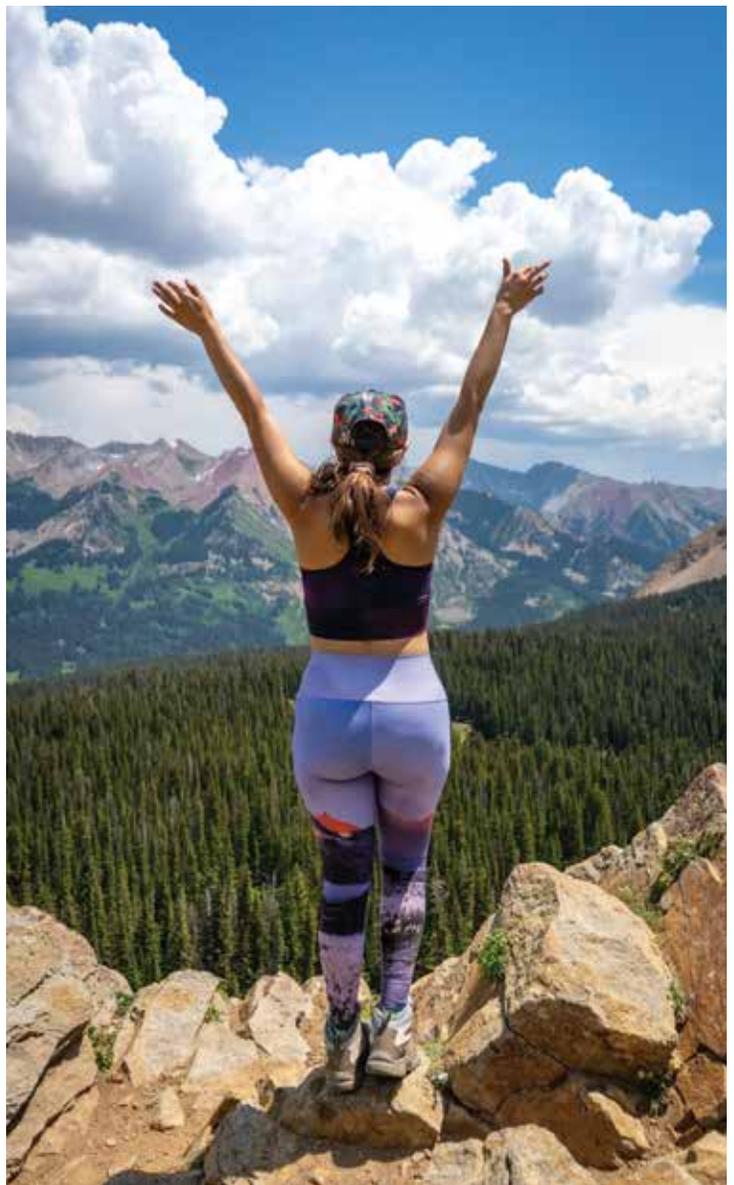
Lucero acknowledges the environmental concerns associated with consumer waste in the clothing industry and is excited to initiate a new buy-back program to create a more circular economy. Customers can buy and sell used apparel rather than discard quality clothing.

Looking ahead, Colorado Threads is working toward B Corp Certification, a designation that signifies a company’s commitment to high social and environmental performance standards, accountability and transparency. “It would really solidify some of our efforts on paper and verify to the world what we’re doing,” Lucero says.

Beyond its sustainability efforts, Colorado Threads focuses on strengthening connections with its customers. The company is hosting more events this year, inviting the community to “come hang out.” Lucero says the gatherings will feature raffles and giveaways, but more importantly, they will be a way to bring people together. “It’s more about the connection to the community,” she says.

By integrating sustainable and organic materials, supporting local manufacturing, and engaging with the community, Colorado Threads exemplifies how a boutique retailer can make an impact both locally and globally. 🐝

COLORADO THREADS
coloradothreads.com



PHOTOS: COURTESY OF COLORADO THREADS



KONA GRILL®

DINNER • LUNCH • HAPPY HOUR
BRUNCH • TAKEOUT & CATERING
PRIVATE EVENTS

Steak, Seafood, and Sushi.
America's Grill!



