

PRINT AD SPECS

All dimensions are listed in inches, width X height.

FULL PAGE AD SIZES

MUST include 0.25" bleed area on all sides. You may include bleed marks, but please DO NOT include crop marks.

FULL PAGE SINGLE

TWO PAGE SPREAD

 BLEED SIZE:
 17.25" X 11.375"
 BLEED SIZE:
 8.875" X 11.375"

 LIVE AREA:
 16.25" X 10.375"
 LIVE AREA:
 7.875" X 10.375"

 TRIM SIZE:
 16.75" X 10.875"
 TRIM SIZE:
 8.375" X 10.875"

NOTE: Perfect alignment of type or design across the gutter of two facing pages cannot be guaranteed.

FRACTIONAL AD SIZES

DO NOT bleed. DO NOT include crop marks.

2/3 VERTICAL: 4.75" X 10" **1/2 HORIZONTAL:** 7.375" X 4.8542" **1/3 VERTICAL:** 2.25" X 10" **1/3 SQUARE:** 4.75" X 4.875"

FILE REQUIREMENTS

Press-optimized PDF File Format is preferred (PDF/X-4:2008).

Please DO NOT include crop marks in your file.

Ads should be designed and saved at 100% size, CMYK color profile at 300 dpi.

IMAGE RESOLUTION

300 dpi is required for all image files. 72 dpi files are not acceptable. Ad materials supplied with low resolution images and/or graphics will be returned.

COLOR PROFILE

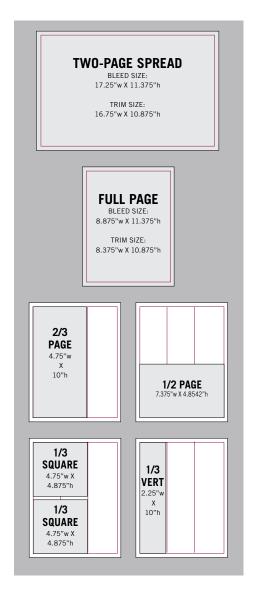
Specify all colors in your ad as CMYK process colors.

Rather than using 100% black to make a black background, use the formula 75% cyan, 68% magenta, 67% yellow, and 90% black for a denser, rich black.

SUBMISSION INFO

E-MAIL ALL AD MATERIALS TO jani@avidlifestyle.com. Please proofread your ad for errors before sending.

Materials are due at ad close. Please contact jani@avidlifestyle.com with any questions regarding file preparation.





2022 ISSUE	AD RESERVATION	AD DUE DATE
JANUARY	12/1/21	12/9/21
FEBRUARY	1/6/22	1/13/22
MARCH	2/2/22	2/10/22
APRIL	3/2/22	3/10/22
MAY	4/6/22	4/14/22
JUNE	5/4/22	5/12/22
JULY	6/1/22	6/9/22
AUGUST	6/29/22	7/8/22
SEPTEMBER	8/4/22	8/16/22
OCTOBER	9/7/22	9/16/22
NOVEMBER	10/5/22	10/13/22
DECEMBER	11/2/22	11/10/20
2023 ISSUE		
JANUARY	11/30/22	12/8/22

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