720.974.1300 | KONAGRILL.COM
3000 East 1st Ave, Denver, CO 80206

@KONAGRILL



STK® STEAKHOUSE

DINNER • BRUNCH
HAPPY HOUR • LUNCH
PRIVATE EVENTS
TAKEOUT & CATERING

• OPEN 365 DAYS A YEAR •

Award winning food & cocktails.
Not your Daddy's *Steakhouse!*

720.597.8010 | STKSTEAKHOUSE.COM
1550 MARKET ST DENVER, CO 80202

@EATSTK

*Reserve
Today*



Dog-Friendly Walsenburg

Head south for a weekend
getaway, PUPS IN TOW

By Jamie Lynn Miller

WHEN CONTEMPLATING a spontaneous getaway, it's tempting to cast a wide, invariably expensive net toward well-known destinations such as Vail, Winter Park or Breckenridge. Traveling with the pup—or pups, however, means different priorities. It's time to explore the wilds along I-25 with a trip to Spanish Peaks Country—hikes, bites, art and fishing, all within three hours of the southern suburbs.

A train whistle south of Castle Rock signals the feel of the open road, like a starting bell along the course



NOW
AVAILABLE
AT SELECT
GUIRY'S™
LOCATIONS!

Elevate your living
space with
beautiful home
furniture by
Kincaid® and
exotic rugs from
**Oriental
Weavers™!**



Schedule a **FREE**
Design Consultation
at Guiry's™!

We specialize in
Hunter Douglas®
Blinds, Home Decor
& Color!
Book Now at
www.guirys.com/



KINCAID

Pictured:
Couch: **Edison Grande Sofa**
Ottoman: **Provence Cocktail Ottoman**



 **ORIENTAL
WEAVERS**

Pictured:
Rug: **Craft 93004 Grey, Sand**



HOUSE PAINT • HOME DECOR • ART SUPPLIES

*Your Local Experts
Proudly Serving the Community
For Over 125 Years!*

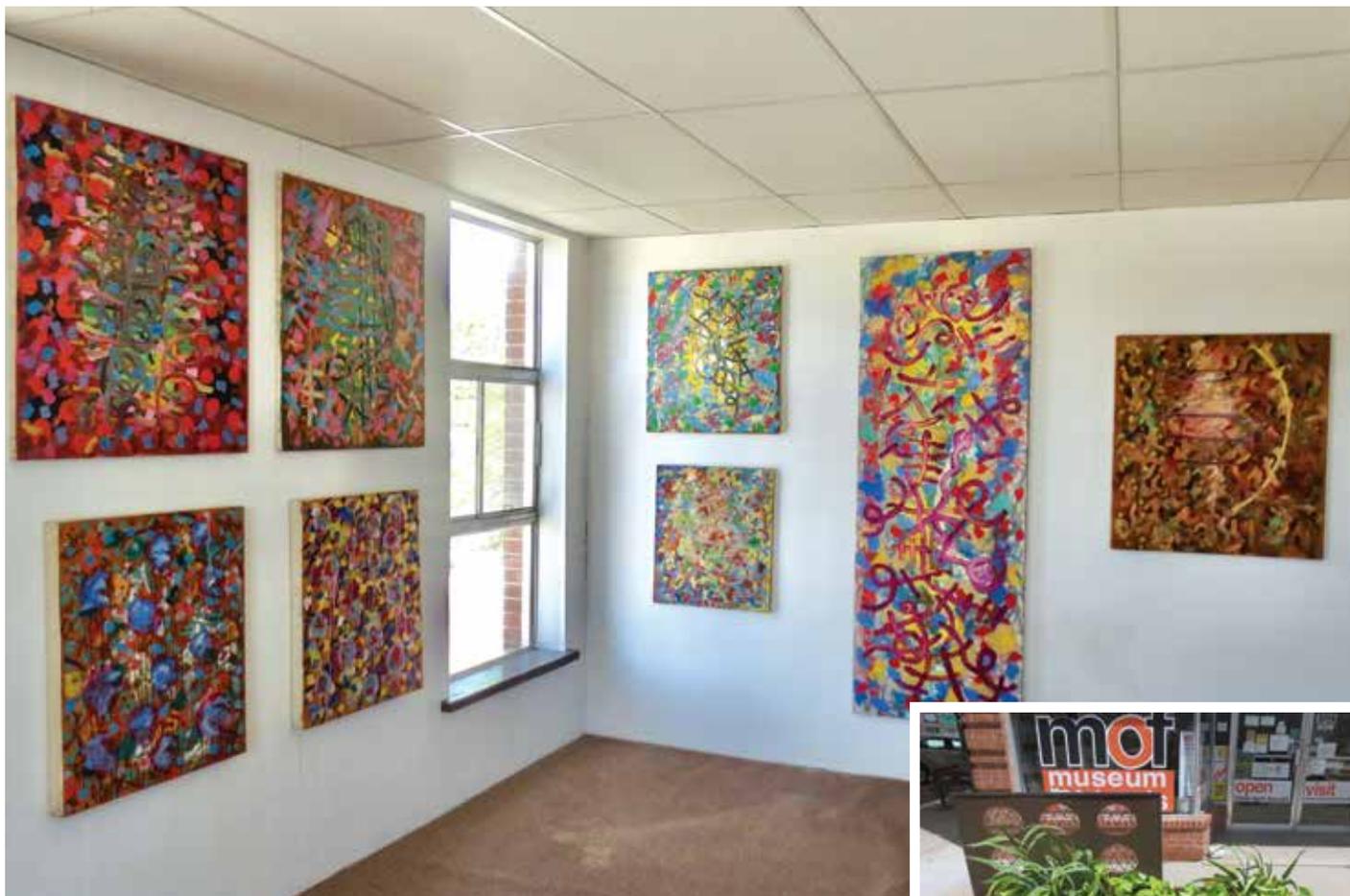
*24 Locations
Across
Colorado and New Mexico!*

*Shop for Quality House Paint,
Home Decor and Art Supplies
at your Nearest Guiry's Store!*

DENVER METRO LOCATIONS
Denver N | Denver | Denver S
Highlands | LODO

COLORADO LOCATIONS
Boulder | Boulder E | Centennial | Cherry Creek | Colorado Springs N
Colorado Springs S | Fort Collins N | Fort Collins | Grand Junction
Greeley/Evans | Lakewood Littleton | Longmont Loveland | Parker | Westminster

NEW MEXICO LOCATIONS
Albuquerque | Farmington
Santa Fe



to adventure, while the road into Walsenburg gives that first taste of small-town charm. A gateway to Spanish Peaks Country, downtown Walsenburg boasts a brewery, homespun antique stores and a local archive of regional artists. Dog bowls are a welcome sight on a road trip, especially near the Museum of Friends.

Artist and co-founder Maria Cocchiarelli-Berger spearheaded colorful flower boxes along the main drag and created the bright, mule-filled mural that welcomes visitors to town. Founded in 2005, the Museum of Friends, or MoF, sits inside the historic Roof and Dick Building, which is on the State Register of Historic Properties. Cocchiarelli-Berger and Brendt Berger have grown a place for community, education and local arts. Working with 500 donated art pieces, MoF's permanent collection now shares vast white walls with photography, paintings and tapestries that reflect the diverse surrounding cultures. A well-timed visit may catch the decorating committee for an upcoming gala, raising money for local programs and art initiatives throughout Huerfano County. "Made in Walsenburg" arts and curios stock the front shelves—authentic, one-of-a-kind mementos for your home collection.

Resembling a vintage gas station, Gub Gub's bar, restaurant and social hub is a leisurely affair. With outdoor patios, game areas and picnic benches for quality time en plein air, a large pizza and pitcher of beer becomes



Writer Jamie Lynn Miller and Tola

NATIONAL JEWISH HEALTH

RE/MAX PRESENTS

NIGHT & DAY GOLF CLASSIC

SPONSORED BY
**SHANAHAN'S
THE SANCTUARY**

GRAND SLAM SPONSOR
**LINDSEY &
STANTON DODGE**

BENEFITING
**MORGRIDGE
ACADEMY**

Shanahan's
STEAK • FISH • COCKTAILS

**SUNDAY
MAY 18, 2025**

6 – 9 P.M.



**MONDAY
MAY 19, 2025**

8 A.M. – 5 P.M.

CO-CHAIRS: MARC STERON & VIC LOMBARDI

Don't miss your chance to attend Denver's most unique golf classic and support Morgridge Academy at National Jewish Health.

This unforgettable golf experience includes:

- Private dinner at award-winning Shanahan's
- Luxurious auction packages (including a trip to Pebble Beach)
- Quality networking opportunities
- Colorado's most exclusive round of golf at The Sanctuary Golf Course

Register Early! Last Year Sold Out

SPONSORSHIPS & FOURSOMES AVAILABLE NOW

For sponsorship information visit
[Njhealth.org/DenverGolf](https://njhealth.org/DenverGolf) or contact Lea Frank:
FrankL@njhealth.org | 303.728.6576



PHOTO: COURTESY OF MARIA COCCHIARELLI-BERGER / MUSEUM OF FRIENDS



PHOTOS: SCHENDEL



PHOTO: CHRIS STARK

an extended outing. Dogs lounge about, catnapping beneath benches or waiting for ice cream cones to drip, while the indoor bar area bustles with the feel of the local crowd.

With expansive hiking and two lakes, Lathrop State Park, a few miles outside of town, bears the title of Colorado's first state park. The only Colorado State Park with golfing facilities, Lathrop is also home to Walsenburg Golf Course. With 1,460 acres to explore, activities range from camping and hiking to fishing, water sports and wildlife viewing. Watch for flashes of bobcats darting across hiking trails (on-leash dogs are a must throughout the park.) Visit

on a full moon for panoramic landscapes crowned by the brightly lit Spanish Peaks, which preside over all the park's activities.

A scenic drive along the Highway of Legends spills into Cuchara Mountain Park, a local playground. Through the Panadero Ski Corporation, dedicated local efforts are restoring winter access at the 10,810-foot ski resort. Meanwhile, aspen trees blossom and flutter, and slopes become a haven for the pups. With a disc golf course, mountain biking, kids' play areas and wooden benches adjacent to mountain streams, Cuchara Mountain Park is a splendid excursion with ample scenery.

In the nearby namesake town, stop by the Cuchara Country Store. The proprietor loves all things dog: Local lore lauds his beloved German shepherd, once the unofficial Mayor of Cuchara. If your pup's thirsty or in need of (more) affection, there's a spot and a bowl near the front counter. From area knickknacks to homemade fudge, essential groceries and all things fishing, it's a welcome stop along your way. And, of course, visit the neighboring Dog Bar, where canines are the guests of honor. With special orders for the pups, plus ample indoor and outdoor space, it's a natural place to wind down your dog-friendly trip to the Spanish Peaks Country. 

SPRINGTIME CELEBRATIONS

AT RODIZIO GRILL!



Mother's Day - Graduations Milestone Celebrations

TWO DENVER AREA LOCATIONS

DENVER TECH CENTER - I-25 & DRY CREEK
DOWNTOWN DENVER - 18TH & WYNKOOP

rodizio.com

APRIL



Plan Ahead June 25-29

U.S. SENIOR OPEN CHAMPIONSHIP

The Broadmoor Golf Club is proud to host the 45th U.S. Senior Open Championship. All-time, this will be the 9th USGA championship and the 3rd U.S. Senior Open contested at Colorado Spring's legendary resort. The East Course is nestled on the southern edge of the Rocky Mountains at an elevation of more than 6,300 feet. Designed by Donald Ross and opened for play in 1918, it is now a combination of holes from Ross' original layout and holes designed by Robert Trent Jones Sr. in 1952. Championship tickets and volunteer registration now available. For more information, visit broadmoor.com/usso2025

Fiddler's Green, so check it out and get your tickets early, since many events sell out. The calendar, which begins in early May, includes the Earth, Wind & Fire (June 14), Keith Urban (July 17) and Rick Springfield (August 7). **FIDDLER'S GREEN**, fiddlersgreenamp.com

April 2-5

TASTE OF VAIL

Make sure your palate is ready for the 34th annual Taste of Vail. The festival is dubbed one of the best spring food and wine-tasting events in the country, which is why you shouldn't skip this exciting gathering. Taste of Vail highlights the ever-growing Vail lifestyle mirrored via its food and wine. You will get a chance to sample food from several of Vail's finest chefs and taste wine from different winemakers from various parts of the country. **VAIL VILLAGE**, tasteofvail.com

Plan Ahead September 20

WHEELS OF DREAMS

Join AvidLifestyle and Colorado AvidGolfer for the ultimate date night at our 5th Annual Wheels of Dreams Charity Experience! One of the hottest interactive, luxury events in town where you will immerse yourself in mouth-watering tastes at nine different culinary action stations, enjoy amazing cocktails, incredible indoor and outdoor entertainment and so much more. It's an evening of experiences,

food and fun that helps to raise awareness and money for our amazing charity partner and local families! This year's beneficiary, FullCircle, is a community of people who believe in healing, hope and the power of coming together to rebuild lives and help teens and their families cope with addiction issues.

Ongoing

FIDDLER'S GREEN CONCERTS

The 2025 season schedule is posted for

April 4-6

"CARMINA BURANA" WITH THE COLORADO SYMPHONY CHORUS

Conductor Ken-David Masur and the Colorado Symphony present Carl Orff's powerhouse "Carmina Burana," a symphonic exploration of love, lust and the perils of earthly pleasures. Featuring the Colorado Symphony Chorus, Colorado Children's

LANDMARK	LODO	DENVER CHERRY CREEK	BOULDER PEARL STREET MALL
5380 GREENWOOD PLAZA BLVD. 303 267 6744	1514 BLAKE STREET 720 354 5058	3030 E 2ND AVENUE 303 322 9554	1048 PEARL STREET 303 473 4730



SUSHI > FLOWERS



Chorale and a cast of soloists, “Carmina Burana” is a true spectacle and one of the most well-known pieces of the 20th century, combining powerful rhythms and robust vocals in a dynamic performance you won’t want to miss. Hear it alongside Haydn’s “Symphony No. 96,” adding a counterpoint of symphonic bliss to a night of choral cataclysm. **BOETTCHER CONCERT HALL**, coloradosymphony.org

April 8–29

PAINTING: SPRING INTO COLOR

In this 4-week class, students will use the versatility of acrylic paint as a medium to capture observations and imaginations in a series of small-scale paintings on paper. The class will explore how different artists, such as Simphiwe Ndzube and Maria van Oosterwyck, create very different compositions that capture the unpredictable nature of spring. In the studio, focus will be on experimentation with a wide range of techniques in using acrylic medium to bring these studies together into a harmonious final painting. **DENVER**, denverartmuseum.org

March 31–April 6

ASPEN SHORTSFEST

Short-film fanatics often make the yearly trek to gorgeous Aspen for this weeklong festival, showcasing dozens of short films from around the world. The big event also

includes panels, workshops and other programs that spotlight the art and craft of making shorts. **ASPEN**, aspenfilm.org

April 5–6

ROCKY MOUNTAIN TRAIN SHOW

This big annual expo showcases everything there is to know and see in the world of model railroading. You’ll be amazed at the massive—and very detailed—layouts, and if you need supplies for your own layout at home, you’ll find everything you need at the dozens of vendor booths. Free parking and kids under 12 get in free. **NATIONAL WESTERN COMPLEX**, rockymountain-trainshow.com

April 8–26

“THE WIZ”

The Tony Award-winning Best Musical that took the world by storm is back. “The Wiz” returns home to stages across America in an all-new Broadway tour, the first one in 40 years. This groundbreaking twist on “The Wizard of Oz” changed the face of Broadway—from its iconic score packed with soul, gospel, rock and ’70s funk to its stirring tale of Dorothy’s journey to find her place in a contemporary world. This dynamite infusion of ballet, jazz and modern pop brings a whole new groove to easing on down the road. **BUELL THEATRE**, denver-center.org

April 18

NORMA TELL & SAZÓN MUSIC

Norma Tell & SaZón Six will be appearing Friday, April 18 Heather Gardens’ Rendezvous Restaurant & Patio. SaZón Six performs a tasteful repertoire of jazz, Latin beats, and American standards. Norma Tell sings in English, Spanish and Portuguese, thus highlighting the international flavor of SaZón. There’s no cover and the show is from 6–9 p.m. **AURORA**, rendezvousrestaurantandgolf.com

April 19

BARREL-AGED RUM TASTING

Head to Cherokee Ranch and Castle for a night of amazing barrel-aged rum tasting. Today’s barrel-aged rums have flavor profiles equally as diverse and intriguing as many fine single malt scotches, cognacs, brandies and bourbons. With rum’s equally-as-interesting pirate and seafaring history, it’s rarity and diversity of tastes help explain its quickly growing popularity with collectors and drinkers alike. Prepare to explore the world of barrel-aged rum together at the castle. Tastings will be accompanied by heavy appetizers, and a cash bar will also be available. **CHEROKEE RANCH & CASTLE**, cherokeeranch.org

April 19

EASTER EGG HUNT

Time to hop on over for an Easter

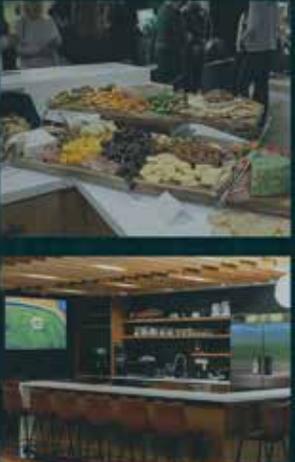
CLUBHOUSE

WORK & GOLF

A Dynamic Event Space.

Whether you have a large or small group, a birthday party or work meeting, Clubhouse is the ideal space for your next event.





call us at (720) 903-3733
or visit clubhouseworkandgolf.com

3 Trackman golf simulators • Suitable for up to 60 people • Event planning services

ON THE AGENDA // can't-miss events

celebration the whole family will love. This event kicks off at 9:30 a.m., with the Easter egg hunt starting at 10:00 a.m. sharp. Don't forget to bring your baskets and your best egg-hunting skills. Plus, the Easter Bunny will be there for pictures, so make sure to snap a photo before you head out. **NORTHRIDGE**, hrcaonline.org

April 20
EARTH DAY WILLOW HARVEST AND PLANTING

Celebrate Earth Day by restoring riparian habitat along the McMurdo Gulch Trail portion of the Colorado Front Range Trail by planting willows and other vegetation. This conservation project is perfect for scout groups working on their conservation badges. And volunteers are also needed. Plus, learn how to improve and restore riparian habitat. Registration is required to participate in the volunteer project. **CASTLE ROCK**, ergov.com

April 25
"NAPOLEON DYNAMITE LIVE!"

The beloved indie classic "Napoleon Dynamite" was released 20 years ago. Since then, much has changed but the characters, as enduring as they are endearing, stay in our hearts. Appealing to the inner teenager in each of us, the story, and more importantly the dialogue, makes "Napoleon Dynamite" one of the most quoted movies of our time. "Napoleon Dynamite Live!" includes a full screening of

the film followed by a lively, freewheeling, discussion with fan-favorite cast members; Jon Heder, Jon Gries and Efrén Ramirez. The live show is a wild and hysterical blend of Q&A, comedy improv, game show and party, with plenty of audience participation. **PACE CENTER**, parkerarts.org

April 25
SCRAP ARTS MUSIC

It starts with scrap and through the arts of sculpture, choreography and film, Scrap Arts Music creates an unforgettable and unique music experience. Five athletic musicians perform with 145+ mobile invented instruments—all hand-made by group leader and composer, Gregory Kozak. The result? Unexpectedly beautiful experimental pop percussion that is intricate, playful and powerful, and that delights the ears, eyes and heart. **LONE TREE ARTS CENTER**, lonetreeartscenter.org

April 26
STEAKHOUSE SHOWSTOPPERS

Steakhouses are popping up all over the place, in every town and corner of the country. But this menu focuses on the classics of steakhouses past that are becoming harder and harder to find on restaurant menus. Expert chef will be walking you through this menu from scratch as you pick up tricks of the trade and create a memorable dinner together. Price includes a bottle of wine to share. **CENTENNIAL**, uncorkedkitchen.com

April 27
EARTH DAY CONCERT FEATURING GAEYA
As the culmination of Earth Week 2025 at DU, join featured guest vocalist GAEYA, with an ensemble of Lamont students, arrangements by Lamont students and faculty, guest youth vocalists and the Foothills Community Choir. Rooted in Sweden, GAEYA blends Scandinavian mystery—driven by powerful vocals—with sounds of natural ancient worlds and ambient synth-soundscapes by converting them into atmospheric landscapes. GAEYA takes you on an immersive journey to a different place for you to explore the earth by getting drawn into freshly woven webs of intergalactic pop music and deep-rooted Nordic frequencies. **DENVER**, newmancenterpresents.com

April 30–May 4
CAÑON CITY MUSIC & BLOSSOM FESTIVAL
This all-around festival features music, parades, craft fairs and a beauty pageant. The Cañon City Music & Blossom Festival was first celebrated as "Fruit Day," which used to be the community's way to celebrate everyone and their bountiful harvest. The festival will celebrate its 87th year in Cañon City and it'll be one for the books. Also on the festival schedule is the Royal Gorge Rodeo, Colorado's longest continuous rodeo since 1872. **CAÑON CITY**, ccblossomfestival.com

MOA MUSEUM OF OUTDOOR ARTS PRESENTS

LA PRIMAVERA FESTIVAL

A CELEBRATION OF SPRING

APRIL 26TH • 11AM-3PM

FUN FOR THE WHOLE FAMILY!
PANCAKE BRUNCH, LIVE MUSIC, MAYPOLE FOLK DANCING,
CRAFT STATIONS, ART HUNTS AND MORE!

MARJORIE PARK AT FIDDLER'S GREEN
6331 S. FIDDLER'S GREEN CIRCLE
GREENWOOD VILLAGE, CO 80111

MOAONLINE.ORG

SUPPORTED IN PART BY:
NATIONAL ENDOWMENT FOR THE ARTS | Colorado Creative Industries | SCFD

SCAN FOR TICKETS & INFO
[@OUTDOORARTS](https://www.instagram.com/outdoorarts)

Does Your Smile Show Your Success?

You bought that new luxury car you have always wanted...
You bought that new home or remodeled your existing one...
You took that dream vacation...
Shouldn't your smile also reflect your success?



Actual Patient



Dr. Charles Barotz



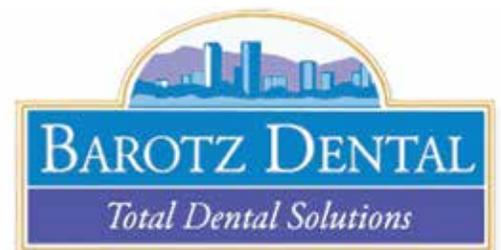
Dr. Fred Stark

Call today for a
free consultation
and CT scan*
(720) 575-1100

The doctors at Barotz Dental are the dental experts you have been looking for to give you the smile of your dreams. Whether you need a cosmetic makeover or need a complete dental rehabilitation which has impacted your smile, we can complete your care in a fraction of the time you may have thought possible. What takes other offices months we can do in days. We diagnose, plan and handle all aspects of your care at our easily accessed Denver office.

We have helped many highly successful people achieve the smile that their good fortune has afforded them.

*if necessary



Enhancing Smiles and Changing Lives with
Total Dental Solutions
Implants · Cosmetics · Endodontics · Periodontics · Orthodontics

denverdentist.com



Dream Makers

CUSTOM
OUTDOOR SPACES



LUXURY OUTDOOR SPACES

Dream Makers Landscape would like to help you enhance the look and feel of your home. With our expertise in design and construction, our projects will improve the look and value of your home so you can enjoy it for years to come.